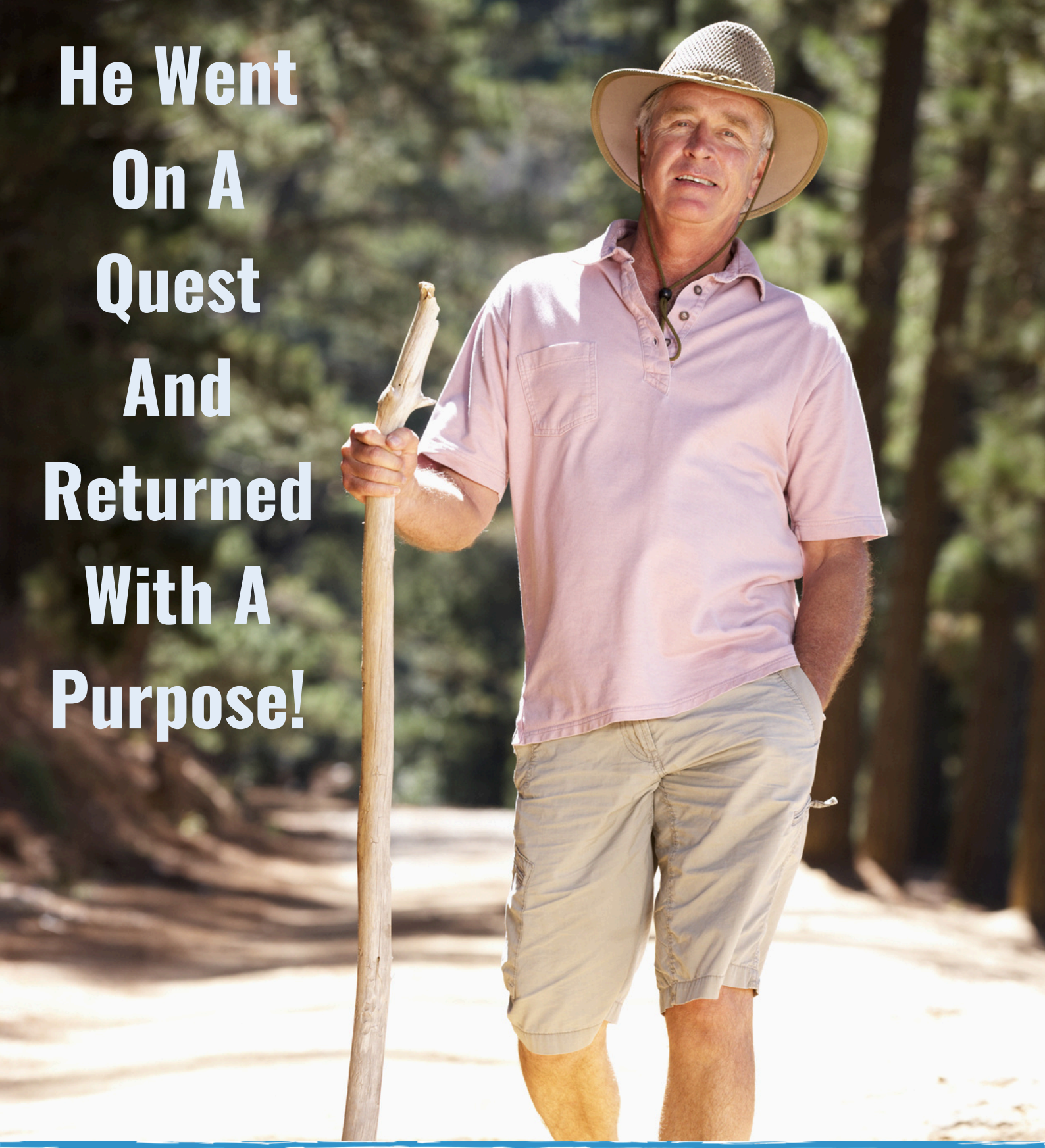

THE ELDER'S WAY

A retreat for men aged ~50 and over that explores the rich world of Eldership - a place of Accomplishment, Grace, Wisdom and Blessings!
Bali, Indonesia

The Elder's Way retreat is an opportunity for you to explore the potential of your last great journey in life. Far from being a place of placid 'retirement' *The Elder's Way* challenges you to claim and celebrate this unique period of your life, as a precious gift of accomplishment and contribution to yourself and others.

You will experience and share about letting go, detachment, wisdom, blessing, creativity and a homecoming of the spirit and heart.

We will carefully and respectfully journey to the great domains of your frailty and dying, knowing that even here there is much to be accomplished and understood.

Vision Villa Resort

This luxurious venue offers participants all of the advantages of a retreat space, where we are often the only residents!

Each private air-conditioned room is beautifully and traditionally furnished, designed for your comfort with bathroom, indoor and outdoor garden seating.

A pool, restaurant, spa and tranquil location complete the setting.

You will be cared for by gracious and attentive staff. The food is sensational!

Elders are a much needed resource within our community. There is work to do!

The Elder's Way was developed in Western Australia by **The Menswork Project Inc.** in 2005. **Man Unplugged** is delighted to now be offering this long-established and transformative program.

What happens?

Lots of considerate, safe and respectful personal development group work, innovative workshop processes and sharing circles. ***Nothing boring!***

Some ritual work and reflection time. Great conversations and mateship. Plenty of walks, meditation, and a chance to unwind and reflect. We experience care, service, beautiful food, a few surprises and lots of fun!

These unique group experiences offer an authentic, safe opportunity to go to the ***essence*** of one's self, to share and explore as a potential springboard to the next part of your life's journey.

Why Bali?

Many rites of passage programs and men's work are based on deprivation, which certainly has its place in men's work.

In contrast, *The Elder's Way* is based upon gratitude and abundance, a grounded place from which we find and share our elder wisdom to bless, empower and encourage others, as they go through their transitions in life.

Where else could you experience a **7-day, fully-facilitated, all-inclusive program** with an exceptional program, master facilitators, friendly service and stylish accommodation, sufficiently 'out of the way' to concentrate on you! *The Elder's Way* is a genuinely stunning and unique 5-star experience.

What's in it for you?

Previous participants have reported that they experienced:

- self-validation rather than seeking it from others
- a willingness to let go of past issues
- an enriched sense of family and place
- self-respect and respect for others
- freedom to be with other men
- an appreciation of spirit
- the ongoing support and friendship of fellow elders
- an enriched and deeper insight into their life's purpose
- a clearer understanding of what they want to do in the future
- belonging and blessing vs competing with other men
- a defining moment in their life story
- ability to make time and space for themselves
- an understanding of their place in community
- a willingness to know and accept their life's journey

Attendee Testimonials:

YouTube

"The facilitators are truly inspirational guys. These retreats have been running for around 30 years, so there is a sense of Spirit and Heart which has developed around this men's work. You can trust these guys, be honest with them. Be courageous. You will see clearly and explore deeply – don't worry, they have big hearts and a lot of experience and will guide you to the place you want to be to begin true Eldership."

"The 7 days of pure indulgence to focus on one's own journey free from distraction from the outside world, in the process, learning more about myself. A rare opportunity to go into another personal space where I could value myself."

"I arrived in Bali thinking that I had explored so much about myself. I found through the peacefulness of the retreat, the feeling of again letting go, and the wonderful expertise of the facilitation, allowed me to open up to new ways of being still with myself. The result was I returned home with a real sense of my purpose again."

"What a fantastic team in an amazing setting delivering the ultimate rite of passage program! The Care, Reverence, Authenticity, Respect of your program delivery sets the standard for anyone involved in important work like this. I can sincerely recommend any man ready to step into true Eldership to make contact and sign up for the program. Thank you from the bottom of my heart!"

Who else is going?

You will be joined by other men who are ready to reward themselves and explore the next stage of their journey, in a safe, supportive and abundant setting, with the wise facilitation of your program guides:

Dave Mifsud

Dave's journey into men's work began around ten years ago, prompted by a series of challenging life events and a deep sense of low self-worth. Driven by a desire to understand his own psychology, he began exploring his 'inner world', and found that the doors it opened changed everything. That exploration led him to men's groups, where he discovered the unique power of men sitting together in honest conversation.

Dave has come to understand how many men carry similar struggles, in isolation, and how much can shift when those struggles are named and shared in the company of other men. Embracing men's work has been, in his own words, an eye-opener on many levels, and it is from that place of lived experience, humility and genuine connection that Dave steps into his role as co-facilitator of The Elder's Way.

John Broadbent

John is an engaged father to 2 sons, a husband and a business owner. He has actively been involved in men's work for almost 30 years, published '*Man Unplugged – Secret Men's Business For Men & Those Who Love Them*' and continues to explore his own eldership by helping other men take their inward journey with clarity of purpose and support.

He too has experienced the enhanced richness and fullness of life, resulting from men's work and how that has deeply supported his own unfoldment. John offers this retreat as part of his own eldering journey, paying forward the support and encouragement he's received from those elders whose shoulders on which he consciously stands.

Price for this all-inclusive retreat is $4,000* and covers:

- Airport transfers to and from Denpasar airport
- 7 days and nights full accommodation, in private rooms
- All breakfasts, lunches and evening meals
- All group work sessions (30++ hours)
- Multiple surprise special events!

*An early-bird price of $3,500 is available if deposits of $1,000 are received 60-days prior to the advertised start date, with final payment due 45-days before start date. Payment plans are available by request.

Register interest

Cancellations

There are a limited number of places available on the retreats, so we need to manage bookings carefully. Therefore, cancellations less than 60 days before the start date forfeit 100% of the deposit payment. ***We will refund the deposit if we can fill the cancelled place***. Cancellations between 60 and 90 days before the start date forfeit 50% the deposit payment unless we can fill the cancelled place. Cancellations within 45 days of the event forfeit 100% (due to the prepaid nature of reserving the retreat), unless we can fill your place. If we cancel the retreat for any reason a full refund of your deposit and all other monies will be made to all participants.

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