CHARACTER TRAITS

YOUR CHARACTER TRAITS ARE YOUR UNIQUE QUALITIES THAT YOU EMBRACE IN YOUR DAY-TO-DAY LIFE.

They are a reflection of who you are, and are often noticed and appreciated by those around you. Referencing the Character Trait List on the back of this page, pick 5-8 character traits and choose one of the following options:

1. Write a letter addressed to your future self, 20 years later, or

2. Write your own obituary, or, a farewell letter to your loved ones.

CHARACTER TRAITS

KIND:
Consistently compassionate and considerate towards others.

LOVING:
Showed deep affection for family and friends.

GENEROUS:
Willingly gave their time, resources, and support to those in need.

COMPASSIONATE:
Felt empathy and concern for the suffering of others.

FORGIVING:
Able to let go of anger and resentment.

HONEST:
Always truthful and sincere in their words and actions.

LOYAL:
Devoted and faithful to their loved ones and commitments.

COURAGEOUS:
Faced challenges with bravery and determination.

RESILIENT:
Bounced back from setbacks and adversity.

OPTIMISTIC:
Maintained a positive outlook on life, even in difficult times.

HUMBLE:
Recognized their own strengths and weaknesses.

PATIENT:
Tolerant and understanding of others' shortcomings.

WISE:
Possessed deep understanding and insight into life.

CREATIVE:
Expressed themselves through art, music, writing, or other forms.

INDEPENDENT:
Self-reliant and capable of making their own decisions.

STRONG:
Physically, emotionally, and mentally robust

DETERMINED:
Persevered in the face of obstacles to achieve their goals.

PASSIONATE:
Enthusiastic and driven about their interests and pursuits.

ADVENTUROUS:
Eager to explore new experiences and embrace the unknown.

CURIOUS:
Always seeking knowledge and understanding.

NURTURING:
Provided care and support to those around them.

SUPPORTIVE:
Encouraged and uplifted others in their endeavors.

INSPIRING:
Motivated and encouraged others to reach their full potential.

THOUGHTFUL:
Considered the feelings and needs of others.

GRACEFUL:
Moved through life with elegance and poise

HOPEFUL:
Believed in a brighter future.

INTEGRITY:
Upright and honest in all their dealings.

AUTHENTIC:
True to themselves and their values.

UNSELFISH:
Prioritized the well-being of others above their own.

EMPATHETIC:
Able to understand and share the feelings of others.

MEANINGFUL:
Lived a life of purpose and made a positive impact on the world.

DEPENDABLE:
Reliable and trustworthy, always fulfilling their commitments.

FAITHFUL:
Steadfast in their beliefs and loyal to their values.

STRATEGIC:
Able to plan and make decisions effectively to achieve long-term goals.

JOYFUL:
Found happiness and contentment in life experiences.

PEACEFUL:
Cultivated inner tranquility and harmony

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