

About Our Agency

Who we are, what we provide, where we serve, and the license we hold.

LICENSED AS	LICENSE NUMBER	HEADQUARTERED
Maryland Residential Service Agency	RSA-03309	Oxon Hill, Maryland

Vanguard Home Care is a Maryland-licensed Residential Service Agency providing non-medical care in the home. We were founded by **Dean Matthews** after he navigated care for his own parents, and we are locally owned and operated from Oxon Hill.

SERVICES

What We Provide

Personal Care	Bathing, grooming, dressing, oral care, toileting and incontinence support, mobility and transfer assistance, help with eating and hydration.
Homemaker	Light housekeeping, meal planning and preparation, laundry and linens, dishes, trash, organizing mail.
Companion / Sitter	Companionship and conversation, safety supervision, escort to appointments and errands, activities, medication reminders.
Respite	Short-term relief for a family caregiver, hourly or overnight.

What We Do Not Provide

We are not a home health agency. Our caregivers do not perform skilled or medical tasks.

- No skilled nursing, wound care, injections, or tube feeding
- No physical, occupational, or speech therapy
- No medication administration — reminders only

When a resident needs skilled care, we coordinate with your team and refer out. We do not compete with home health.

SERVICE AREA

Where We Serve

Counties	Prince George's · Montgomery · Howard · Anne Arundel · Charles
Communities	We serve every community inside those county lines. Frequently served towns include Bowie, Upper Marlboro, Clinton, Fort Washington, Lanham and Hyattsville; Silver Spring, Rockville, Bethesda and Gaithersburg; Columbia and Ellicott City; Annapolis, Glen Burnie and Severna Park; Waldorf and La Plata. If you are in the county, ask us — the list is not the limit.
Availability	Hourly through 24-hour care, including nights, weekends, and holidays. Same-day and Friday starts accepted.

LICENSE AND OVERSIGHT

LICENSE

Maryland Residential Service
Agency RSA-03309

REGULATED BY

Office of Health Care Quality,
under COMAR 10.07.05

CLINICAL SUPERVISION

Care is provided under the supervision
of a registered nurse.