

Is Your Dog's Gut Asking for Help?

A simple checklist – because sometimes the signs are hiding in plain sight.

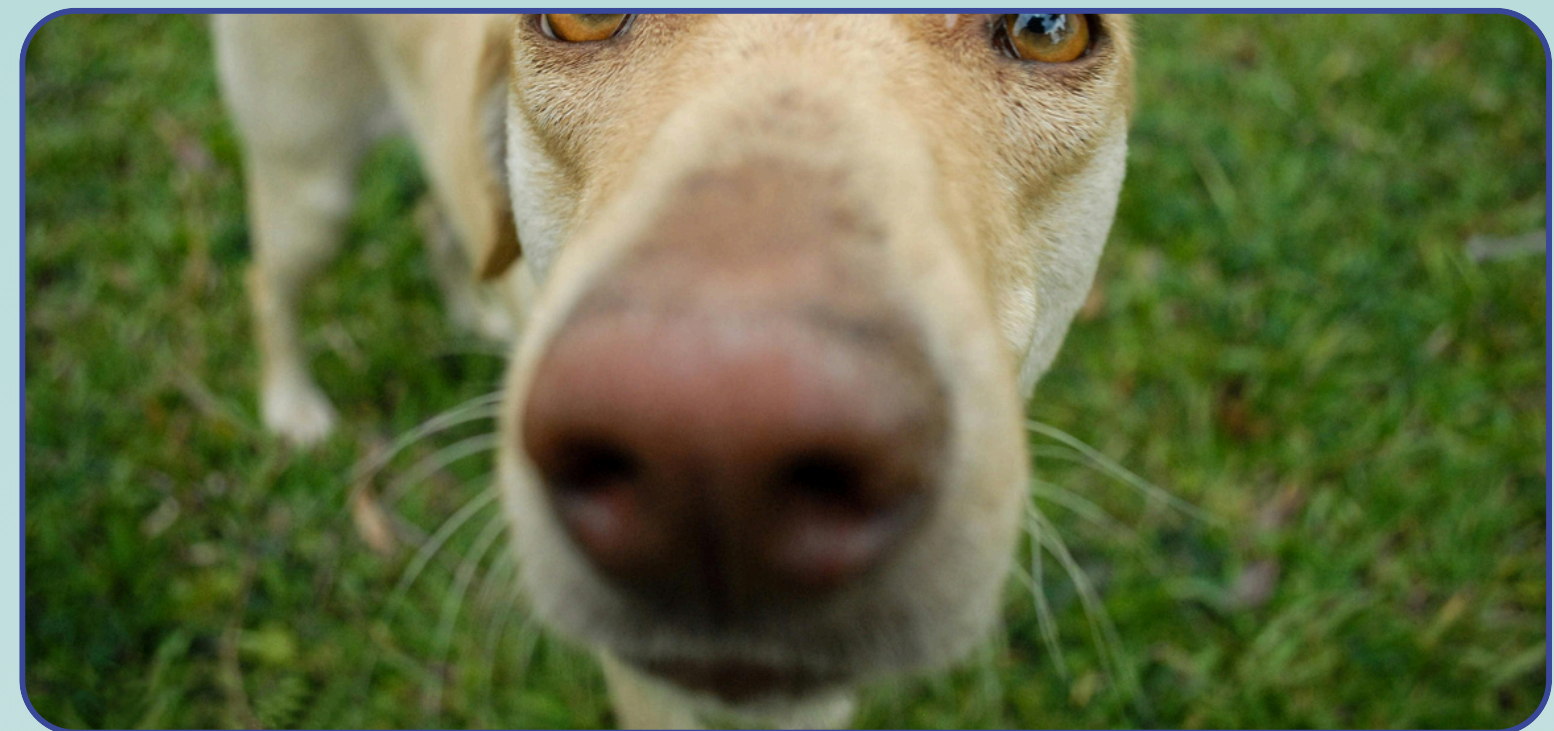
Your dog can't tell you when something feels off.
But their body is talking – in small, easy-to-miss signals that most of us were never taught to look for.

None of these signs on their own are an emergency. But together, they tell a story.
Run through this list next time you're hanging out with your dog.



Digestive Signs

- ☐ A red line along the gums (a gingival line)
- ☐ Halitosis – persistent bad breath
- ☐ Gurgling or rumbling sounds from the stomach
- ☐ Lip smacking 15 minutes or more after eating
- ☐ Hard or effortful swallowing 15 minutes or more after eating



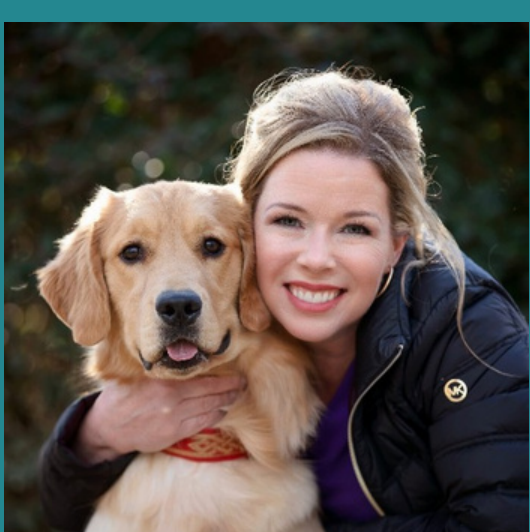
Coat & Pigment Signs

- ☐ Dull coat – lacking shine or vibrancy
- ☐ Poor color contrast between coat markings
- ☐ Decreased pigment in the nose
- ☐ Decreased pigment around the eyes or lips
- ☐ Coat looks dusty or dull near the skin at the base of the hair
- ☐ Base of coat is lighter than the mid-shaft to tip of the fur



See three or more? Your furbaby's gut is asking for a reboot.

This isn't about panic – it's about information. These signs are your dog's way of telling you the digestive pathway isn't firing the way it should. The good news? This is fixable. It just starts with noticing.



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This Pocket Guide is a companion to the [Dr. Pam Unleashed](#) episode 24 - Power to the Puppy™: Building the Foundation part 3 - The Gut Reconditioning – What's Really Going On Underneath.