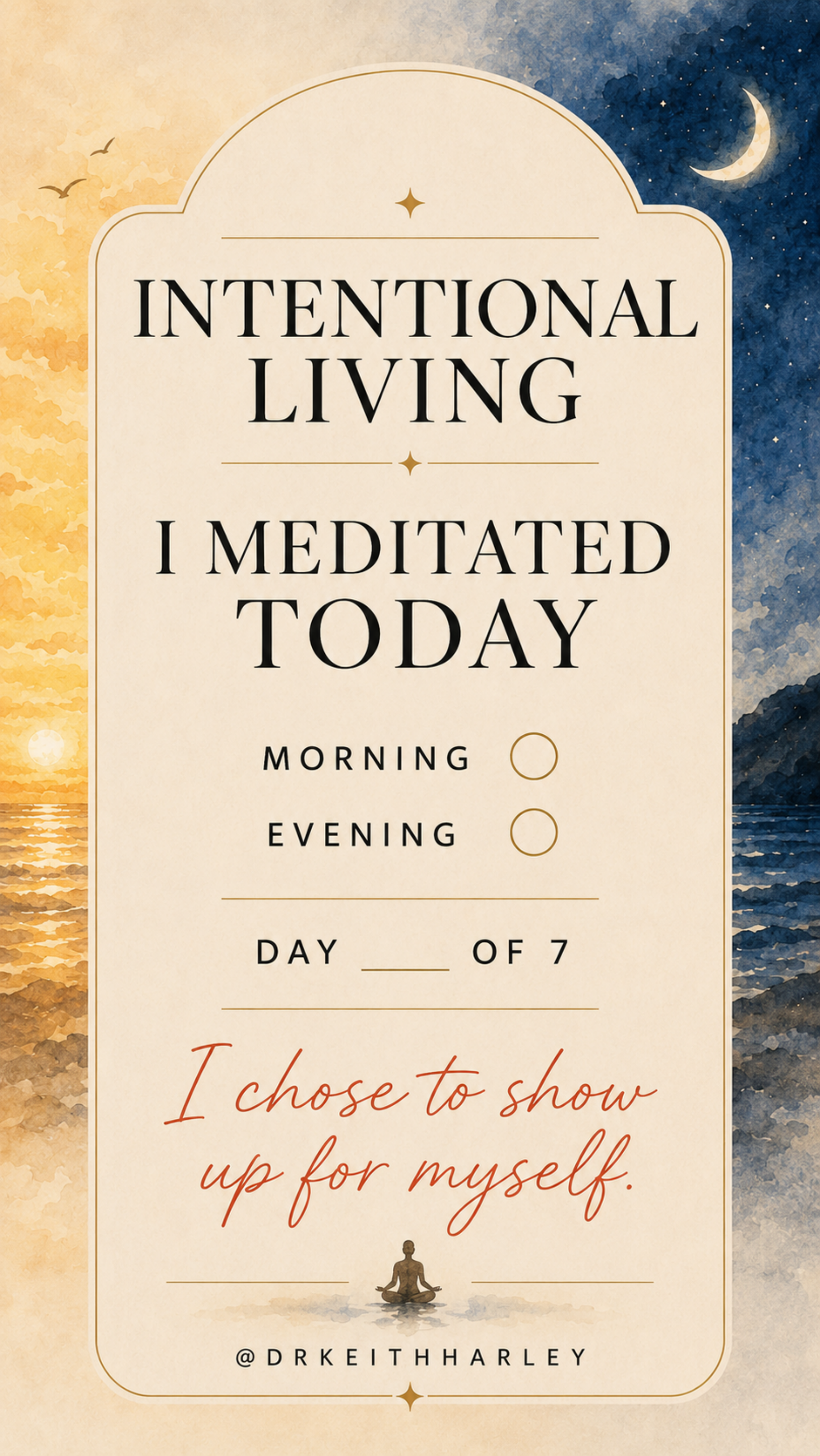




INTENTIONAL
LIVING

I MEDITATED
TODAY

MORNING



EVENING



DAY ____ OF 7

*I chose to show
up for myself.*



@DRKEITHHARLEY