

Redefining Cancer:

**The Science Of Healing**

# **Love and Support**

# What is Love?

Take a few minutes and think about your answer. Write it down.

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**I will wait...**

# **What does it mean to love our spouse?**

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**What does it mean to  
love our children?**

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**What does it mean to  
love our parents?**

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**What does it mean to  
love our neighbor?**

**What does it mean  
to love ourselves?**

# Types of Love

**Eros** Passionate / Romantic

**Philia (Philos)** Friendship

**Storge** Familial

**Pragma** Enduring

**Agape** Universal / Selfless

# Agape: Unconditional Love

## Freely Given

It is given freely regardless of whether the recipient deserves it.

It is not based on merit, performance, or reciprocity.

## A Decision of Will

It is a conscious choice, an action, rather than just an emotion.

It is the Love we received from God before we ever loved Him.

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**What if Love is..**

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# Acceptance

# Support

Someone can support us,  
*but not necessarily love us.*

It might be their ministry, their calling, or an effort to make a difference in your life when they couldn't with someone else they deeply cared for.

# Can someone love us and struggle to support us?

**YES.**

Why? FEAR.

- ♥ Fear of losing you
- 🙏 Fear of facing their own powerlessness
- 👉 Fear of being judged
- 👤 Fear of suffering

# Love is Necessary, Support is Needed



## Love is Necessary

Love provides the emotional foundation, acceptance, and deep connection required to truly live and heal. It is the lifeblood of our existence.



## Support is Often Needed

Support provides the practical assistance, action, and framework to navigate challenges. It serves different, tangible purposes in the journey.

# The Blessing of Learning to Communicate

One of the crazy blessings of cancer is that we are forced to learn **what we truly need and want.**

We have to find words and a voice when we just want others to **already know.**

There is no guide or class that teaches our loved ones. **It is up to you.**

# Clarity is Your Gift to Them

If you are not clear, how can they be?

It is up to you to communicate your needs.

Create understanding through clarity.