



MONTESSORI OF BREA

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ONGOING MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	AM Snack Wheat Thins Carrots	2	AM Snack Nilla Wafers Yogurt	3	AM Snack Graham Crackers Buttered Corn	4	AM Snack Ritz Crackers Pineapple Chunks	5	AM Snack Goldfish Crackers Applesauce
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
8	AM Snack Saltine Crackers Stirring Cheese	9	AM Snack Club Crackers Apple Slices	10	AM Snack Cheez-Its Bananas	11	AM Snack Cheerios Mandarin Oranges	12	AM Snack Animal Crackers Cucumber Slices
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
15	AM Snack Wheat Thins Carrots	16	AM Snack Nilla Wafers Yogurt	17	AM Snack Graham Crackers Buttered Corn	18	AM Snack Ritz Crackers Pineapple Chunks	19	AM Snack Goldfish Crackers Applesauce
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
22	AM Snack Saltine Crackers Stirring Cheese	23	AM Snack Club Crackers Apple Slices	24	AM Snack Cheez-Its Bananas	25	AM Snack Cheerios Mandarin Oranges	26	AM Snack Animal Crackers Cucumber Slices
MONDAY		TUESDAY		WEDNESDAY		Serving Size Guidelines		(Ages 2–6)	
29	AM Snack Wheat Thins Carrots	30	AM Snack Nilla Wafers Yogurt	31	AM Snack Graham Crackers Buttered Corn	Milk/Dairy: ¾ cup (6 oz) milk or equivalent Meat/Meat Alternate: ½ oz equivalent Fruits & Vegetables: ½ cup Grains/Bread: ½ serving			

Menu is subject to change without notice based on availability. Water is offered at every snack.