

The Release that Multiplies

The Final Act of Leadership Is Release — and It's What Makes Leadership Last.

Help senior leaders carry the emotional weight of leadership well, step back on purpose, and extend their influence beyond the room — so what they built grows stronger in their absence.

LEVEL

Multiply · The Multiplier Leader Track

FORMAT

Half-Day Workshop (≈ 4 hours)

BEST FOR

CEOs, founders, and senior leaders scaling beyond themselves

THE BUSINESS PROBLEM

Senior leaders often master everything the earlier work asks of them — they lead themselves, build strong relationships, and install the systems that scale — and still carry the whole weight of the organization on their chest. Every load routes to them; every room needs them; the leadership still depends on their presence.

The work now is different. The Release that Multiplies helps leaders carry the emotional weight of leadership well, release on purpose by measuring what they unlock in others, and extend their influence beyond the room — so what they built grows stronger in their absence, not weaker.

BEST FOR

- ▶ CEOs and founders scaling beyond themselves — the leadership still runs through them
- ▶ Senior leaders planning succession who need influence to outlast their presence
- ▶ Leaders carrying the emotional weight of everyone depending on them
- ▶ Executives ready to build a legacy of leaders, not a monument to themselves

EXPECTED OUTCOMES

- ▶ Name and carry the emotional weight of leadership without staying central
- ▶ Release on purpose — measure success by what you unlock, not what you produce
- ▶ Lead leaders who lead leaders, trading direction for belief
- ▶ Build influence that holds when you're no longer in the room
- ▶ Redefine legacy as what you build ahead in the people you shaped

WHAT PARTICIPANTS WILL LEARN

- ▶ Recognize emotional labor as the hidden cost that keeps leaders exhausted and central
- ▶ Use Carry → Release → Endure to release on purpose
- ▶ Adopt the posture of leading leaders — less answering, more elevating
- ▶ Distinguish presence-dependent reach from influence that endures
- ▶ Build legacy as a mirror, and step into the Multiplier Life

SIGNATURE FRAMEWORKS

- **The Release That Multiplies** — Anchor Framework #1. Carry → Release → Endure — measure success by what you unlock, not what you produce.
- **The Emotional Weight of Leadership** — Why emotional labor is the hidden cost that keeps leaders central and exhausted.
- **Leading Leaders** — Why leading leaders demands a different posture — less answering, more elevating; less direction, more belief.
- **Influence Without Proximity** — Why influence that depends on your presence is not yet multiplication.
- **Legacy Leadership & The Multiplier Life** — Anchor Framework #2. Legacy as what you build ahead — the threshold where leadership becomes who you are.

DELIVERY OPTIONS

- 90-minute leadership briefing
- Half-day workshop (recommended default)
- Full-day workshop
- Multi-week cohort
- Private team training & coaching

TAKE THE NEXT STEP

For individuals: Register for an upcoming public class.

For teams: Bring The Release that Multiplies in-house as a private workshop or

SCAN TO GET STARTED

cohort.

dynamomethods.com

training@dynamomethods.com



Register



Train my team