

PELAGOS

L A N G E B A A N





Pelagos is a space designed for connection, where good food, thoughtful detail & effortless elegance come together. Inspired by the vastness & calm of the open sea, every visit is about slowing down, sharing moments, & enjoying the experience beyond the plate.

BREAKFAST

AVAILABLE UNTIL 11:00AM

EARLY BIRD

R90

Two Eggs, two Rashers of Streaky Bacon, Braised Tomato & Herbed Potatoes. Served with your choice of White Bread, Brown Bread or Sourdough toast.

PELAGOS FULL BREAKFAST

R145

Two Eggs, three Rashers of Bacon, Local Boerewors, Braised Tomato, Herbed Potatoes & Grilled Mushroom. Served with your choice of White Bread, Brown Bread or Sourdough toast.

MINI PICCOLINO

R45

Scrambled Egg, Bacon & Crispy Chips. Served with your Choice of White Bread, Brown Bread or Sourdough toast.

BUTTERMILK FLAPJACK

R110

Topped with Blueberry Compote, Crispy Bacon, Whipped Crème Fraiche drizzled with Maple Syrup.

SMASHED AVO ON TOAST (SEASONAL)

R85

Zesty Cream Cheese Spread topped with Avo & Toasted Red Onion.

SUNRISE PIGRA BOWL

R75

Spiced Cauliflower, Sweet Potato, Crunchy Chickpeas, Spinach, Hummus & Lemon Dressing.

Add Chicken

R35

PELAGOS BENEDICT

R95

Toasted English Muffin, Prosciutto, Poached Eggs & Hollandaise Sauce.

ADD ONS

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| Egg | R10 |
| Two Streaky Bacon | R20 |
| Grilled Mushrooms | R25 |

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| Boerewors | R20 |
| Avo | R25 |



BETWEEN BREAD

CHOICE OF BREAD: WHITE, BROWN, SOURDOUGH OR A WRAP

THE BACON & BRIE PRESS

Streaky Bacon, Brie Cheese, Rocket & Red Onion Marmalade.

R90

CHICKEN CLUB

Chicken Breast, Bacon, Avo, Rocket, Basil Pesto Mayo & Sun-Dried Tomatoes.

R95

CHARRED STEAK & CHEDDAR

Sliced Steak, Mature Cheddar, Mixed Leaves, Mayo & Tomato Compote.

R105

ADD A PORTION

Hand Cut Chips

R35

Sweet Potato Fries

R35

LIGHT MEALS

SERVED FROM 12:00PM

PERI-PERI CHICKEN LIVERS

Chicken Livers in a Creamy Peri-Peri Sauce, Sun-Dried Tomatoes, Garlic Mayo, Red Onion Crisp & Sourdough Toast.

R70

SPANAKOPITA

Creamed Spinach, Baked Feta, Mixed Leaves, Parmesan & Pesto Mayo.

R85

BUTTERMILK FRIED CHICKEN BITES

Crispy Fried Deboned Chicken Thigh, Honey & Soy Drizzle, Toasted Nut Crumble & Sweet Chilli Dip.

R75

LEMON & HERB CALAMARI

Crispy Fried Calamari Strips, Lemon Mayo & Slice of Lime.

R85

SALADS

SERVED FROM 12:00PM

AVOCADO, BERRY & BILTONG SALAD

R135

Seasonal Berries, Biltong Slices, Creamy Feta, Rocket, Pickled Cucumber, Avo, Roasted Pecan Nuts & Balsamic Honey Dressing.

PELAGOS COBB SALAD

R130

Grilled Chicken, Bacon, Avo, Tomatoes, Soft Egg, Lettuce & Creamy Blue Cheese Drizzle.

ROAST CHICKPEA MEZZE BOWL

R125

Spiced Tahini Hummus, Mixed Leaves, Pickled Cucumber, Buffalo Mozzarella, Nut Crumble & Basil Dressing.

GREEK SALAD

R85

Lettuce, Cucumber, Rosa Tomatoes, Green Pepper, Red Onion, Feta, Olives & Herb Dressing.

BURGERS

SERVED FROM 12:00PM

THE CHEESE BURGER

R145

Toasted Bun, 180g Beef Patty or Chicken Fillet, Rocket, Cheddar Cheese served with a choice of side.

THE PELAGOS BURGER

R170

Toasted Bun, 180g Beef Patty or Chicken Fillet, Smoked Tomato & Bacon Jam, Mayo, Mozzarella, Pickles, Fresh Rocket & Onion Rings served with a choice of side.

THE BACON & BRIE BURGER

R175

Toasted Bun, 180g Beef Patty or Chicken Fillet, Brie Cheese, Sliced Fig, Streaky Bacon served with a choice of side.

FROM THE GRILL

SERVED FROM 12:00PM

SIRLOIN STEAK

200g Sirloin Steak with Toasted Baby Onions, Sun-Dried Tomato Aioli, served with a choice of side.

300g Sirloin Steak

R155

R210

BEEF FILLET

200g Beef Fillet with Toasted Baby Onions, Sun-Dried Tomato Aioli, served with a choice of side.

300g Beef Fillet

R230

R330

CHICKEN STACK

Grilled Chicken Breast topped with Thyme Cream Cheese, Sun-dried Tomato Pesto, grated Mozzarella & baked in the Oven served with a choice of side.

R185

PORK LOIN RIBS 500G

Served with a Fresh Coleslaw & choice of side.

R220

SAUCE SELECTION

R35 - Creamy Mushroom
- Brandy Peppercorn

R25 - Garlic Cream
- Gorgonzola

SIDE DISHES

HAND CUT POTATO WEDGES R35

SWEET POTATO FRIES R35

HAND CUT CHIPS R35

MASHED POTATOES R35

OVEN ROASTED VEGETABLES R35

SMALL GREEK SALAD R35

MAIN DISHES

SERVED FROM 12:00PM

RED WINE BRAISED LAMB SHANK R310

Served with Cheesy Sweet Potato Mash, Roasted Baby Carrots & Nut Crumble.

SOUS VIDE PORK BELLY R150

Served with Buttery Mashed Potatoes, Charred Baby Onions, Braised Red Cabbage & Sticky Honey Glaze.

BATTERED HAKE FILLET R155

Served with Lemon Crushed Peas, Carrot Chips & Sun-dried Tomato Aioli.

GRILLED TIGER PRAWNS R245

Cooked with Garlic Butter or Peri-Peri Sauce with a choice of side.

LINEFISH OF THE DAY R210

Served on Prawn Paella, Lemon & Dill Cream Sauce.

PASTAS

SERVED FROM 12:00PM

CHOICE OF: TAGLIATELLE OR PENNE PASTA

BOLOGNAISE R145

Beef Mince Bolognese Sauce, Grated Cheese & Fresh Parsley.

VERDE PESTO PASTA R80

Home Made Basil Pesto.

Add: Chicken Breast R35

RUSTIC CHICKEN BOSCAIOLA R125

Pan-Fried Chicken Breast, Shiitake Mushrooms, Creamy Bechamel Sauce & Grated Parmesan.



PIZZAS

SERVED FROM 12:00PM

CAPE COAST BIANCA R75

Olive Oil, Feta Cubes, Garlic & Fresh Parsley.

CLASSIC MARGHERITA R100

Napolitana Sauce, Oregano, Mozzarella Cheese & Fresh Basil.

THE CHEEZY ONE R145

Napolitana Sauce, Cheddar, Feta, Gorgonzola, Mozzarella & Fresh Parsley.

THE GOLDEN HARVEST R185

Sweet Roasted Pumpkin, Red Onion Marmalade, Spinach, Feta, Mozzarella & Roasted Walnuts.

TIKKA CHICKEN R190

Spicy Shredded Chicken, Red Pepper, Onion & Avo.

PIZZA ALA BUFFALO R195

Napolitana Sauce, Buffalo Mozzarella, Fresh Basil & Prosciutto Ham.

PORK ROYALE R210

Shredded Pork, Ham, Salami, Red Onion, Feta & Oregano.

PELAGOS PRIME R210

BBQ Steak, Peppers, Red Onion, Cheddar with fresh Arugula.

ADD ONS

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| Garlic | R10 | Salami | R25 |
| Parmesan | R10 | Roast Chicken | R30 |
| Peppers | R10 | Mozzarella | R30 |
| Red Onion Marmalade | R15 | Avo | R30 |
| Basil | R15 | Diced Bacon | R30 |
| Argula | R20 | Shredded Pork | R40 |
| Feta | R25 | Buffalo Mozzarella | R45 |
| Mushrooms | R25 | Prosciutto | R45 |
| Ham | R25 | BBQ Sirloin Steak | R55 |

FOR THE LITTLE ONES

SERVED FROM 12:00PM

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| BOLOGNAISE | R90 |
| Beef Mince Bolognese Sauce, Grated Cheese & Fresh Parsley. | |
| CHICKEN STRIPS | R60 |
| Crumbed Chicken Strips with Crispy Chips. | |
| BOERIE ROLL | R65 |
| Local Boerewors with Crispy Chips. | |
| HAKE GOUJONS | R90 |
| Battered Hake Pieces, Lemon with Crispy Chips. | |

FOR THE SWEET TOOTH

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| PORTOKALOPITA (GREEK ORANGE CAKE) | R75 |
| Whipped Mascarpone Cream & Oranges. | |
| BAKLAVA PARCEL | R110 |
| Glazed Mixed Nuts, Cinnamon, Honey Syrup, & Vanilla Ice Cream. | |
| ICE CREAM & BAR ONE CHOCOLATE SAUCE | R55 |
| Vanilla Ice Cream with Bar One Chocolate Sauce. | |
| DON PEDRO | |
| A truly decadent liquid dessert: vanilla ice cream blended with a single shot of your preferred liqueur. | |
| Amarula | R50 |
| Kahlua | R55 |
| Jameson | R60 |
| IRISH COFFEE | R55 |
| Strong brew, brown sugar, and semi-whipped cold cream, featuring your choice of J&B or Bells Whiskey. | |



YOUR LOCAL ESCAPE AWAITS



PELAGOS GARDENS

Located within The Cape Town Club, Pelagos brings refined dining to one of Cape Town's most historic and elegant private club settings.



PELAGOS CITY CENTRE

Located at 9 on Barrack, Pelagos offers convenient, modern city dining for hotel guests, local visitors and Cape Town travellers.



PELAGOS LANGEBAAN

Located at Villa Del Mare, Pelagos Langebaan brings relaxed coastal dining to the West Coast with hearty meals, warm service and a family-friendly atmosphere.



PELAGOS CENTURION

Located at Basden Wood Hotel, Pelagos Centurion offers a comfortable dining experience for breakfast, lunch and dinner in the heart of Centurion.



PELAGOS FORESHORE

Located at The Foreshore Hotel, Pelagos Foreshore offers a comfortable dining experience for breakfast, lunch and dinner in the heart of Cape Town.





SPECTRUM COLLECTION

ONE COLLECTION. MANY EXPERIENCES.

From city stays to wild escapes, these properties all belong to the Spectrum Collection, a family of places designed for comfort, connection and memorable moments.



9 ON BARRACK

A modern, city-center stay offering comfort, convenience and easy access to Cape Town's cultural heartbeat.



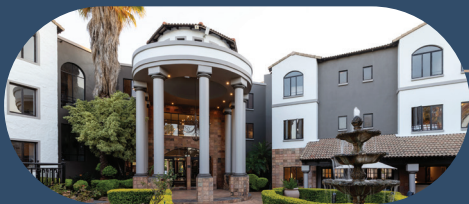
THE CAPE TOWN CLUB

A historic city landmark reimagined as a contemporary social and hospitality space with character and culture at its core.



VOLSTRUIS PALEIS

Heritage-rich Klein Karoo accommodation that feels warm, quiet and beautifully grounded in its small-town charm.



BASDEN WOOD

A boutique suite hotel in the heart of Centurion, with comfort, convenience and relaxed luxury for business and leisure stays.



ROOIBERG WILD

A private wilderness escape in the Klein Karoo, blending refined comfort with raw, wide-open nature.



FORESHORE HOTEL

A tranquil hotel in the heart of Cape Town, offering stylish comfort, Table Mountain views and easy access to the Mother City's landmarks.

