SPEAKER PROFILE

Regina Huber

Freedom-first leadership coach, inspirational speaker, author, and podcast host

Live bold. **Lead strong.** **Thrive everywhere.**



Why hire me?



As Freedom-First Leadership Coach, Inspirational Speaker, and Author, I help leaders trade **burnout for boldness**. Through Transform Your Performance, I work with entrepreneurs, business owners, and corporate leaders who want to build thriving teams by first becoming thriving leaders themselves. We level up how they lead their people and themselves, so stress drops and energy stays high. Along the way, they recognize their unique genius and put it to work in their leadership, creating the career and life that fit them, with true freedom, joy, and significance.

Adventurous years on five continents shaped me into a multinational, multilingual speaker, coach, and author of *Speak Up, Stand Out and Shine* and *Living My Freakin' Amazing Life*. I host two podcasts, RISE TO LEAD and ALIVE & UNBOXED, and have also hosted a TV show on Roku. I've spoken at events and taught workshops in the U.S., Africa, Latin America, Asia, and Europe.

Ready to bring this to your stage? Email me: **regina@transformyourperformance.com**

THREE SIGNATURE TALKS

01

Stop postponing yourself: how to get your life back without neglecting your career

Your calendar is full, your results are strong, and somewhere along the way you put yourself on a list called someday. Gallup found that leaders have better-looking lives and worse days than the people they lead. **You don't have a time problem. You have a permission problem.**

Leaders learn to **spot the rules they never chose**, **trust their own decisions faster**, and bring joy and harmony into a demanding role without lowering the bar. Attendees leave with practical tools they can use the same day, and a career and a life that can both thrive.

IDEAL FOR CORPORATE AUDIENCES

02 Your Freakin' Amazing Life™ starts now

Your life looks good. Why doesn't it feel that way?

What happens when you start leading yourself with clarity, guts, and zero apologies? This talk flips the script on how we've been told to live. Own your decisions, think differently, and choose **radical alignment over expectations and boldness over burnout**.

The six stages of the A-Life Method™:

Assess • Awaken • Activate • Alchemize • Align • Act

Isn't it time to cut the noise, trust yourself, and make bold moves? This is your ticket to greater freedom, joy, and aliveness. The talk shakes things up and gets people moving toward real change.

IDEAL FOR CONFERENCES AND SUMMITS

03 From stress to leading strong with the T.H.R.I.V.I.N.G. Leader Formula™

Make the LeaderShift: live bold. Lead strong. Thrive everywhere.

Too many leaders feel like they're pushing a boulder uphill, constantly firefighting, running on empty, and still not getting the results they want. **Leadership doesn't start with the team. It starts with YOU.**

When you master self-leadership, ignite your presence, and delegate the right way, you stop running in circles and start leading with clarity, influence, and results. Leaders get a proven framework to reclaim time, energy, and impact without burnout or compromise. This is what it looks like to combine success with fulfillment.

SUITABLE FOR LEADERS AT ALL LEVELS AND ASPIRING LEADERS

Every audience is different. Customized talks, workshops and sessions are available upon request.

What audiences and hosts say

> *Regina Huber delivered an absolutely stellar presentation at the STANY Women in Finance event during the STANY Conference on April 15th [2024]. Her insights were not only uplifting but incredibly valuable, leaving attendees feeling inspired and empowered. Her presentation was a highlight of the event.*
>
> **KIMBERLY UNGER** CEO and Executive Director, Security Traders Association of New York (STANY)

I cannot begin to tell you how in just one hour your words and advice were truly transformational and inspiring for me! I wish I had learned and understood these perspectives 20 years ago!

PHAEDRA GARIBALDI
Director, The Bank of New York Mellon

Regina Huber delivered a dynamic, engaging, and graceful keynote. Her message was clear, succinct, and vivid with real-life examples and case studies. Attendees said this is one of the best events this entire summer!

CHEN RAO
Vice President, BNP Paribas Corporate and Institutional Banking

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