

## THE LIVELY CLUB

Lively Memberships are the best way to save on services every month.

From wellness to aesthetics, members receive exclusive perks, priority access, and monthly savings that make self-care simple and consistent.

[Explore Memberships Here](#)

## WHAT'S COMING

- Learn with Lively | April 22st VIRTUAL at 6:00 PM

Join our FREE Virtual event and learn all about Detox Your Body.

- Spring Specials Now Live

This month we're focusing on renewal from the inside out. Explore treatments designed to support energy, digestion, skin, and overall wellness.

- Refill Requests Now Live

You can now request prescription refills directly through our website — no phone call needed. Simple, fast, and convenient.

## TEAM MEMBER SPOTLIGHT

Kristi Johnson, LE

We are excited to spotlight Kristi, our Paramedical Tattoo Specialist at Lively.

Kristi is a Licensed Aesthetician with 17 years in the beauty industry and 6 years specializing in permanent makeup. She is certified in both PMU and paramedical tattooing.

She specializes in scar revision and stretch mark camouflage, helping restore the skin's appearance while supporting clients in feeling confident in their bodies again.

Known for her trauma-informed approach, Kristi creates a safe and supportive environment where beauty and restoration come together.

We're grateful to have her as part of our team and community.



## TESTIMONIAL HIGHLIGHT

Love Lively Integrative Health! The team is knowledgeable, welcoming, and truly listens. I came in feeling exhausted, dealing with brain fog and low energy, and I finally feel like myself again. Highly recommend!

## LIVELY REWARDS

Share Lively with a friend and you'll both earn \$25 when they book their first appointment.

It's our way of saying thank you for helping us grow this amazing community.

[START EARNING HERE](#)

# ALL THINGS LIVELY

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## SPRING DETOX AT LIVELY

This month at Lively, we're focused on helping you reset, restore, and step into a new season feeling your best.

If you've been experiencing low energy, brain fog, bloating, skin issues, or stubborn weight, your body may be asking for support.

Our April focus is on detoxing and replenishing from the inside out. From IV therapy and targeted treatments to personalized wellness plans, we're here to help your body function the way it was designed to.

When your body is supported, everything changes. You feel clearer, lighter, more energized, and more like yourself again.

Schedule a consultation to find the right approach for you and explore all of our Spring Detox specials this month.