

PELAGOS

G A R D E N S





Pelagos is a space designed for connection, where good food, thoughtful detail & effortless elegance come together. Inspired by the vastness & calm of the open sea, every visit is about slowing down, sharing moments, & enjoying the experience beyond the plate.

CHEF'S CHOICE MENU

MAINS

SOUP OF THE DAY (V)

R125

Hand-crafted daily selection using seasonal harvest and artisanal techniques.

PRAWN LAKSA RAMEN BOWL

R175

Butter-Poached Prawns and hand-crafted Noodles presented in an aromatically infused Coconut and Chili Broth, finished with a Caramelized, flame-charred Lime.

MINI BUTTER CHICKEN BUNNY CHOW

R150

A gourmet reimagining of a Durban street classic. Rich, velvety Butter Chicken nestled inside a crisp, hand-rolled mini Loaf, crowned with a vibrant pop of house-made artisanal Pickles and fresh Coriander Micro-Herbs.

KINGKLIP MOSAIC

R275

A precision-pressed mosaic of local Kingklip, served over a gently emulsified Ginger Velouté, complemented by Butter-Glazed Pak Choi and a vibrant, cold-infused Paprika Oil.

PASTA VERDE (V)

R205

Activated charcoal Pappardelle, scorched heirloom Tomatoes, Asparagus tips, and whipped Labneh Dressing.

DESSERTS

BOTANICAL PANNA COTTA

R195

Ginger and Lime Tea-Infused Cream served with a Saffron-Milk Reduction.

BRANDIED CHEESECAKE (V)

R130

A Brandy-Infused baked Cream Cheesecake layered with a clarified Berry Gelée, paired with Vanilla Bean Ice Cream.



BREAKFAST

AVAILABLE UNTIL 11:00AM

EARLY BIRD

R108

Two Eggs, two Rashers of Streaky Bacon, Braised Tomato & Herbed Potatoes. Served with your choice of White Bread, Brown Bread or Sourdough toast.

PELAGOS FULL BREAKFAST

R174

Two Eggs, three Rashers of Bacon, Local Boerewors, Braised Tomato, Herbed Potatoes & Grilled Mushroom. Served with your choice of White Bread, Brown Bread or Sourdough toast.

MINI PICCOLINO

R54

Scrambled Egg, Bacon & Crispy Chips. Served with your Choice of White Bread, Brown Bread or Sourdough toast.

BUTTERMILK FLAPJACK

R132

Topped with Blueberry Compote, Crispy Bacon, Whipped Crème Fraiche drizzled with Maple Syrup.

SMASHED AVO ON TOAST (SEASONAL)

R102

Zesty Cream Cheese Spread topped with Avo & Toasted Red Onion.

SUNRISE PIGRA BOWL

R90

Spiced Cauliflower, Sweet Potato, Crunchy Chickpeas, Spinach, Hummus & Lemon Dressing.

Add Chicken

R42

PELAGOS BENEDICT

R114

Toasted English Muffin, Prosciutto, Poached Eggs & Hollandaise Sauce.

EGGS ROYALE

R210

With smoked Salmon.

EGGS FLORENTINE

R186

With fresh Spinach.

SMOKED SALMON AND EGGS

R174

Smoked Salmon and scrambled Eggs. Served with white, brown or Sourdough Bread.



BACON AND EGG CROISSANT

R150

Fresh Croissant filled with Egg and Bacon.

SALMON AND EGG CROISSANT

R186

Fresh Croissant filled with Salmon and Egg.

OMELETTE

R144

Freshly made Omelette - Mushrooms, Tomato, Cheddar, Bacon. Served with white, brown or Sourdough Bread.

ADD ONS

Egg

R12

Two Streaky Bacon

R24

Grilled Mushrooms

R30

Boerewors

R24

Avo

R30

BETWEEN BREAD

CHOICE OF BREAD: WHITE, BROWN, SOURDOUGH OR A WRAP

THE BACON & BRIE PRESS

R108

Streaky Bacon, Brie Cheese, Rocket & Red Onion Marmalade.

CHICKEN CLUB

R114

Chicken Breast, Bacon, Avo, Rocket, Basil Pesto Mayo & Sun-Dried Tomatoes.

CHARRED STEAK & CHEDDAR

R126

Sliced Steak, Mature Cheddar, Mixed Leaves, Mayo & Tomato Compote.

ADD A PORTION

Hand Cut Chips

R42

Sweet Potato Fries

R42

LIGHT MEALS

SERVED FROM 12:00PM

PERI-PERI CHICKEN LIVERS

R84

Chicken Livers in a Creamy Peri-Peri Sauce, Sun-Dried Tomatoes, Garlic Mayo, Red Onion Crisp & Sourdough Toast.

SPANAKOPITA

R102

Creamed Spinach, Baked Feta, Mixed Leaves, Parmesan & Pesto Mayo.

BUTTERMILK FRIED CHICKEN BITES

R90

Crispy Fried Deboned Chicken Thigh, Honey & Soy Drizzle, Toasted Nut Crumble & Sweet Chilli Dip.

LEMON & HERB CALAMARI

R102

Crispy Fried Calamari Strips, Lemon Mayo & Slice of Lime.

SALADS

SERVED FROM 12:00PM

AVOCADO, BERRY & BILTONG SALAD

R162

Seasonal Berries, Biltong Slices, Creamy Feta, Rocket, Pickled Cucumber, Avo, Roasted Pecan Nuts & Balsamic Honey Dressing.

PELAGOS COBB SALAD

R156

Grilled Chicken, Bacon, Avo, Tomatoes, Soft Egg, Lettuce & Creamy Blue Cheese Drizzle.

ROAST CHICKPEA MEZZE BOWL

R150

Spiced Tahini Hummus, Mixed Leaves, Pickled Cucumber, Buffalo Mozzarella, Nut Crumble & Basil Dressing.

GREEK SALAD

R102

Lettuce, Cucumber, Rosa Tomatoes, Green Pepper, Red Onion, Feta, Olives & Herb Dressing.

BURGERS

SERVED FROM 12:00PM

THE CHEESE BURGER

R174

Toasted Bun, 180g Beef Patty or Chicken Fillet, Rocket, Cheddar Cheese served with a choice of side.

THE PELAGOS BURGER

R204

Toasted Bun, 180g Beef Patty or Chicken Fillet, Smoked Tomato & Bacon Jam, Mayo, Mozzarella, Pickles, Fresh Rocket & Onion Rings served with a choice of side.

THE BACON & BRIE BURGER

R210

Toasted Bun, 180g Beef Patty or Chicken Fillet, Brie Cheese, Sliced Fig, Streaky Bacon served with a choice of side.

FROM THE GRILL

SERVED FROM 12:00PM

SIRLOIN STEAK

R186

200g Sirloin Steak with Toasted Baby Onions, Sun-Dried Tomato Aioli, served with a choice of side.

300g Sirloin Steak

R252

BEEF FILLET

R276

200g Beef Fillet with Toasted Baby Onions, Sun-Dried Tomato Aioli, served with a choice of side.

300g Beef Fillet

R396

CHICKEN STACK

R222

Grilled Chicken Breast topped with Thyme Cream Cheese, Sun-dried Tomato Pesto, grated Mozzarella & baked in the Oven served with a choice of side.

PORK LOIN RIBS 500G

R264

Served with a Fresh Coleslaw & choice of side.



SAUCE SELECTION

R42

- Creamy Mushroom
- Brandy Peppercorn

R30

- Garlic Cream
- Gorgonzola

SIDE DISHES

HAND CUT POTATO WEDGES	R42
SWEET POTATO FRIES	R42
HAND CUT CHIPS	R42
MASHED POTATOES	R42
OVEN ROASTED VEGETABLES	R42
SMALL GREEK SALAD	R42

MAIN DISHES

SERVED FROM 12:00PM

RED WINE BRAISED LAMB SHANK R372

Served with Cheesy Sweet Potato Mash, Roasted Baby Carrots & Nut Crumble.

SOUS VIDE PORK BELLY R180

Served with Buttery Mashed Potatoes, Charred Baby Onions, Braised Red Cabbage & Sticky Honey Glaze.

BATTERED HAKE FILLET R186

Served with Lemon Crushed Peas, Carrot Chips & Sun-dried Tomato Aioli.

GRILLED TIGER PRAWNS R294

Cooked with Garlic Butter or Peri-Peri Sauce with a choice of side.

LINEFISH OF THE DAY R252

Served on Prawn Paella, Lemon & Dill Cream Sauce.

PASTAS

SERVED FROM 12:00PM

CHOICE OF: TAGLIATELLE OR PENNE PASTA

BOLOGNESE

R174

Beef Mince Bolognese Sauce, Grated Cheese & Fresh Parsley.

VERDE PESTO PASTA

R96

Home Made Basil Pesto.

Add: Chicken Breast

R42

RUSTIC CHICKEN BOSCAIOLA

R150

Pan-Fried Chicken Breast, Shiitake Mushrooms, Creamy Bechamel Sauce & Grated Parmesan.

PIZZAS

SERVED FROM 12:00PM

CAPE COAST BIANCA

R90

Olive Oil, Feta Cubes, Garlic & Fresh Parsley.

CLASSIC MARGHERITA

R120

Napolitana Sauce, Oregano, Mozzarella Cheese & Fresh Basil.

THE CHEEZY ONE

R174

Napolitana Sauce, Cheddar, Feta, Gorgonzola, Mozzarella & Fresh Parsley.

THE GOLDEN HARVEST

R222

Sweet Roasted Pumpkin, Red Onion Marmalade, Spinach, Feta, Mozzarella & Roasted Walnuts.

TIKKA CHICKEN

R228

Spicy Shredded Chicken, Red Pepper, Onion & Avo.

PIZZA ALLA BUFFALO

R234

Napolitana Sauce, Buffalo Mozzarella, Fresh Basil & Prosciutto Ham.

PORK ROYALE

R252

Shredded Pork, Ham, Salami, Red Onion, Feta & Oregano.

PELAGOS PRIME

R252

BBQ Steak, Peppers, Red Onion, Cheddar with fresh Arugula.

ADD ONS

Garlic	R12
Parmesan	R12
Peppers	R12
Red Onion Marmalade	R18
Basil	R18
Arugula	R24
Feta	R30
Mushrooms	R30
Ham	R30

Salami	R30
Roast Chicken	R36
Mozzarella	R36
Avo	R36
Diced Bacon	R36
Shredded Pork	R48
Buffalo Mozzarella	R54
Prosciutto	R54
BBQ Sirloin Steak	R66

FOR THE LITTLE ONES

SERVED FROM 12:00PM

BOLOGNESE

R108

Beef Mince Bolognese Sauce, Grated Cheese & Fresh Parsley.

CHICKEN STRIPS

R72

Crumbed Chicken Strips with Crispy Chips.

BOERIE ROLL

R78

Local Boerewors with Crispy Chips.

HAKE GOUJONS

R108

Battered Hake Pieces, Lemon with Crispy Chips.



FOR THE SWEET TOOTH

PORTOKALOPITA (GREEK ORANGE CAKE)

R90

Whipped Mascarpone Cream & Oranges.

BAKLAVA PARCEL

R132

Glazed Mixed Nuts, Cinnamon, Honey Syrup, & Vanilla Ice Cream.

ICE CREAM & BAR ONE CHOCOLATE SAUCE

R66

Vanilla Ice Cream with Bar One Chocolate Sauce.

DON PEDRO

A truly decadent liquid dessert: vanilla ice cream blended with a single or double shot of Amarula.

Single Shot

R52

Double Shot

R75

IRISH COFFEE

R66

Strong brew, brown sugar, and semi-whipped cold cream, featuring your choice of J&B or Bells Whiskey.



YOUR LOCAL ESCAPE AWAITS



PELAGOS GARDENS

Located within The Cape Town Club, Pelagos brings refined dining to one of Cape Town's most historic and elegant private club settings.



PELAGOS CITY CENTRE

Located at 9 on Barrack, Pelagos offers convenient, modern city dining for hotel guests, local visitors and Cape Town travellers.



PELAGOS LANGEBAAN

Located at Villa Del Mare, Pelagos Langebaan brings relaxed coastal dining to the West Coast with hearty meals, warm service and a family-friendly atmosphere.



PELAGOS CENTURION

Located at Basden Wood Hotel, Pelagos Centurion offers a comfortable dining experience for breakfast, lunch and dinner in the heart of Centurion.



PELAGOS FORESHORE

Located at The Foreshore Hotel, Pelagos Foreshore offers a comfortable dining experience for breakfast, lunch and dinner in the heart of Cape Town.





SPECTRUM
COLLECTION

ONE COLLECTION. MANY EXPERIENCES.

From city stays to wild escapes, these properties all belong to the Spectrum Collection, a family of places designed for comfort, connection and memorable moments.



9 ON BARRACK

A modern, city-center stay offering comfort, convenience and easy access to Cape Town's cultural heartbeat.



THE CAPE TOWN CLUB

A historic city landmark reimagined as a contemporary social and hospitality space with character and culture at its core.



VOLSTRUIS PALEIS

Heritage-rich Klein Karoo accommodation that feels warm, quiet and beautifully grounded in its small-town charm.



BASDEN WOOD

A boutique suite hotel in the heart of Centurion, with comfort, convenience and relaxed luxury for business and leisure stays.



ROOIBERG WILD

A private wilderness escape in the Klein Karoo, blending refined comfort with raw, wide-open nature.



FORESHORE HOTEL

A tranquil hotel in the heart of Cape Town, offering stylish comfort, Table Mountain views and easy access to the Mother City's landmarks.

