



2026-2027



MONTH	HCF EVENT	ASSET	ASSET TYPE
Sept	Back to school	Bonding to School	Commitment to Learning
Oct	TSMD month and lunch & Smile Day	Adult Role Model	Boundaries & Expectations
Nov	Ready Set Relax & Career Panel	Youth Programs	Constructive Use of Time
Dec	Holiday Gift Shoppe and Craft Fair	Caring	Positive Values
Jan	New Year	Caring School Climate	Support
Feb	Toast to Hudson	Parent Involvement in Schooling	Support
Mar	Career Panel & Scholarship applications	Service to Others	Empowerment
Apr	Uncharted Waters	Planning and Decision Making	Social Competencies
May	Graduation & Prom	Responsibility	Positive Values
June	End of School	Reading for Pleasure	Commitment to Learning

Hudson Community First promotes positive youth development by introducing young people to 40 internal and external developmental assets that help youth grow up to be healthy, caring and responsible adults. The more assets young people have, the more likely they will do well in school and the community, and the less likely they are to be involved in negative and unhealthy choices. Each month during the 2026-27 school year, Hudson Community First introduces an asset and highlights ways parents can help their child integrate the asset into his or her life.

For September, as students head back to the classroom, we focus on **bonding to school**, an internal asset that establishes a *commitment to learning*. With this asset, young people care about teachers and other adults at their school. Parents can support this asset by reaching out to teachers and/or staff and expressing their appreciation for something that person has done, asking their child why he or she is proud of their school, and attending a school event with their child that supports school spirit.

In October, Hudson Community First sponsors Take a Second. Make a Difference month highlighting an **adult role model**, an external asset that speaks to *boundaries and expectations*. With this asset, parents and other adult model positive and responsible behavior. Parents can support this asset by being involved in their child's life daily, asking their child about other adults whom their child has helped or been inspired by, and helping their child find other caring adults to be involved in his or her life.

In November, Hudson Community First hosts the Hudson High School Career Panel in support of **youth programs**, an external asset focusing on a *constructive use of time*. This asset encourages young people to spend three or more hours per week in sports, clubs, and school or community organizations. Parents can support this asset by encouraging their child to join a program that interests him or her, asking their child what they enjoy about belonging to a club or sport, and ensuring their child finds a healthy balance with scheduled activities so he or she isn't busy all day every day.

In December, Hudson Community First hosts the Holiday Gift Shoppe showcasing **caring**, an internal asset addressing *positive values*. This asset highlights the value young people place on helping other people. Parents can support this asset by volunteering at an animal shelter or food bank as a family, encouraging their child to compliment at least one person every day, and asking their child when he or she has enjoyed helping others and what happened as a result.

January brings in the new year and supports a **caring school climate**, an external asset of *support*. This asset highlights how important it is for schools to provide a caring and encouraging environment. Parents can support this asset by volunteering at their child's school, encouraging their child to learn the names of as many students as possible and greet each one by name, and being a partner with their child's teachers and keeping in touch with them regularly.

In February, Hudson Community First hosts Toast to Hudson speaking to **parent involvement in schooling**, promoting the external asset of *support*. With this asset, parents are actively involved in helping young people succeed in school. Parents can support this asset by asking their child how he or she would like their parent to be involved at school, prioritizing their child's attendance at school events, and reading the same book as one assigned to their child and talking about it together.

In March the Ito Patel Scholarship and the Michael Waly Award highlight **service to others** under the external asset of *empowerment*. This asset focuses on a young person serving in the community one hour or more per week. Parents can support this asset by asking their child how he or she can make a difference in the world, helping their child find an activity to do that includes service to others, and encouraging their child to explore volunteer opportunities in the community.

In April Hudson Community First introduces **planning and decision making**, an internal asset focusing on *social competencies* through Uncharted Waters at HHS. This asset is centered on helping young people plan ahead and make good choices. Parents can support this asset by talking with their child about the steps that are needed before making a decision, giving their child room to make mistakes and not rescuing him or her from the consequences, and celebrating their child's progress and accomplishments in decision making and planning.

May showcases prom and graduation and speaks to **responsibility**, an internal asset supporting *positive values*. This asset shows youth the importance of accepting and taking on personal responsibility. Parents can support this asset by being a role model and following through on their commitments especially to their child, giving realistic responsibilities to their child and taking the time to teach their child how to handle these responsibilities, and discussing the ramifications of what happens when their child doesn't follow through on his or her responsibilities.

June brings an end to the year and the opportunity to experience **reading for pleasure**, an internal asset highlighting a *commitment to learning*. This asset encourages young people to read for pleasure three or more hours per week. Parents can support this asset by going to the library with their child and ensuring he or she has a library card, asking their child what his or her favorite book is and why, and reading a book, newspaper or magazine and telling their child why they are reading it and why it gave them pleasure to do so.

Learn more about Hudson Community First and the 40 key developmental assets by visiting www.hudsoncommunityfirst.com