

# Terms of Service

## Last Updated: June 2026

Welcome to the After the Truth® website and community operated by Tammy S. Drost (“Company,” “we,” “our,” or “us”).

By accessing this website, joining the community, purchasing products, downloading resources, or participating in any services offered through this platform, you agree to comply with and be bound by the following Terms of Service. If you do not agree with these terms, please discontinue use of the website and community.

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## 1. Use of Website & Community

After the Truth® is an educational healing support platform designed to provide resources, discussions, tools, educational content, and supportive community conversations related to emotional abuse recovery, self-trust, boundaries, healing, and personal growth.

You agree to use this website and community only for lawful purposes and in a manner that does not infringe upon the rights, safety, or experience of others.

You must be at least 18 years old to participate in the community or use this website.

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## 2. Community Participation & Conduct

After the Truth® is intended to provide a respectful, emotionally safe, educational support environment.

By participating in the community, you agree to:

- Engage respectfully with other members
- Avoid harassment, bullying, manipulation, intimidation, or abusive behavior
- Avoid attacking, shaming, or diagnosing other members
- Avoid posting threatening, graphic, violent, or intentionally triggering content
- Respect the experiences, perspectives, and emotional boundaries of others
- Refrain from spam, solicitation, or unauthorized promotion
- Follow all posted community guidelines and participation expectations

We reserve the right to remove posts, comments, content, or member access at our discretion if behavior violates these standards or disrupts the safety and integrity of the community.

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### **3. Educational & Support Disclaimer**

After the Truth® is an educational healing support community and does not provide medical advice, psychological treatment, crisis intervention, therapy, or licensed mental health services.

Participation in the community, access to content, or communication through this platform does not establish a therapist-client, coach-client, medical, or professional treatment relationship.

Content provided through this website and community is intended for educational and informational purposes only.

If you are experiencing a mental health crisis, suicidal thoughts, abuse-related emergency, or require professional mental health treatment, please contact a licensed mental health professional, emergency services, or a crisis support organization in your area.

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### **4. Personal Responsibility**

By using this website and participating in the community, you acknowledge that healing and recovery are personal processes.

You remain solely responsible for:

- Your emotional well-being
- Your decisions and actions
- Your interpretation and use of community content
- Your participation within the community

We make no guarantees regarding emotional healing outcomes, personal transformation, recovery progress, or individual experiences resulting from participation in the website or community.

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### **5. Intellectual Property**

All content provided through After the Truth®, including but not limited to:

- Written materials
- Educational resources
- Frameworks
- Downloads
- Branding
- Logos
- Graphics
- Videos

- Community materials
- Website content
- Books and companion resources

remain the intellectual property of Tammy S. Drost and/or After the Truth® unless otherwise stated.

No material may be copied, reproduced, republished, distributed, modified, sold, or used commercially without prior written permission.

Limited personal, non-commercial use is permitted for educational and personal recovery purposes only.

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## **6. User Content**

Members may voluntarily share comments, posts, discussions, reflections, or other content within the community.

You retain ownership of the content you post; however, by posting within the community, you grant us a non-exclusive, royalty-free license to display, store, and manage such content within the platform for community operation purposes.

We reserve the right to remove content that violates these Terms or community standards.

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## **7. Privacy & Confidentiality**

We encourage members to respect the privacy and confidentiality of others within the community.

However, participation in any online platform carries inherent privacy risks, and we cannot guarantee the confidentiality or security of information shared by users within the community.

Members should use discretion when sharing personal or sensitive information online.

Please review our Privacy Policy for additional information regarding data collection and usage.

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## **8. Third-Party Links & Resources**

This website or community may contain links to third-party websites, resources, or services for educational or informational purposes.

We are not responsible for the content, policies, practices, or reliability of third-party websites or services.

Use of any linked third-party resource is at your own discretion and risk.

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## **9. Disclaimer of Warranties**

All materials, resources, services, and community content are provided on an “as is” and “as available” basis without warranties of any kind, express or implied.

We do not guarantee:

- Uninterrupted access to the website or community
- Accuracy or completeness of all information
- Availability of services at all times
- Specific emotional, personal, or recovery outcomes

To the fullest extent permitted by law, we disclaim all warranties, including implied warranties of merchantability, fitness for a particular purpose, and non-infringement.

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## **10. Limitation of Liability**

To the fullest extent permitted by law, Tammy S. Drost, After the Truth®, and affiliated representatives shall not be liable for any direct, indirect, incidental, consequential, emotional, personal, or financial damages arising from:

- Use of the website
- Participation in the community
- Reliance on educational content
- Interactions with other community members
- Inability to access services
- Personal decisions made based on community participation

Your use of this platform is voluntary and at your own discretion.

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## **11. Modifications**

We reserve the right to modify, update, or revise these Terms of Service at any time without prior notice.

Continued use of the website or community following updates constitutes acceptance of the revised terms.

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## 12. Governing Law

These Terms shall be governed by and construed in accordance with the laws of the State of Connecticut, without regard to conflict of law principles.

Any disputes arising under these Terms shall be subject to the exclusive jurisdiction of the courts located in Connecticut.

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## 13. Contact Information

If you have questions regarding these Terms of Service, please contact:

Tammy S. Drost  
After the Truth®  
tammy@tammydrost.com

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## Cookie Policy

This website may use cookies and similar technologies to improve website functionality, analyze traffic, remember user preferences, and enhance user experience.

Cookies are small data files stored on your device that help websites recognize returning visitors and improve usability.

We may use:

- Necessary cookies
- Functional cookies
- Analytical cookies
- Social media integration cookies

You may disable cookies through your browser settings; however, portions of the website may not function properly if cookies are disabled.

By continuing to use this website, you consent to the use of cookies in accordance with this policy.

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## Acceptance of Terms

By accessing this website or participating in the After the Truth® community, you acknowledge that you have read, understood, and agreed to these Terms of Service.