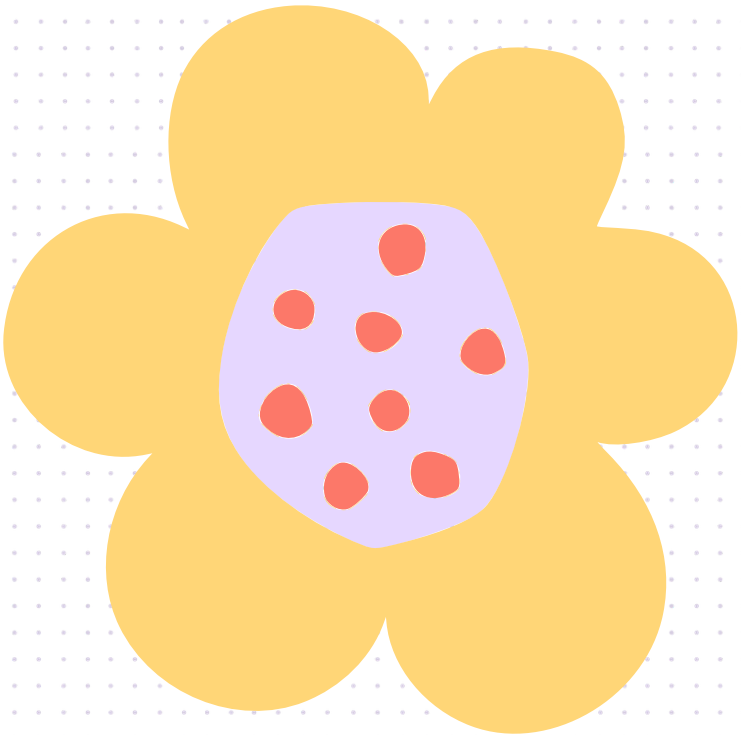
Little Bloom
education consultant

The Behaviour Reset

Transform Through Reflection

Follow-up behaviour support through a rights-affirming lens.



Little Bloom
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What's Inside?

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Welcome!

Transform Through Reflection is one of the modules from *The Behaviour Reset*, my 6-step framework designed to help you understand children's behaviour, make informed decisions about how to support it, and adapt your approach when things don't go to plan.

This mini-course reflects on the role of accountability, and reconsiders how we use consequences for behaviour support. I'm not just sharing a range of strategies with you; I'm also helping you build your thinking BEHIND the strategies, so you can use them with intention. Alongside the whole of the Transform Through Reflection module, you also have access to three carefully selected foundational lessons from Module One: Rethink Behaviour.

Like the full Behaviour Reset, this learning is grounded in a rights-affirming, neuro-affirming and trauma-informed approach, drawing on child development, neuroscience, lived experience, and current research and evidence.

If we haven't met before, I'm Danica (Dah-nee-cah), an early childhood educator, lecturer, mentor and consultant with 18 years of experience working alongside children, families and educators.

My strength lies in taking big, complex ideas about behaviour and translating them into practices educators can actually use - and because I'm still teaching young children myself, you can be sure I'm bringing you more than ideas that sound lovely on paper.



The 6-Step Framework

Transform Through Reflection is step 5 of The Behaviour Reset Framework - a 6-step, evidence-informed approach that walks you through a framework of behaviour support, so you can enter hard moments with greater clarity, steadiness, and confidence.

Module One

Rethink Behaviour

Your mindset

Module Two

Explore Child Development

Your understanding

Module Three

Shape the Environment

Proactive supports

Module Four

Engage with Compassion

Responsive supports

Module Five

Transform Through Reflection

Supporting accountability

Module Six

Thrive as a Community

Next steps

Module One

Rethink Behaviour

Module 1 lays the foundation for the entire course, focusing on unlearning traditional behaviour myths and reframing how we understand behaviour, discipline, and our role as educators. This is the reset before the rebuild.

I've carefully selected three lessons from this module. These lessons form the foundations for your behaviour support.

You have access to:

Submodule 1: Unlearning Behaviour Myths

Lesson Four: Children's Rights + Behaviour
Familiarise yourself with a rights-affirming lens for behaviour support.

Submodule 2: How We Show Up in the Behaviour Space

Lesson Three: The Beliefs + Values Beneath Our Responses
Explore how your personal beliefs, values, and experiences shape your interpretation and responses.

Lesson Four: Warm Authority + Confident Leadership
Reimagine warm authority as a balance of connection and clarity.

Module Five

Transform Through Reflection

Module 5 explores how accountability can be taught without punishment. This module supports a shift from control to accountability, strengthening trust, responsibility, and community.

Submodule 1: The Foundations

Lesson One: A Fresh Take On Accountability + Consequences
Explore what accountability really means when we remove shame, fear, and punishment, and decipher the difference between consequences that teach and those that control.

Lesson Two: When Children Push Back
Look at why children resist repair, limits, or accountability, and how to respond while staying grounded.

Submodule 2: The Strategies

Lesson One: Scaffolding Repair Through Apologies in Action
Learn how to support children to move toward repair in ways that feel genuine, achievable, and developmentally aligned.

Lesson Two: Protective Consequences
Look at consequences that prioritise safety, learning, and care.

Lesson Three: Collaborative Consequences
Involve children in problem-solving and decision-making, building ownership and shared responsibility.

Lesson Four: The Five Rs Framework
Explore a flexible framework for guiding repair and reflection in a way that is relational, respectful, and responsive.

Lesson Five: The Five-Finger Formula
Uncover a simple, embodied structure to help children understand impact, responsibility, and next steps.

Lesson Six: Follow-Ups That Support Growth
Look at how checking in after an incident helps consolidate learning, strengthen relationships, and reinforce accountability over time.

Inclusions + Pricing

Inclusions

- A library of bite-sized video lessons (2.5 hours of content)
- An accompanying Module Workbook to record your reflections
- A comprehensive library of proactive behaviour support strategies
- Access to the private community, *The Behaviour Reset Crew*
- Ongoing access to the mini course content
- A range of resources to bring the ideas to life, including:
  - The HOLD Framework
  - 4 Types of Boundaries
  - A Simple Guide to Consequences
  - The 5 Finger Formula



Pricing for Individual Access
A$97 (incl. GST) | US$69

A one-time investment in Transform Through Reflection, a standalone mini-course from The Behaviour Reset. Perfect for educators who want to strengthen one specific area of behaviour support, with practical learning they can work through at their own pace.

What if you want to join the full Behaviour Reset later?
Every dollar you've invested into the mini-course goes towards the full course! 🥳

A discount code will be shared upon purchase to receive A$97 off your enrolment in the full course.

Purchased two or all three? I'll credit those too! Just email me so we can arrange this: hello@littlebloomconsultancy.com.au

This way, you can start with the learning you need now and explore the complete six-part framework when you're ready.

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education consultant

See you inside!

Questions?

Please email me -
hello@littlebloomconsultancy.com.au

