Dear Families,

On _____, our students will participate in a scheduled lockdown drill. Before the drill, we will read *Lockdown Drill: A Crouching Tigers Safety Story*, a children's book created specifically to help young children understand and practice school safety procedures in a calm, age-appropriate way.

Young children learn best through stories, repetition, and simple language. *Lockdown Drill* introduces the idea of practicing a school safety plan without frightening language or scenarios that may be difficult for young children to understand.

In the book, the teacher explains it simply: **"We practice Lockdown Drills to keep us safe if someone or something that doesn't belong is at our school."** We will use those same words with your child, and you can use them at home too.

During the drill, students will practice four simple skills from the book:

1. **Calm bodies:** take a deep breath and keep your body still and slow.
2. **Locked lips:** "lock" your lips with an invisible key and stay very quiet.
3. **Listening ears:** listen to your teacher and follow directions right away.
4. **Together, we are safe:** stay with your class in your Special Safety Spot.

Our goal is for children to leave the experience feeling prepared and reassured, with the understanding that their teachers have a plan to help keep them safe.

Following the drill, we will also send you *Talking to Young Children About Lockdown Drills*, a free family guide with suggested language, questions, and ideas to help you continue the conversation in a reassuring, age-appropriate way.

Read *Lockdown Drill* at Home

If you'd like to read *Lockdown Drill: A Crouching Tigers Safety Story* with your child at home or have a copy to revisit together:

Buy the book on Amazon: [AMAZON LINK]
Learn more: crouchingtigers.com/lockdowndrill

Can't wait for the family guide? Get it now, plus more free resources from Crouching Tigers, at **crouchingtigers.com/lockdownguides**

Thank you for partnering with us as we help children practice important safety skills with confidence rather than fear.

Warmly,

SCHOOL OR PROGRAM NAME

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