

Guarantee or Money-Back

The coaching program comes with a guarantee that you will see reasonable results in 90-days or your money back. "Reasonable progress" will be determined by the coach, not the client. In order to be eligible for the refund, you must complete:

- 1) all assigned workouts
- 2) Weigh in daily with a minimum of five days a week
- 3) hit your calories and protein numbers recommended by your coach every single day
- 4) check-in every single week.

There are no exceptions to these criteria so It's imperative the client meets all five criteria.