

JANUARY	FEBRUARY	MARCH	APRIL
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Key & Call Schedule

 Kick Off Call  Lecture  Discussion *All Sessions are on Zoom	KICK OFF CALL	Saturday, January 23rd at 1 pm PST / 4 pm EST – Practice calling in and get to know the group
 Monday – Lecture at 6 pm PST / 9 pm EST Wednesday – Exercises at 5:30 pm PST / 8:30 pm EST Wednesday – Group Discussion at 6 pm PST / 9 pm EST	BONUS CALL	Wednesday, May 5th at 6 pm PST / 9 pm EST – Bonus Call Wrap Up

Module 1 – Symptom Identification

WEEK ONE	Monday January 25	The Core Symptoms of Orofacial Dysfunction
	Wednesday January 27	Exercises of the Week / Group Discussion and Application
WEEK TWO	Monday February 01	Health History, Airway Assessment, and Early Childhood
	Wednesday February 03	Exercises of the Week / Group Discussion and Application
WEEK THREE	Monday February 08	Identification of Tethered Oral Tissues – Lip, Tongue, and Buccal Ties
	Wednesday February 10	Exercises of the Week / Group Discussion and Application
WEEK FOUR	Monday February 15	Advanced Assessment: Sleep Apnea and Sleep Disordered Breathing
	Wednesday February 17	Exercises of the Week / Group Discussion and Application
ONE WEEK BREAK		
WEEK FIVE	Monday March 01	Advanced Assessment: TMD, Pain, and Compensations
	Wednesday March 03	Exercises of the Week / Group Discussion and Application

Module 2 – Treatment

WEEK SIX	Monday March 08	Introduction To Therapy: A Focus on Goals and Nasal Breathing
	Wednesday March 10	Exercises of the Week / Group Discussion and Application
ONE WEEK BREAK		
WEEK SEVEN	Monday March 22	Adding Structure To Therapy: Frenectomy Protocols
	Wednesday March 24	Exercises of the Week / Group Discussion and Application

WEEK EIGHT	Monday March 29	Advanced Treatment: Tongue Space, Orthodontics and Understanding Structure
	Wednesday March 31	Exercises of the Week / Group Discussion and Application
WEEK NINE	Monday April 05	The Myofunctional Exam
	Wednesday April 07	OExercises of the Week / Group Discussion and Application
WEEK TEN	Monday April 12	Mini Myo, Habit Elimination, and Support For Sleep Disordered Breathing
	Wednesday April 14	Exercises of the Week / Group Discussion and Application
WEEK ELEVEN	Monday April 19	Managing, Troubleshooting, and Finishing Therapy
	Wednesday April 21	Exercises of the Week / Group Discussion and Application
WEEK TWELVE	Monday April 26	Case Studies and Wrapping Up the Course
	Wednesday April 28	Exercises of the Week / Group Discussion and Application

Module 3 <i>Self-Guided On-Demand Available Anytime During the 12-Week Course</i>	
Topic	What You'll Learn
Online Tools & Resources	Platforms and resources to support efficient virtual practice
Successful Online Therapy	Strategies for running effective remote sessions
Medical Insurance & Billing 101	Basics of insurance, billing, and getting paid
Getting an NPI Number	Step-by-step guidance on applying for your National Provider Identifier number
Insurance Superbills	What they are, how to create and use them for reimbursement
Building a Provider Network	Tips on collaborating and referring with other allied professionals
Office Setup & Logistics	Practical advice on creating a physical or virtual practice space
Supplies & Kits	How to source, build, or purchase your therapy kits
Practice Management Software	Options for charting, scheduling, and secure documentation
Charging & Getting Paid	Basics of insurance, billing, and getting paid
Knowing Your Value	How to recognize your worth as a provider
Understanding Limiting Beliefs	Identifying mindset blocks that hold you back
Practice Success & Future Planning	Your long-term vision, scaling, and setting yourself up for growth

Modules One and Two make up the core structure of the 12 Week Course, and Module Three is a stand-alone, video-based section on the online platform that you can access at any time throughout the program. This means that from day one of the course, you can start working on developing the business and practice skills you'll need to be successful.