# The Leadership Evolution Spectrum

**100% FLOW**

Slipstreaming, intuitive strategy, wisdom-led
Regenerative, visionary, high-trust steward.

Deep listening, mentoring, team uplift,
Empowering, caring, humble leader.

Strong boundaries, clear communication,
Embodied, grounded, intentional leader.

**50% FLOW**

Honest conversations, asking for help,
delegating, taking empowered risks, shifting
Vulnerable, trusting, aligned leader.

**50% FORCE**

*(The Point of Surrender)*

Over-analysis, needing the last word,
Competent, perfectionist, rigid leader.

Micromanaging, over-efforting, grinding,
Husled led, self-reliant, hard working leader.

**100% FORCE**

Avoidance, collapsing boundaries, hiding
Self-protecting, reactive, fearful leader.

ALEXANDRA JOY