

PELAGOS

L A N G E B A A N



BREAKFAST

CHOICE OF TOAST: WHITE, BROWN OR SOURDOUGH

EARLY BIRD

R85

Two Eggs, Two Rashers of Streaky Bacon, Braised Tomato & Herbed Potatoes.

WEST COAST FULL BREAKFAST

R135

Two Eggs, Three Rashers of Bacon, Local Boerewors, Braised Tomato, Herbed Potatoes & Grilled Mushroom.

BUTTERMILK FLAPJACK

R110

Topped with Blueberry Compote, Crispy Bacon, Whipped Crème Fraiche drizzled with Maple Syrup.

SMASHED AVO ON TOAST (SEASONAL)

R70

Zesty Cream Cheese Spread topped with Avo* (Seasonal) & Toasted Red Onion.

SUNRISE PIGRA BOWL

R75

Spiced Cauliflower, Sweet Potato, Crunchy Chickpeas, Spinach, Baba Ganoush, Lemon Dressing .

Add Chicken

R35

PELAGOS BENEDICT

R80

Toasted Sourdough, Prosciutto, Poached Eggs, home-made Hollandaise Sauce.

MINI PICCOLINO

R45

Scrambled Egg, Bacon & Crispy Chips.

ADD ONS

Egg	R10	Boerewors	R20
Two Streaky Bacon	R20	Avo* (Seasonal)	R25
Grilled Mushrooms	R25		

BETWEEN BREAD

CHOICE OF: WHITE, BROWN, SOURDOUGH, WRAP OR PITA

THE BACON & BRIE PRESS R90

Streaky Bacon, Brie Cheese, Rocket, Red Onion Marmalade.

CHICKEN CLUB R95

Chicken Breast, Bacon, Avo* (Seasonal), Rocket, Basil Pesto Mayo, Sun Dried Tomatoes.

CHARRED STEAK & CHEDDAR R95

Sliced Steak, Mature Cheddar, Mixed Leaves, Mayo, Tomato Compote.

ADD A PORTION

Hand Cut Chips R25

Sweet Potato Fries R30

LIGHT MEALS

PERI-PERI CHICKEN LIVERS R70

Chicken Livers in a Creamy Peri-Peri Sauce, Sun Dried Tomatoes, Garlic Mayo, Red Onion, Sourdough Toast

SPANAKOPITA R65

Creamed Spinach, Baked Feta, Mixed Leaves, Parmesan

BUTTERMILK FRIED CHICKEN BITES R75

Crispy Fried Deboned Chicken Thighs, Honey & Soy Drizzle, Toasted Nut Crumble

LEMON & HERB CALAMARI R85

Crispy Fried Calamari Strips, Lemon Mayo, Pickled Cucumber, Slice of Lime



SALADS

STRAWBERRY, AVO & BILTONG **R120**

Fresh Strawberries, Biltong Slices, Creamy Feta, Rocket, Pickled Cucumber, Avo* (Seasonal), Roasted Pecan Nuts, Balsamic Honey Dressing.

VDM COBB SALAD **R215**

Grilled Chicken, Bacon, Avo* (Seasonal), Rosa Tomatoes, Soft Egg, Lettuce, Creamy Blue Cheese Drizzle.

ROAST CHICKPEA MEZZE BOWL **R115**

Spiced Tahini Hummus, Mixed Leaves, Pickled Cucumber, Buffalo Mozzarella, Nut Crumble, Basil Dressing.

TRADITIONAL GREEK SALAD **R75**

Cucumber, Rosa Tomatoes, Green Pepper, Red Onion, Feta, Olives, Herb Dressing.



FROM THE GRILL

SIRLOIN STEAK **R155**

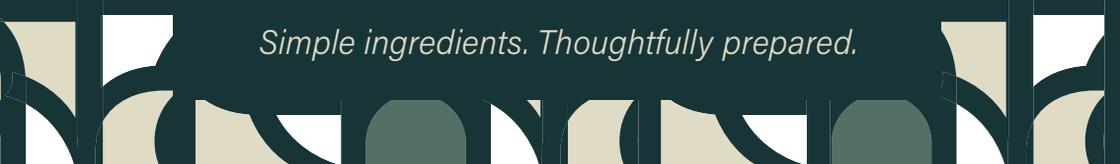
200g Sirloin Steak with Toasted Baby Onions, Sun Dried Tomato Aioli, with a choice of side.

300g Sirloin Steak **R210**

BEEF FILLET **R230**

200g Beef Fillet with Toasted Baby Onions, Sun Dried Tomato Aioli, with a choice of side.

300g Beef Fillet **R330**



Simple ingredients. Thoughtfully prepared.

CHICKEN STACK

R185

Grilled Chicken Breast topped with Thyme Cream Cheese, Sun Dried Tomato Pesto, grated Mozzarella & baked in the Oven with Sweet Potato Chips.

THE PELAGOS BURGER

R165

Toasted Brioche Bun, Homemade Beef Patty or Chicken Fillet, Smoked Tomato and Bacon Jam, Mayo, Mozzarella, Pickles, Fresh Rocket, Onion Rings with a choice of side.

THE BACON & BRIE BLISS

R175

Toasted Brioche Bun, Home-Made Beef Patty or Chicken Fillet, Brie Cheese, Sliced Fig, Streaky Bacon with a choice of side.

PORK LOIN RIBS

R215

500g Pork Loin Ribs, Fresh Cole Slaw & with a choice of side.

SAUCE SELECTION

R35

- Creamy Mushroom
- Brandy Peppercorn

R25

- Garlic Cream
- Gorgonzola

SIDE DISHES

HAND CUT POTATO WEDGES R25

SWEET POTATO FRIES R30

HAND CUT CHIPS R25

MASHED POTATOES R25

OVEN ROASTED VEGETABLES R35

MAIN DISHES

RED WINE BRAISED LAMB SHANK R310

Cheesy Sweet Potato Mash, Roasted Baby Carrots, Nut Crumble.

SOUS VIDE PORK BELLY R135

Garlic Mashed Potatoes, Charred Baby Onions, Braised Red Cabbage, Sticky Honey Glaze.

BATTERED HAKE FILLET R150

Lemon Crushed Peas, Roasted Carrot Chips, Sun-dried Tomato Aioli.

GRILLED TIGER PRAWNS R245

Garlic Butter or Peri-Peri with a choice of side.

LINEFISH OF THE DAY R190

Prawn Paella, Lemon, Dill Cream Sauce.

AUBERGINE PARMIGIANA R120

Creamy Bechamel Sauce, Basil Pesto, Grated Parmesan.

PASTAS

CHOICE OF: TAGLIATELLE OR PENNE PASTA

BOLOGNAISE R145

Beef Mince Bolognese Sauce, Grated Cheese, Fresh Parsley

VERDE PESTO PASTA R80

Home-Made Basil Pesto

Add Chicken Breasts R35

RUSTIC CHICKEN BOSCAIOLA R125

Pan-Fried Chicken Breast, Shiitake Mushrooms, Creamy Bechamel Sauce, Grated Parmesan

Best enjoyed slowly...



PIZZA

CLASSIC MARGHERITA R100

Napolitana Sauce, Oregano, Mozzarella Cheese, Fresh Basil.

CAPE COAST BIANCA R75

Olive Oil, Feta Cubes, Garlic, Fresh Parsley.

PORK ROYALE R175

Shredded Pork, Red Onion, Sweet Corn, Feta, Fresh Coriander.

TIKKA CHICKEN R185

Spicy Shredded Chicken, Red Pepper, Onion, Avo* (Seasonal)

THE GOLDEN HARVEST R175

Sweet Roasted Pumpkin, Red Onion Marmalade, Spinach, Feta, Mozzarella, Roasted Walnuts.

PIZZA ALA BUFFALO R195

Napolitana Sauce, Buffalo Mozzarella, Fresh Basil, Prosciutto Ham.

PELAGOS PRIME R210

Sliced Steak, Mushrooms, Gorgonzola with fresh Arugula.

ADD ONS

Mozzarella	R25	Red Onion Marmalade	R15
Roast Chicken	R30	Peppers	R10
Shredded Pork	R40	Avo* (Seasonal)	R30
Feta	R25	Prosciutto	R40
Garlic	R10	Basil	R15
Parmesan	R10	Mushrooms	R25
Buffalo Mozzarella	R45	Sirloin Steak	R45
Arugula	R20	Diced Bacon	R30



SEASIDE SPROUTS (KIDS MENU)

BOLOGNAISE **R90**

Beef Mince Bolognese Sauce, Grated Cheese, Fresh Parsley.

CHICKEN STRIPS **R60**

Crumbed Chicken Strips with Crispy Chips.

BOERIE ROLL **R65**

Local Boerewors with Crispy Chips.

HAKE GOUJONS **R85**

Battered Hake Pieces, Lemon with Crispy Chips.

SWEET TOOTH

PORTOKALOPITA (GREEK ORANGE CAKE) **R75**

Whipped Mascarpone Cream, Dehydrated Oranges.

BAKLAVA PARCEL **R110**

Glazed Mixed Nuts, Cinnamon, Honey Syrup, Vanilla Ice Cream.

ICE-CREAM & BAR ONCE CHOCOLATE SAUCE **R85**

Vanilla Ice Cream with Bar One Chocolate Sauce.

DON PEDRO

A truly decadent liquid dessert: vanilla ice cream blended with a single shot of your preferred liqueur.

Amurula R50

Kahula R55

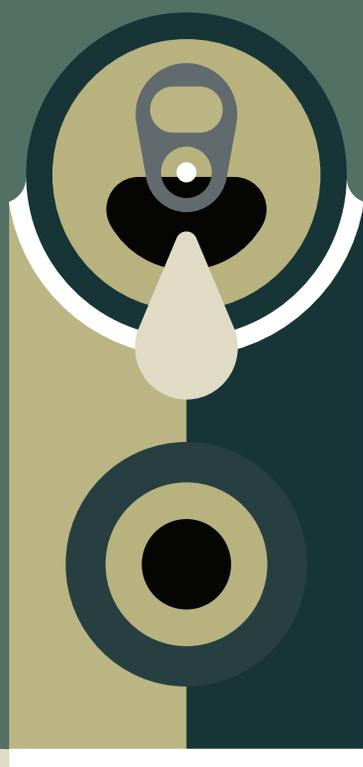
Jameson R60

IRISH COFFEE **R55**

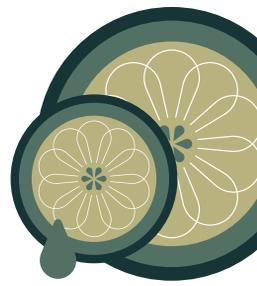
Strong brew, caramelized brown sugar, & semi-whipped cold cream, featuring your choice of J&B or Bells Whiskey.



DRINKS MENU



SOFT DRINKS



APPLETIZER	R50
GRAPETIZER	R50
COCA-COLA CLASSIC	R35
COCA-COLA ZERO	R35
CREAM SODA	R35
FANTA ORANGE	R35
SPRITE	R35
SPRITE ZERO	R35
LIPTON ICE TEA LEMON / PEACH	R40

MIXERS

COCA-COLA CLASSIC	R30
COCA-COLA ZERO	R30
LEMONADE	R30
SODA WATER	R30
TONIC WATER	R30
TONIC SUGAR FREE	R30
GINGER ALE	R30
PINK TONIC	R30
GRAPEFRUIT TONIC	R30
DRY LEMON	R30
TOMATO COCKTAIL	R75
KOLA TONIC CORDIAL	R10
LIME CORDIAL	R10
PASSION FRUIT CORDIAL	R10
MOJITO MINT CORDIAL	R15
GRENADINE	R15





WATER

STILL / SPARKLING WATER VALPRE 350ML	R30
STILL / SPARKLING WATER VALPRE 750ML	R50

JUICE

ORANGE / CRANBERRY JUICE	R30
CAPPY FRUIT COCKTAIL / APPLE	R25

ENERGY

RED BULL ORIGINAL	R45
RED BULL SUGAR FREE	R45



TEA

RED CAPPUCCINO

Antioxidant-rich Rooibos tea topped with silky steamed milk with a generous layer of foam.

R40

ROOIBOS / CEYLON TEA

Earthy Rooibos or Ceylon tea

R25

SPECIALITY TEA

A generous pot of your favorite blend
Ask your waitron for our speciality flavours.

R30



COFFEE

AMERICANO

Rich, double espresso tempered with hot water.

R35

FLAT WHITE

A smooth, velvety blend of double-shot espresso and delicately steamed milk, finished with a thin layer of foam.

R35

CAPPUCCINO

Bold, double-shot espresso topped with steamed milk & thick froth.

R40

DOUBLE ESPRESSO

Velvety, house blend, double-shot espresso.

R30

CAFE LATTE

A generous pour of velvety steamed milk into a double shot espresso for a mild, creamy finish.

R45

CORTADO

Velvety, house blend, double-shot espresso topped with an equal part of steamed milk.

R35

CHAI LATTE

An aromatic blend of black tea, exotic spices, & steamed milk.

R45

ICED COFFEE

Signature espresso poured over chilled milk & plenty of ice.

R45

HOT CHOCOLATE

Rich cocoa, whisked into creamy steamed milk & topped with marshmallow cream.

R40



SMOOTHIES



PEANUT BUTTER

A high-energy blend of creamy peanut butter, frozen banana, & honey.

R65

FRUIT SMOOTHIE

Blend of fruit with creamy yogurt.
Ask your waitron for our fruit smoothie flavours.

R65

FROZEN SLUSHIE

Smoothly blended ice infused with sweet fruit syrup.
Ask your waitron for our slushy flavours.

R35

MILKSHAKES



STRAWBERRY

R45

CHOCOLATE

R45

BUBBLEGUM

R45

GOURMET MILKSHAKES



OREO

R55

BAR ONE

R55

COFFEE

R55



HOUSE WINE BY GLASS

DARLING MERLOT

A smooth, reliable pour with easy-drinking red berry flavours.

R65

DARLING SAUVIGNON BLANC

Bright and zesty, perfect for sipping any time of day.

R55

DARLING ROSÉ

Crisp, floral, and refreshing, summer in a glass.

R55



WHITE WINES

CHENIN BLANC

DARLING RESERVE BUSHVINE

Vibrant & crisp with concentrated tropical fruit & a refreshing zesty finish.

R170

KLEINE ZALZE CELLAR SELECTION

A beautifully balanced white with flavours of guava, pear, & a clean mineral edge.

R210

CHARDONNAY

KLEIN ZALZE VINEYARD SELECTION

Luxurious & creamy, offering notes of citrus peel & toasted hazelnuts.

R340

GROOTE POST PINCH OF SALT

Slightly wooded with layers of stone fruit & citrus.

R440

WHITE BLENDS

HAUTE CABRIÈRE CHARDONNAY PINOT NOIR

The perfect marriage of two grapes, offering elegance, strawberry hints, & citrus zest.

R260

BOSCHENDAL LE BOUQUEST

This medium sweet wine offers delicate freshness and juicy fruit. Peach and Apiricot mingle with cinnamon and honey, resulting in a vibrant, smooth palate that ends with a clean tangerine finish.

R190



SAUVIGNON BLANC

GROOTE POST SEASALTER

R380

A coastal masterpiece with a unique salty breeze finish & vibrant green fruit.

DARLING "BUSH VINE"

R160

Expressive & zesty, packed with passionfruit & fresh herbaceous notes.

DE GREDEL

R270

Bright & aromatic with notes of guava, lemongrass, & a hint of passionfruit.

DIEMERSDAL

R210

Expressive & Zesty with note of ripe passion fruit, gooseberry, & a hint of green fig.



RED WINES

CABERNET SAUVIGNON

DE KRANS

R190

A bold & classic choice, with deep dark fruit flavours & a smooth, lingering finish.

KLEINE ZALZE VINEYARD SELECTION

R440

Rich & structured, featuring intense notes of blackcurrant & subtle oak spice.

MERLOT

DARLING "SIX TONNER"

R200

Velvety & approachable, bursting with ripe plum & hints of chocolate.

KLEINE ZALZE CELLAR SELECTION

R210

A soft, elegant red with layers of red berries & a touch of earthiness.



PINOTAGE

KLEINE ZALZE CELLAR SELECTION

R210

Deeply fruity with signature notes of plum & a spicy, smoky edge.

BEYERSKLOOF

R250

South Africa's favourite Pinotage. Offering a juicy explosion of dark cherries & savoury hints.

SHIRAZ

DARLING "BLACK GRANITE"

R200

Intense & bold, delivering dark fruit power & a touch of crushed black pepper.

WATERFORD KEVIN ARNOLD

R720

A sophisticated, award-winning Shiraz with elegant floral notes & deep spice.

SARONSBERG PROVENANCE

R290

Rich & full-bodied, showcasing succulent red fruit & seamless oak integration.

RED BLENDS

BOEKENHOUTSKLOOF - THE CHOCOLATE BLOCK

R580

An iconic, complex blend with notes of dark fruit, violet & a distinct cocoa finish.

GROOTE POST OLD MAN'S BLEND RED

R250

A reliable, easy-drinking red blend, balanced soft tannins with bright fruit.



ROSÉ

BOPLAAS SHIRAZ ROSÉ

R200

A reliable, easy-drinking red blend, balanced soft tannins with bright fruit.

DARLING "PYJAMA BUSH" ROSÉ

R160

Playful and light, featuring sweet red fruit aromas & a crisp, dry palate.

MCC

KLEINE ZALZE MCC BRUT

R380

Traditional & sophisticated, with fine bubbles & toasted biscuit aromas.

KLEINE ZALZE MCC BRUT ROSÉ NV

R380

A celebratory pink sparkler with delicate strawberry notes & a creamy mousse.

SPARKLING WINE

JC LE ROUX SAUVIGNON BLANC CAN 250ml

R35

Light, fizzy, & fun, the ultimate refresher with tropical fruit pops.

DESSERT WINE

BOPLAAS VINTAGE PORT

R30

OLD BROWN SHERRY SEDGEWICKS

R15

