

THE LIVELY CLUB

Lively Memberships are the easiest way to stay consistent with your health and wellness goals while saving while you do it.

From wellness and hormone support to aesthetics, members enjoy exclusive perks, priority access, and monthly savings that make it easier to invest in your health year-round.

[Explore Memberships Here](#)

WHAT'S COMING

- **Learn with Lively | Men's Health**

This month's Learn With Lively feature focuses on men's hormones, energy, metabolism, sexual health, and overall wellness.

Watch our educational video anytime this month and learn how optimizing your health can help you feel your best.

[CLICK HERE TO WATCH](#)

- **June Specials Now Live**

Our June promotions are here, including men's health consultations, hormone evaluations, wellness injections, and aesthetic treatments.

[VIEW JUNE SPECIALS](#)

TEAM MEMBER SPOTLIGHT

Gabby Rodriguez, MA

Gabby is currently attending nursing school while balancing life as a busy mom of three. Her passion for healthcare comes from a genuine desire to help others improve their health and well-being.

Whether she's caring for patients, studying for exams, or supporting her family, Gabby brings positivity, dedication, and compassion to everything she does.

Her commitment to learning and serving others makes her an incredible part of the Lively team.

We're grateful to have Gabby with us and look forward to watching her continue to grow throughout her nursing journey.



REFERRAL WINNER

This month, we're celebrating someone who truly shared the love.

Rebecca Podolsky is our Referral Winner for May, referring the most friends to Lively.

As a thank-you, she'll receive a special prize from us.

LIVELY REWARDS

Share Lively with a friend and you'll both **earn \$25** when they book their first appointment.

It's our way of saying thank you for helping us grow this amazing community.

[START EARNING HERE](#)

ALL THINGS LIVELY

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JUNE AT LIVELY

This month is all about helping men take control of their health, energy, and confidence.

Many men experience fatigue, weight gain, low motivation, decreased performance, and changes in libido without realizing there may be an underlying cause.

That's why our June focus is Men's Health.

We've created special offers designed to make it easier to get answers, understand what's happening inside your body, and develop a personalized plan for feeling your best.

Whether you're interested in optimizing hormones, improving sexual health, boosting energy, or simply learning more about your options, we're here to help. When your health is working for you, everything feels different. You have more energy, better focus, greater confidence, and the ability to show up as your best self.

Take a look at everything we're offering this month and find the support that's right for you.