

Dr Karel Wildschut
Consultant Old Age Psychiatrist

Send enquiries and /or instructions to my personal secretary , who will respond to you within 24 business hours, with a written proposal for the supply of expert evidence.

✉ reports@britishmedicalexperts.com

Dr Karel Wildschut

MBChB, MRCPsych

Dr Karel Wildschut is a Consultant Old Age Psychiatrist with extensive experience in community-based psychiatry, specialising in the assessment and management of dementia, cognitive disorders and complex mental health conditions in later life. He has been a Consultant with Cambridgeshire and Peterborough NHS Foundation Trust since 2019.

He has over two decades of psychiatric experience, including roles as a specialty doctor, registrar and consultant. His clinical practice focuses on cognitive impairment, dementia syndromes, and complex psychiatric presentations in older adults.

Dr Wildschut has a particular interest in medico-legal work, including mental capacity assessments and the preparation of court reports. His work aligns closely with the Mental Capacity Act and issues relating to decision-making, safeguarding and vulnerability in older adults.

My Profile & Key Experience

Areas of Expertise

- Old age psychiatry
- Dementia and cognitive disorders
- Mental capacity assessments
- Complex psychiatric presentations in later life
- Safeguarding and vulnerability
- Community psychiatry
- Psychological aspects of ageing

Reporting Profile

Average Turnaround: 2-4 weeks *subject to complexity of cases

Court Experience: Experience preparing mental capacity assessments and court reports.
Willing to provide oral evidence if required.

Compliance:

Reports prepared in accordance with:

- CPR Part 35
- Mental Capacity Act
- Relevant psychiatric and legal frameworks

Strengths:

- Consultant specialising in old age psychiatry and dementia
- Extensive experience in mental capacity assessment
- Strong understanding of safeguarding and vulnerability in older adults
- Leadership experience as Clinical Director
- Community-based practice with real-world decision-making insight

Qualifications

- MBChB – University of Stellenbosch (1995)
- MRCPsych – Royal College of Psychiatrists (2015)
- Approved Clinician Status (2019)

My Career History & Clinical Roles

Current Clinical Role

Consultant Old Age Psychiatrist
Cambridgeshire and Peterborough NHS Foundation Trust (2019–Present)

Previous Roles

Interim Clinical Director – Old Age Psychiatry (2020–2023)

Higher Specialist Training – Eastern Psychiatry Rotation (2012–2019)

Specialty Doctor – Old Age Psychiatry, Southern Health NHS Foundation Trust (2001–2012)

General Practitioner – South Africa (1998–2000)

Medico-Legal Training Highlights / CPD

Ongoing CPD through Royal College of Psychiatrists (Old Age Psychiatry Faculty and International Congress)

Mental Capacity Act–focused clinical practice

Experience preparing court reports in psychiatric settings

For enquiries or instructions:

Email: reports@britishmedicalexperts.com