



KALALOU

BAR AND GRILL

5160 S JOHN YOUNG PKY
ORLANDO, FL 32839

+1 (321) 320-8038

www.KalalouOrlando.com

APPETIZERS

Akra fritters (6)

510cal

8.80

Malanga Fritters, Served with a side of Pikliz.

Marinade fritters (8)

240cal

8.80

Marinated Fried Dumplings, Served with a side of Pikliz

Kalalou Combo with no meat



472cal

15.4

A mixture of akra, marinade, plantains and pikliz.

Jumbo coconut shrimp

630cal

15

Breaded fried shrimp with coconut flakes.

Tapas

3 pieces of plantains, a slice of avocado and your choice of a meat served with pikliz.

Chicken

110cal

12

Goat

106cal

15

Shrimp

190cal

12

Griot

158cal

12

Creole Grilled Wings (8)

203cal

15

Marinated in creole spices oven roasted and grill served with fries.

PATE CODE



472cal

11

Delicious crust with your choice of fillings which include hot dogs with eggs, smoked herring with eggs, chicken and cabbage.

ENTRÉE SELECTIONS

Kalalou Combo with Meat

360-369cal

22

A fity mixture of akra, marinade, plantains and breadfruit. Your choice of Pork, Chicken, or Shrimp.

Creole Spaghetti

360-369cal

15

Made with tomatoes, the Cajun holy trinity (celery, bell peppers, and onions), garlic, seasonings, and herbs. No meat or add meat.

add Chicken, Shrimp

5.5

New Item Coming Soon!

We are creating something delicious just for you! Make sure you are subscribed online for promotions and updates!



LIVE BAND ON SATURDAY'S,
DJ EVERY FRIDAY NIGHT FROM 10 TO 3



KALALOU

Food Menu

Welcome to Kalalou Caribbean Bar and Grill where we transport you to an upscale Caribbean paradise.

ENTRÉE SELECTIONS



Most Served with a choice of rice or side. Plantain and pickles included.

Curry Chicken

496cal

22

Chicken marinated in a perfect blend of cooked curry spices, potatoes, and vegetables cooked traditional Jamaican style with a nice stew.

Jerk Chicken

473cal

25

Well-Seasoned Grilled Chicken with Jamaican jerk marinade that has the perfect balance of head, sweet & savory.

Homemade Oxtail

422cal

32

Melt in your mouth, fall off the bone, tender beef, braised oxtail served with vegetables, and smothered and incredibly tasty stew

Lalo

597cal

25

A specialty of Latibonit. Lalo is a mixture of a special greens cooked with goat.

Legumes Stew



434cal

25

Legume vegetable medley served with beef.

Creole Stew/Fried Chicken

439cal

22

Chicken marinated in creole seasoning and simmered into a satisfying stew or fried with a sauce infused with wonderful flavors from sautéed onions, peppers.

Griot/ Fried Pork

695cal

22

Chunks of pork marinated in citrus and creole spices then simmered until very tender before being fried crisp and brown. Also accompanied with pikliz. .

Tassot

Choice of meat marinated overnight. Cooked until fully tender and fried to a perfection of golden juicy bites. Every bite is a full burst of flavor.

Goat

586cal

32

Turkey

360cal

22

Spicy Bites

695cal

16.5

Chunks of pork marinated in spicy orange sauce then simmered until very tender. Also accompanied with pikliz no additional sides.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Allergen Warning: Please be advised that food prepared here may contain these ingredients: milk, eggs, wheat, soy, peanuts, tree nuts, fish & shellfish.

GS Denotes Gluten-Sensitive Menu Item. We are not a gluten-free environment. Please notify your Cashier if you have any food allergies.

Denotes a Vegetarian Menu Item.

†Caution – some food items may contain olive pits, bones, or shells.

FROM THE SEA



Whole Snapper

350-500cal

**40+

Choice of fried or stewed, fisherman style snapper. Seasoned with creole island spices, onions and bell peppers.

*Price varies, check with server.

Blackened Salmon

Salmon dipped in melted butter and then served in a mixture of herbs and spices.

8oz

388cal

23.1

10oz

518cal

27.5

Add shrimp

540cal

5.5

Conch/Lambi

140-280cal

35

Grilled sautéed, marinated with sauce.
*Price varies, check with your server.

SALADS



Kalalou Special Salad

44cal

12

Mixed greens, tomatoes, cucumber, avocados with our house dressing.

add Chicken

470cal

add Shrimp

283cal

Caesar Salad

44cal

12

Our unique Caesar salad is made with romaine lettuce, croutons, Parmesan cheese, and Homemade Caesar dressing.

add Chicken

470cal

add Shrimp

283cal

*All menu items are subject to change based on availability.

*Kindly be advised that a 18% service charge/Gratuuity will be added to your check from party of 5 or more.

INSTAGRAM



FACEBOOK



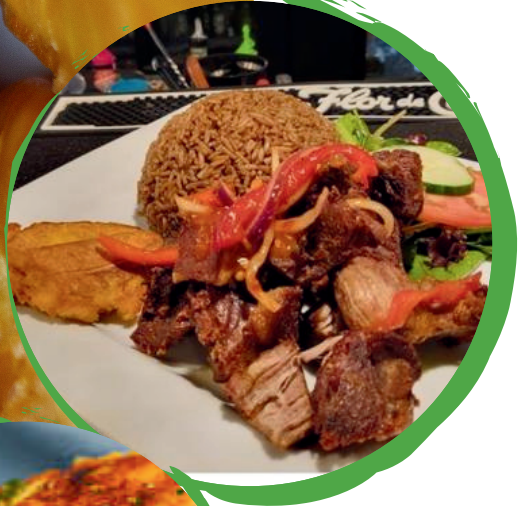
Follow us on Social





KALALOU Menu

Whether craving bold spices or delicate flavors, join us for an unforgettable dining experience.



KIDS MEALS			
Chicken Wings (6)	640cal	12	
Fries and a drink			
Chicken Tenders (3)	609cal	12	
Fries and a drink			

SIDES			
Djondjon (Black Trumpet Mushroom)	440cal	8.8	
White Rice & Beans Sauce	698cal	8.8	
Fries	365cal	5.5	
Black Beans Sauce	146cal	4.4	
Sweet Fried Plantains(5)	245cal	5.5	
Fried Green Plantains(5)	139cal	5.5	
Sweet Potato Fries	365cal	5.5	
Sauteéd Vegetables	93cal	6.6	
Stewed Kalalou (Okra)	93cal	6.6	
**Macaroni Au Gratin	245cal	12	
Pikliz Side	55cal	1.5	
Pikliz Jar Large	90cal	12.6	
Lasagna with Meat	800cal	13.2	

DESSERTS		Items subject to availability	
Lime Cake	252cal 8	Rum cake	240cal 7
Pineapple upside down cake	362cal 7	Add a scoop of vanilla ice cream	250cal +4
Coconut cake	356cal 8	Vanilla Ice Cream 3scp	300cal 7

DRINKS		
Made Fresh Lemonade & Passion Fruit	7	
Red Bull	3.8	
Couronne	3.5	
Bottle Water	3	
Soda by the can:		
Watermelon and Jupiña	3	
Gingerale, Coke, Sprite	3	
Sport shake	5.5	

THE BAR

Must show ID 21+

HAPPY HOUR MON-THUR, 3PM-7PM

ON ALL DRINKS FROM THE BAR

PLEASE JOIN US For

HAPPY Hour

Good COCKTAILS Times

PREMIER COCKTAILS	
Mango Coconut Mojito	14
Midnight Madness	14
Passionfruit Long Island	15
D'range Sour	14
Caribbean Blue	12
Beer:	
Prestige	6
Corona	6
Guinness	6
Heineken	6
Bucket of Beer (6)	25

Specials Menu

LUNCH SPECIAL

189-296cal 

Monday - Thursday

11am to 3pm

Small portion of any turkey, chicken or griot meal.

12

FRIDAYS SEAFOOD GALORE

Each selection is served with your choice of rice with beans/sauce, plantain(2) and pikliz

Red snapper	35
Salmon	20
Conch/ Lambi	35
Sauté Shrimp with garlic	22

SATURDAY

Bouyon Kreyol 164cal 25

A hearty stew including a variety of vegetables that is traditionally cooked throughout Haiti.

SUNDAY

Soup Joumou 571cal 25

Rich and hearty Haitian pumpkin soup filled with vegetables.

KALALOU SEAFOOD PLATTERS

Crafted for Sharing • Perfect for Family & Friends

Serves 4+ Guests

Choose your favorite combination of:

Options:

Red snapper • Conch • Shrimps

Served with:

Djondjon Rice • Marinade. Akra Fritters • Plantains • Seasonal Sides • House Pikliz

Starting at 65

Ask your server for platter options.

KALALOU HAPPY FAMILY PLATTERS

Serves 4+ Guests

Choose your favorite combination of:

Proteins:

Turke • Goat • Griyo • Jerk Chicken •

Served with:

Djondjon Rice • Akra Fritters • Plantains • Seasonal Sides • Rice and Beans • House Pikliz

Starting at \$55

Ask your server for platter options.

*All menu items are subject to change based on availability.

*Kindly be advised that a 18% service charge/Gratuity will be added to your check from party of 5 or more.

KALALOU CARIBBEAN BAR & GRILL

www.KalalouOrlando.com

PHONE ORDERS: (321)_320-8038

ADDRESS:

5160 S JOHN YOUNG PKY

ORLANDO, FL 32839

REST: +1 (321) 320 - 8038

EMAIL:

info@KalalouOrlando.com

events@kalalouOrlando.com

CATERING | RESERVATIONS | ORDER ONLINE | DRIVE THRU | EVENTS

HOURS	
Monday	11AM - 10PM
Tuesday	11AM - 10PM
Wednesday	11AM - 10PM
Thursday	11AM - 10PM
Friday	11AM - 11PM
Saturday	11AM - 1AM
Sunday	11AM- 10PM



REVIEW



TELL US WHAT YOU THINK

Leave us a google review

KALALOU

BAR AND GRILL

