Applying Scripture to Everyday Life

A SIMPLE GUIDE FOR CHRISTIAN WOMEN



1 READ
Start with what it says.

- Read the passage slowly.
- Look at the context.
- Notice who is speaking, who it's for, and what is happening.
- Find the verse or phrase that stands out to you.



2 UNDERSTAND
Learn what it teaches.

- What does this passage teach you about God?
- What does it show you about people—or about yourself?
- What truth do you need to remember today?



3 EXAMINE YOUR HEART
Be honest with God.

- Is there a thought, attitude, habit, or reaction that doesn't line up with what you read?
- Is there something you need to confess, surrender, forgive, change, or trust Him with?
- Replace lies with God's truth.



4 CHOOSE ONE STEP
Turn truth into action.

- Because this passage is true, what can I do differently today?
- Keep it simple and specific.
- Choose one faithful step instead of trying to change everything at once.



5 PRAY
Invite God into it.

- Thank God for what you learned.
- Ask for help to obey.
- Pray for wisdom, courage, and a heart that wants to follow Him.



6 REFLECT
Look back at your day.

- Where did I live this out today?
- Where did I struggle?
- Is there anything I need to confess or make right?
- What truth do I want to carry into tomorrow?



You don't have to understand the entire Bible before you can begin living what you are learning. Start with the passage in front of you and take one faithful step.

God's Word becomes more than something we read when we allow His truth to change the way we live.

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