



PERFORMANCE TEAM HANDBOOK

A COMPREHENSIVE GUIDE TO CLASSES,
COSTUMES, TEAM EXPECTATIONS,
COMPETITIONS, AND MORE!

2026



At Dance Sensations, we have a dedicated performance team stream for dancers who wish to have more performance opportunities.

PERFORMANCE TEAMS AT DS

Our Performance Teams are for dancers who want to be part of a team who have more performance opportunities and a new level of challenge in classes. Team members will learn 2 routines throughout the year to perform at select eisteddfods or some community events. Performance teams are a happy medium between our recreational classes and our competitive troupe program, and the perfect pathway for those students who are interested in taking the next step towards joining our Competitive Troupe teams and build on their technique and skills. Performance Teams are open to all students and have fewer requirements than that of our Troupe teams.

2026 PERFORMANCE TEAM MINIMUM REQUIREMENTS

PERFORMANCE TEAM	BALLET	TECH	TEAM	CLASS DAYS
SPARKLERS K-2	1 CLASS	1 CLASS	1 CLASS	WEDS, THURS
RUBIES YEAR 3-6	1 CLASS	1 CLASS	1 CLASS	WEDS, THURS
DIAMONDS YEAR 7+	1 CLASS	1 CLASS	1 CLASS	MON, THURS



COMMITMENT

At Dance Sensations we have high expectations for comp team students regarding attendance, behaviour, and embodiment of our core values. Dance is a team sport, and as such it is very important that all members are committed equally. We understand that things come up, however we expect our students to not miss their classes lightly and only when very unwell. If you are planning a holiday that falls on one of the performances or eisteddfods, please let us know at the beginning of the year so their teacher can make appropriate adjustments if/where required.

Our comp team students are selected because they already demonstrate respect, reliability, kindness, and a consistent pursuit of excellence. These teams serve as ambassadors for our studio, and we are so proud to have them represent us both on and off the stage.

PERFORMANCES & EISTEDDFODS

Each year our Comp Teams compete in a number of performance opportunities, these are held normally in the Illawarra and Sydney Region.

PERFORMANCE TEAM

3 EVENTS / EISTEDDFODS

PERF TEAMS KEY DATES

TERM 1

COMP TEAMS CONNECT EVENT
FRIDAY 20TH MARCH 6PM

PREPARATION TERM

1st routine choreographed and
prepared for stage

TERM 2

MID-YEAR CONCERTS
FRI 26TH & SAT 27TH JUNE
SHOALHAVEN INDOOR
SPORTS CENTRE

TERM 3

INSPIRE ARTS CHALLENGE
22ND & 23RD AUGUST
PENRITH

TERM 4

TIME TO SHINE
11TH OCTOBER
ILLAWARRA

EBSDN

14TH & 15TH NOVEMBER
ILLAWARRA

END-OF-YEAR CONCERT
FRI 11TH & SAT 12TH DEC
SHOALHAVEN ENT CENTRE





FEES

Classes are priced as per our Dance Sensations fee schedule and are eligible for discounts as per our package pricing. Classes are charged per 45min increment.

COSTUMES

Performance Team Costumes are approximately \$150 - \$200 each per routine. A deposit of \$100 per routine will be charged in the last week of Term 1 and Term 2 with the balance due at a later date around costume arrival.

Fees are added to your debit in the relevant week automatically.

PERFORMANCES & EISTEDDFODS

Some competitions have additional fees to compete. These fees and things such as ticketing etc are confirmed around the time of competition and advice will be provided to parents in regards to what the costs are and how payment needs to be made.





UNIFORM

As representatives of Dance Sensations competitive teams, we expect that our students uphold the full DS uniform values in every lesson, from choreography classes to technique and ballet. We value uniform as it gives our dancers a sense of belonging, removes brand comparison and provides comfortable and appropriate class attire!

Dancers are required to wear DS Uniform or all black attire to classes. See Ballet uniform requirements following.

On competition and team event days, students must wear their Dance Sensations comp team tracksuits to represent the studio. Comp Team Jackets are compulsory for Performance Team students.

COMP TEAM TRACKSUITS

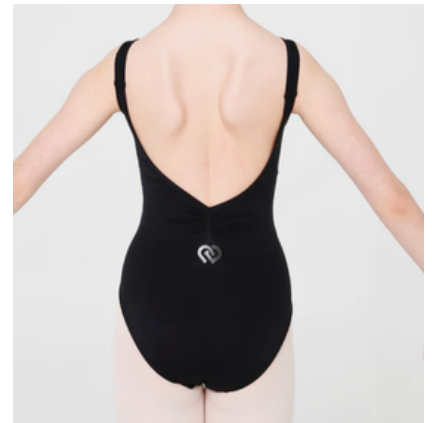
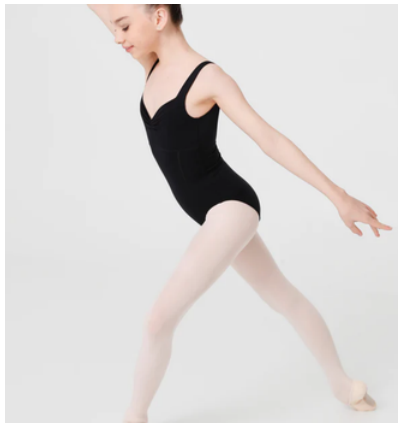
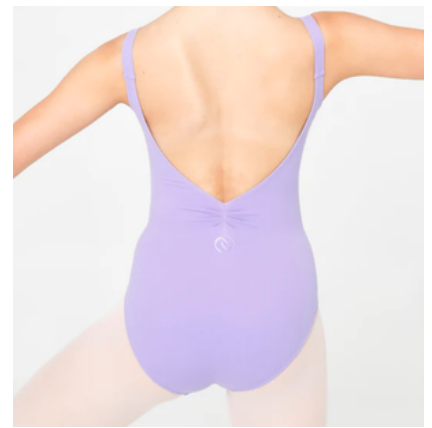
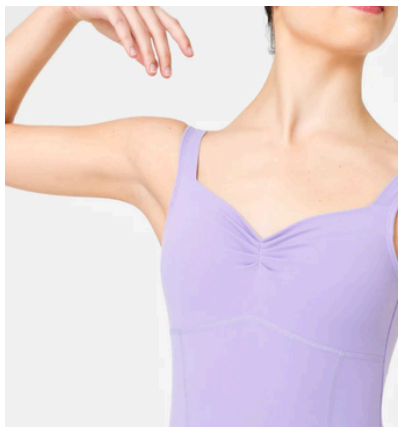
Team Jacket Compulsory - Team Pants Optional





BALLET UNIFORM

Please note we currently have limited stock of the Claudia Dean Leotards (pictured below) available. If your size is not available with us at reception, any Black or Lilac leotard will suffice for now from brands such as Claudia Dean, Bloch or Energetiks.



BALLET SHOES

MDM or DS BRAND

Available to buy online and from DS

BALLET TIGHTS

Colour "Theatrical Pink"

Available to buy online and from DS

BALLET BUN

Using French Pins & Hair Net
Must be done before class begins