

Privacy Policy

Freedom From The Desk

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This Privacy Policy explains how we collect, use, store and disclose personal information when you visit our website and/or access our free resources (including downloads delivered via a form submission). We are committed to handling personal information in a respectful and transparent way.

Who we are

Business/brand: Freedom From The Desk

Contact email: nicolaebrunton@gmail.com

What information we collect

- Contact details you provide (for example: your name and email address) when you request a download or resource.
- Basic technical data (for example: IP address, device type, browser type, pages viewed and approximate location) which may be collected through cookies or similar technologies.
- Any messages you send us (for example: emails, form messages or replies).

Why we collect it and how we use it

- To deliver the resource you requested and confirm your access.
- To respond to enquiries or provide support if you contact us.
- To improve website content, layout and performance (for example, understanding which pages or resources are most useful).
- If you opt in (where applicable), to send you updates, new resources or relevant information. You can unsubscribe at any time using the link in our emails or by contacting us.

How we collect information

We collect information when you submit a form, browse our website, click links, download resources, or contact us directly. We may use cookies or similar technologies to support site functionality and analytics.

Service providers and disclosures

We may share personal information with trusted third-party service providers that help us operate our website and deliver resources (for example: website hosting, funnel/form platforms, email delivery services, analytics providers and file hosting). These providers may process information on our behalf and may store data in Australia or overseas.

Affiliate links and recommendations

Some pages may include affiliate links. If you choose to purchase through an affiliate link, we may receive a commission at no extra cost to you. Affiliate partners generally do not receive your personal information from us unless you provide it directly to them.

Data security

We take reasonable steps to protect personal information from misuse, interference, loss, and unauthorised access, modification or disclosure. However, no method of transmission over the internet is completely secure.

Access, correction and deletion

You can request access to the personal information we hold about you, ask us to correct it, or request deletion where appropriate. To make a request, email nicolaeburton@gmail.com.

Cookies

Cookies are small files stored on your device that help websites function and understand usage. You can control cookies through your browser settings. Disabling cookies may affect how the site works.

Changes to this policy

We may update this Privacy Policy from time to time. The latest version will be available wherever this PDF is provided. The effective date and version number at the top indicate the current policy.

Contact

If you have questions or concerns about privacy, contact: nicolaeburton@gmail.com

Note: This document is a general information template and does not constitute legal advice. If you need advice tailored to your specific setup or compliance obligations, consider seeking professional legal guidance.