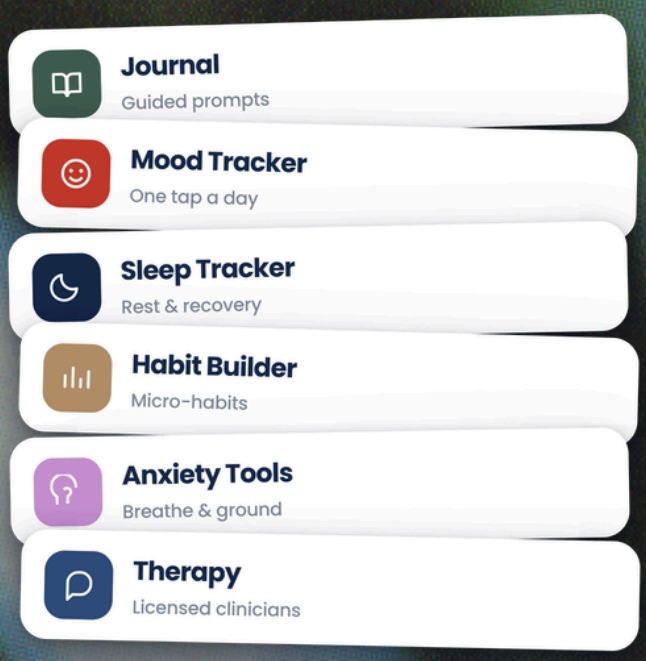
MindClub AMERICA | T&D MORAVITS CONCRETE CONTRACTORS 50 YEARS | 1974–2024

Feeling Stressed?

Scan the QR code below to get access to free digital stress tools:



Or go to app.mindclubamerica.com/get-started/org/t-d-moravits

MindClub is a wellness benefit from your employer. It isn't for emergencies and doesn't replace care from a doctor. Therapy costs may apply. Privacy: mindclubamerica.com/privacy-policy

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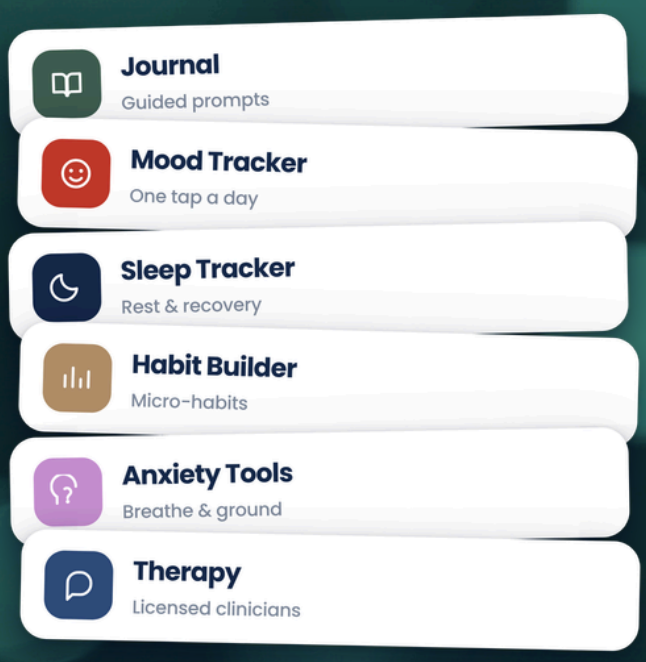
Need more focus?

Scan the QR code below for free tools to help you stay focused:



Or go to app.mindclubamerica.com/get-started/org/t-d-moravits
Free for eligible employees and household members.

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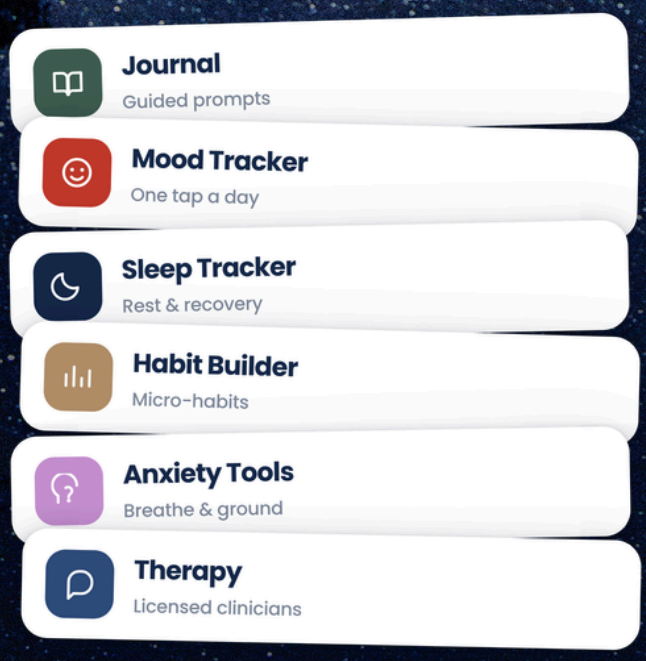
Can't Sleep?

Scan the QR code below for free sleep tools.



Or go to app.mindclubamerica.com/get-started/org/t-d-moravits

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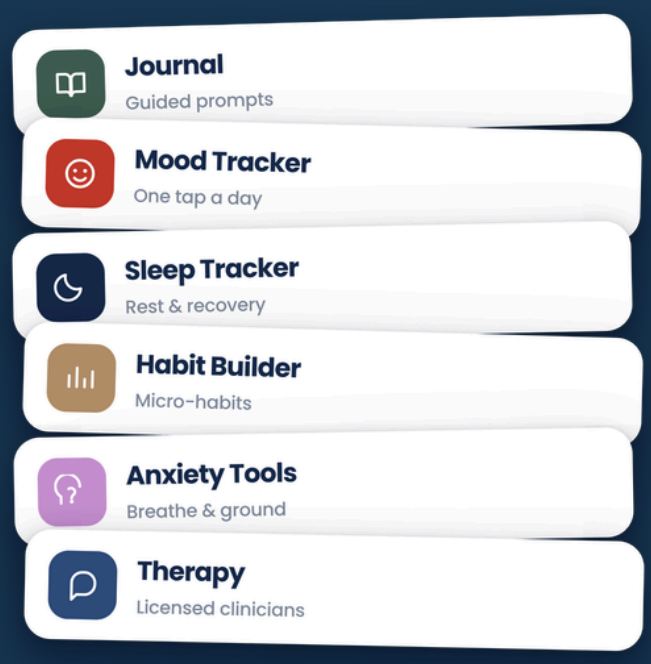
Need to Talk?

Scan the QR code below to talk with a licensed counselor:



Or go to app.mindclubamerica.com/get-started/org/t-d-moravits

In crisis? Call or text 988, anytime. Emergency? Call 911.

Therapy is with licensed clinicians. Confidential except where the law requires disclosure.
Not a crisis service. Privacy: mindclubamerica.com/privacy-policy