

Is Testosterone Restoration Therapy Right for Your Dog?

A Guide Before You Start – a companion to Episode 3 of The Gland Effect: Testosterone Restoration.
This isn't a recap. It's what to actually bring to that first conversation.



Before You Start: What Screening Involves

- ✓ Baseline labs, including testosterone level (required)*
- ✓ Baseline chest/abdominal imaging – required for older dogs, optional but encouraged for younger dogs (regular vet or imaging center)
- ✓ Signed waiver – this is an off-label, repurposed use of an existing therapy

*Must be run by Dr. Pam or your treating veterinarian for this therapy.



Once Therapy Begins: Ongoing Monitoring

- ✓ Bloodwork every 6 months
- ✓ Testosterone levels checked quarterly
- ✓ Dosing adjusted based on response – this isn't a set-and-forget protocol



Questions to Bring Your Vet

- ? Is my dog a candidate for this?
- ? What would we actually be watching for, in labs and at home?
- ? What does the monitoring schedule look like for my dog specifically?
- ? What are the realistic expectations – what might improve, and what might not?

THE HONEST BOTTOM LINE

- i This is genuinely early-stage. We're on the ground floor.
- i Currently offered for male dogs. Hormone replacement for females isn't available yet – their six-month reproductive cycle makes the protocol much harder to design, but it's something actively being worked toward.
- i Not every dog is a candidate. That's exactly why the screening exists.



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This Pocket Guide is a companion to the [Dr. Pam Unleashed](#) episode 27 - The Gland Effect, Part 3: Testosterone Restoration.