

Hedlund Chiropractic

Legal Disclosures & Policies

13432 Elmwood Dr, Suite 3, Baxter, MN 56425 • (218) 824-3737 • hedlundchiropractic.com

Effective Date: May 21, 2026

This document contains the Privacy Policy, Terms of Use, and Medical Disclaimer for Hedlund Chiropractic P.A. ("Hedlund Chiropractic," "we," "us," or "our"). Please read these policies carefully. By accessing our website, submitting a form, scheduling an appointment, or otherwise using our services, you acknowledge that you have read and agree to these policies.

1. Privacy Policy

Introduction

Hedlund Chiropractic respects your privacy and is committed to protecting the personal information you share with us. This Privacy Policy explains what information we collect through our website and online tools, how we use it, and the choices you have. This policy applies to information collected through our website and online booking; it does not replace the notices and protections that apply to your protected health information as a patient of the practice.

Information We Collect

When you use our website, contact us, or schedule an appointment, we may collect the following information:

- **Contact information** you provide, such as your name, phone number, email address, and mailing address.
- **Appointment information** you submit through our online booking system or contact forms, such as your preferred appointment times and the reason for your visit.
- **Communications** you send to us, including messages submitted through forms, email, or text.
- **Automatically collected data**, such as your IP address, browser type, device information, pages visited, and similar usage data collected through cookies and analytics tools.

How We Use Your Information

We use the information we collect to:

- Schedule, confirm, and manage your appointments.
- Respond to your inquiries and communicate with you about your care or requests.
- Send appointment reminders and, where you have consented, practice updates or promotional messages.
- Operate, maintain, and improve our website and services.
- Comply with applicable legal and regulatory obligations.

Online Booking & Third-Party Services

Our website uses third-party scheduling and communication tools to provide online booking and to send appointment reminders and messages. When you book an appointment or submit a form, the information you provide may be processed by these third-party providers solely to deliver those services. These providers are expected to maintain appropriate safeguards for your information. We do not sell your personal information.

Text Messaging

If you provide your mobile number and consent to receive text messages, we may send appointment reminders and, where applicable, other practice communications. Message and data rates may apply. You may opt out of text messages at any time by replying STOP, and you may reply HELP for assistance. Opting out of marketing messages will not prevent essential communications related to your care or appointments.

Cookies & Analytics

Our website may use cookies and similar technologies to understand how visitors use the site and to improve your experience. You can set your browser to refuse cookies or alert you when cookies are being sent; however, some portions of the site may not function properly without them.

How We Protect Your Information

We maintain reasonable administrative, technical, and physical safeguards designed to protect the personal information we collect. However, no method of transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

Sharing of Information

We do not sell or rent your personal information. We may share information with service providers who perform functions on our behalf (such as scheduling, hosting, and communications), and when required by law, regulation, legal process, or to protect the rights, property, or safety of our patients, staff, or others.

Your Choices

You may request to access, correct, or delete the personal information you have provided through our website by contacting us using the information below. You may also unsubscribe from marketing emails or text messages at any time using the opt-out instructions provided in those messages.

Children's Privacy

Our website is not directed to children under 13, and we do not knowingly collect personal information from children under 13 through the website. Information regarding minor patients is provided by a parent or legal guardian in the course of care.

Changes to This Policy

We may update this Privacy Policy from time to time. Changes will be posted on this page with an updated effective date. Your continued use of our website after changes are posted constitutes your acceptance of the revised policy.

2. Terms of Use

Acceptance of Terms

By accessing and using the Hedlund Chiropractic website (the "Site"), you accept and agree to be bound by these Terms of Use and our Privacy Policy. If you do not agree, please do not use the Site.

Use of the Site

You agree to use the Site only for lawful purposes. You may not use the Site in any way that could damage, disable, or impair the Site, interfere with any other party's use of the Site, attempt to gain unauthorized access to any portion of the Site, or use the Site to transmit harmful or unlawful content.

Intellectual Property

All content on the Site, including text, graphics, logos, images, and design, is the property of Hedlund Chiropractic or its licensors and is protected by applicable intellectual property laws. You may not reproduce, distribute, or create derivative works from any content without our prior written permission.

No Doctor-Patient Relationship Through the Site

Use of this Site, including reading content or submitting a form, does not create a doctor-patient relationship. A doctor-patient relationship is established only through an in-person evaluation and the commencement of care at our office.

Third-Party Links

The Site may contain links to third-party websites or services that are not owned or controlled by Hedlund Chiropractic. We are not responsible for the content, privacy practices, or policies of any third-party sites. Accessing third-party sites is at your own risk.

Appointment Scheduling

Requests submitted through our online booking system are requests for an appointment and may be subject to confirmation by our office. Submitting a request does not guarantee a specific appointment time until confirmed.

Limitation of Liability

The Site and its content are provided on an "as is" and "as available" basis without warranties of any kind, either express or implied. To the fullest extent permitted by law, Hedlund Chiropractic shall not be liable for any damages arising out of or in connection with your use of, or inability to use, the Site.

Indemnification

You agree to indemnify and hold harmless Hedlund Chiropractic and its owners, doctors, and staff from any claims, losses, or damages, including reasonable attorneys' fees, arising out of your misuse of the Site or violation of these Terms.

Governing Law

These Terms of Use are governed by and construed in accordance with the laws of the State of Minnesota, without regard to its conflict of law provisions. Any dispute arising under these Terms shall be

subject to the exclusive jurisdiction of the state and federal courts located in Minnesota.

Changes to These Terms

We reserve the right to modify these Terms of Use at any time. Changes are effective when posted to the Site. Your continued use of the Site after changes are posted constitutes acceptance of the revised Terms.

3. Medical & Healthcare Disclaimer

General Information Only

The information provided on the Hedlund Chiropractic website and related materials is for general educational and informational purposes only. It is not intended to be, and should not be used as, a substitute for professional medical advice, diagnosis, or treatment from a qualified healthcare provider.

Not Medical Advice

Nothing on this Site constitutes medical advice or the practice of medicine, chiropractic, or any other licensed health profession. Always seek the advice of your chiropractor, physician, or other qualified health provider with any questions you may have regarding a medical condition or treatment. Never disregard professional medical advice or delay seeking it because of something you have read on this Site.

Individual Results May Vary

Chiropractic care and related services produce different results for different individuals. Any testimonials, reviews, or descriptions of outcomes that appear on the Site reflect the experiences of specific individuals and are not a guarantee, promise, or prediction of the results any particular patient will achieve. Treatment plans and recommendations are individualized following an in-person examination.

No Guarantee of Outcomes

Hedlund Chiropractic makes no representation or warranty that any particular treatment, service, or recommendation will be effective for your specific condition. Chiropractic care does not diagnose, treat, or cure disease.

Emergencies

If you are experiencing a medical emergency, call 911 or go to the nearest emergency room immediately. Do not rely on this Site or online communications for urgent or emergency medical needs.

Licensed in Minnesota

Hedlund Chiropractic provides chiropractic services in the State of Minnesota in accordance with applicable state law and the rules of the Minnesota Board of Chiropractic Examiners. Care is provided only after an appropriate in-person consultation and examination.

Contact Us

If you have questions about these policies or wish to exercise any of the choices described above, please contact us:

Hedlund Chiropractic P.A.

13432 Elmwood Dr, Suite 3

Baxter, MN 56425

Phone: (218) 824-3737

Website: hedlundchiropractic.com

This document is provided as a general template for informational purposes and does not constitute legal advice. Hedlund Chiropractic should have these policies reviewed by a licensed attorney to confirm they meet all applicable federal, state, and local requirements, including any HIPAA obligations that apply to the practice. Placeholder contact details (such as a privacy email address) should be confirmed and added before publishing.