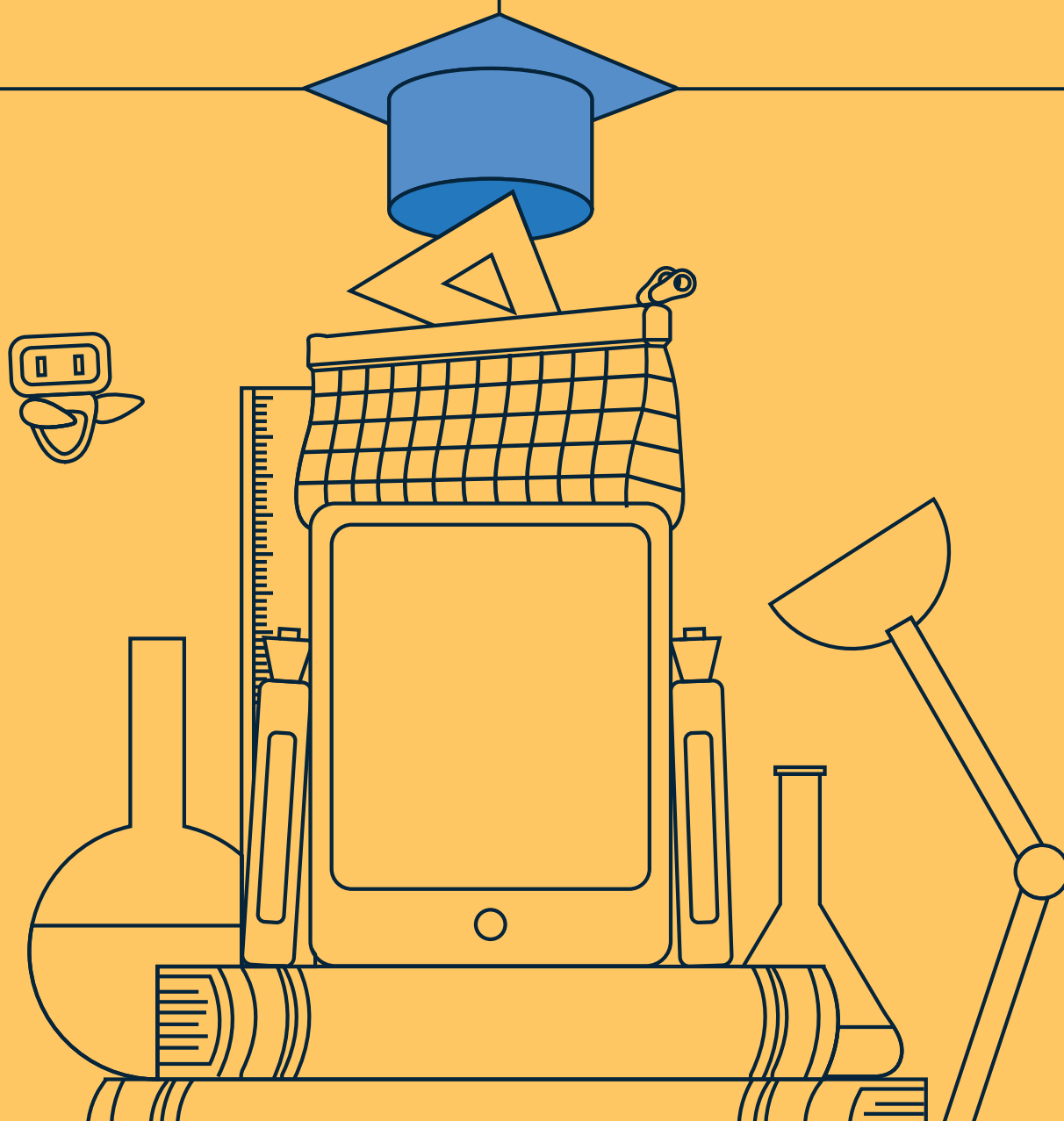


27th Annual
**BCA/BT PREP
PROGRAM**

**HIGH SCHOOL
ADMISSIONS
CATALOG**



THE HIGH SCHOOL ADMISSIONS TIMELINE

WHAT ARE THE DIFFERENT TESTS?

BCA/BT ENTRANCE EXAM

An exam exclusively used for admissions to the Bergen County Academies and Bergen Tech

SSAT & ISEE

Two different tests, for the same function: private boarding & day school admissions. Some parochial schools, such as the Academy of the Holy Angels, also accept the SSAT and ISEE.

HSPT

An exam used for admissions to parochial high schools, such as Regis High School and Don Bosco Preparatory High School

...and so many more! Schedule a consultation to discuss the best options for your student.

LATE AUG./EARLY SEPT. SSAT/ISEE OFFICIAL TEST

For students who start test prep early, taking the SSAT/ISEE in late August/early September is a great option.

SPRING | 7TH GRADE

JANUARY TO JUNE | 7TH GRADE

The Spring season before 8th grade is an essential time for students to boost their potential and get ahead of their peers. Students who start the high school admissions test prep journey in the Spring are 62% more successful in achieving admissions to BCA, BT, and private boarding and day schools, and in receiving huge scholarships to parochial high schools.

High school admissions exams are all centered around the Common Core State Standard--the very core of the school classroom. During the Spring, students can take **Exam Prep 8**, a comprehensive test prep course for students aiming to take any high school admissions exams, as well as **MEK Learning Circles** courses to strengthen their school classroom core.

RECOMMENDED PROGRAMS:

Exam Prep 8
MEK Learning Circles

SUMMER | 8TH GRADE

JULY TO AUGUST

The Summer months are critical for a student's high school admissions test prep. These short months are when students can commit the most time and energy into the transformation process.

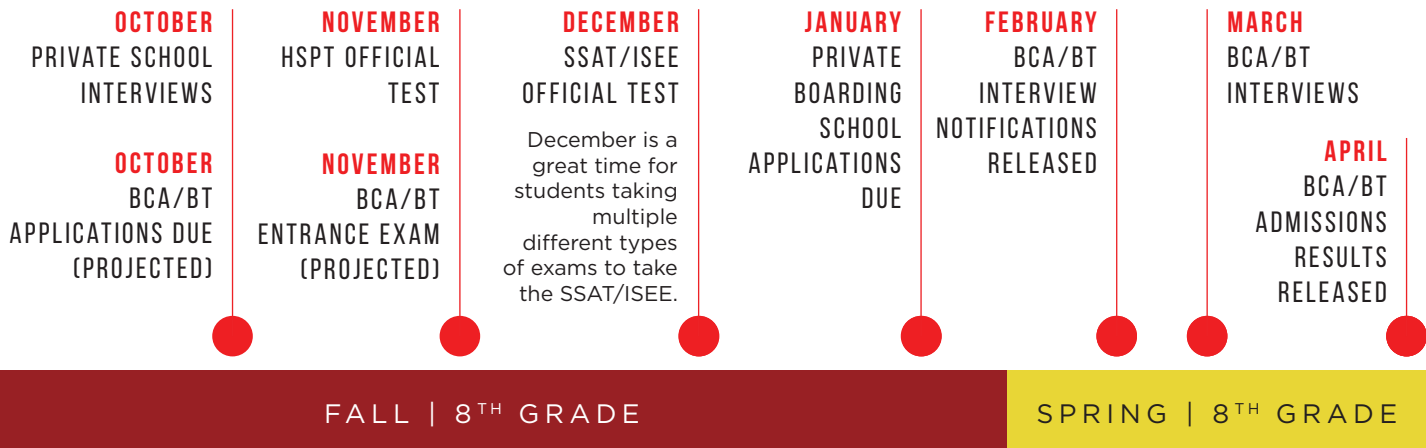
Once the Fall season comes around, students only have 11 weeks (at most) to transform their thinking patterns and testing/study habits. So these two months are the best time to kickstart that process early.

RECOMMENDED PROGRAMS:

Exam Prep 8 *if not enrolled in the Spring course*
SSAT/ISEE 8
HSPT Prep
BCA/BT Test Clinics
MEK Learning Circles

There are so many different possibilities when it comes to high school admissions, each possibility opening a new door for new potential.

The full high school admissions process covers a little over one year at MEK. MEK is equipped with the expertise and resources to make those three semesters the most formative semesters that an 8th grader can experience.



SEPTEMBER TO DECEMBER | 8TH GRADE

The Fall semester is GO TIME. With important application dates, exams, and interviews sprinkled all throughout the Fall, time management and strategy is key. What will you prioritize?

During this time, it's most important that students are receiving pinpoint test-specific test prep. Through the **BCA/BT Prep Program, Fast Track 8, HSPT Prep, and SSAT/ISEE Prep**, students are able to train for the test that they are taking. And if they're taking more than one type of test, the MEK counseling team is equipped to design a test prep plan for you that targets all of the goals that you set for your child.

RECOMMENDED PROGRAMS:

BCA/BT Prep Program
Fast Track 8
HSPT Prep
SSAT/ISEE Prep

JANUARY TO APRIL

During the time in which students are waiting to hear back from their schools, it's important that they stay sharp. That way, wherever they go, they can start their high school years on the right foot.

With **High School Honors Prep** courses, students can stay ahead of the curve in English and Math.

RECOMMENDED PROGRAMS:

High School Honors:
Advanced English
Algebra II
Geometry

HIGH SCHOOL ADMISSIONS TEST PREP IN THE SUMMER

EXAM PREP 8 | TEST CONTENT LEARNING

Exam Prep 8 is a comprehensive test prep course, focused on teaching content that appears on any and all high school admissions tests, as listed below. Students learn essential calculation skills, develop critical thinking skills, and build stamina that carries them through not only the full official test, but also through their high school careers.

Exam Prep 8 provides students the leg up that they need before entering into rigorous test prep. Through this course, students become ready to absorb the content that they need to during the Fall test prep courses in order to achieve great high school admissions success.

FOR	LENGTH	SCHEDULE				COURSE DESCRIPTION
		CLASS SETTING & CAMPUS	SUBJECT	DAY	TIME	
8 th graders planning on applying to BCA, BT, and/or private high schools	6 weeks, 24 sessions	Hybrid: Virtual & In-Person, Closter Campus	ENGLISH	M, T, W, Th	9:00 AM - 10:30 AM	- Curriculum includes: - Verbal reasoning & reading comprehension - Quantitative reasoning & problem-solving math - Develop strong number sense and bilateral algebraic literacy through targeted practice and strong reinforcement of algebraic concepts - Build critical reading and writing skills to have a strong foundation for future test training in a pressured environment
			MATH	M, T, W, Th	10:30 AM - 12:00 PM	
		Virtual*	ENGLISH	M, T, W, Th	9:00 AM - 10:30 AM	
			MATH	M, T, W, Th	10:30 AM - 12:00 PM	
		Hybrid: Virtual & In-Person, Closter Campus	ENGLISH	M, T, W, Th	12:30 PM - 2:00 PM	
			MATH	M, T, W, Th	2:00 PM - 3:30 PM	
		Hybrid: Virtual & In-Person, Closter Campus	ENGLISH	M, T, W, Th	3:30 PM - 5:00 PM	
			MATH	M, T, W, Th	5:00 PM - 6:30 PM	

*Specialized for Monmouth, Middlesex, and Union County Vocational School District entrance exams.

EXAM PREP 8 TEST COVERAGE

Exam Prep 8 covers content tested on the following high school admissions tests:

- Bergen County Academies/Bergen Tech Entrance Exam
- SSAT: Upper Level
- ISEE: Upper Level
- High School Placement Test (HSPT)
- Monmouth County Vocational School District (MCVSD) Entrance Exam
- Middlesex County Vocational & Technical Schools (MCVTS) Entrance Exam
- Union County Vocational & Technical Schools (UCVTS) Entrance Exam
- Morris County Vocational School District Entrance Exam
- Test for Admission to Catholic High Schools (TACHS)
- Specialized High School Admissions Test (SHSAT)

HIGH SCHOOL ADMISSIONS TEST PREP

Starting July 6th

COMPREHENSIVE TEST PREP FOR HIGH SCHOOL ADMISSIONS TESTS

BCA/BT PREP TEST CLINICS

For students who are certain about applying to the Bergen County Academies and Bergen Tech, the BCA/BT Prep Test Clinics are the perfect way to get a taste for what the Entrance Exam looks like and start building the skills required for them for high testing performance.

With potential changes to the BCA/BT Entrance Exam date, these Test Clinics are key to being prepared for any test date, no matter how early.

FOR	LENGTH	SCHEDULE				COURSE DESCRIPTION
		SUBJECT	CLASS SETTING & CAMPUS	DAY	TIME	
8 th graders planning on applying to BCA and/or BT in Fall 2026	6 weeks, 6 sessions <i>per subject</i>	MATH TEST CLINIC	Hybrid: Virtual & In-Person, Closter Campus	Friday	9:00 AM - 11:00 AM	- Take and review weekly full-length English and Math simulation tests - Experience actual testing environments and pressures - Target test-specific skills and strategies - Get comfortable with the test setting before the Fall BCA/BT Prep Program starts
				Friday	11:00 AM - 1:00 PM	
				Friday	1:00 PM - 3:00 PM	
				Friday	3:00 PM - 5:00 PM	
		ENGLISH TEST CLINIC	Hybrid: Virtual & In-Person, Closter Campus	Friday	9:00 AM - 11:00 AM	
				Friday	11:00 AM - 1:00 PM	
				Friday	1:00 PM - 3:00 PM	
				Friday	3:00 PM - 5:00 PM	

SSAT/ISEE PREP | TEST TRAINING

FOR	LENGTH	SCHEDULE				COURSE DESCRIPTION
		CLASS SETTING & CAMPUS	SUBJECT	DAY	TIME	
Students entering 8 th grade in Fall 2026, who have taken Exam Prep 8 in Spring 2026*	6 weeks, 24 sessions	Hybrid: Virtual & In-Person, Englewood Cliffs Campus	MATH	M, T, W, Th	9:00 AM - 10:30 AM	- Take weekly full-length simulation tests and experience real test-day pressures - Practice reading and verbal skills, and learn test-specific vocabulary - Build upon number sense and critical reading literacy to develop strong content mastery - Prepare to take the official SSAT and/or ISEE in Fall 2026
			ENGLISH	M, T, W, Th	10:30 AM - 12:00 PM	

Students applying to the Delbarton School are also recommended to take SSAT/ISEE 8.

BCA/BT BOOT CAMP

FOR	LENGTH	SCHEDULE			TIME	NO. OF SESSIONS
		CLASS SETTING & CAMPUS	DATES	DAY		
8 th graders planning on applying to BCA and/or BT in Fall 2026	2 weeks, 6 sessions	Hybrid: Virtual & In-Person, Closter Campus	August 17 th , 18 th , 19 th August 24 th , 25 th , 26 th	M, T, W	10:00 AM - 2:30 PM (Includes 30 min break)	6

27th ANNUAL BCA/BT PREP PROGRAM

PROGRAM INFORMATION

The Fall 2025 BCA Prep Program is comprised of four major elements that students are provided **every week during the 11-week program:**

MATH LECTURE

IN-PERSON, ONCE-WEEKLY
3 hours weekly

ENGLISH LECTURE

IN-PERSON, ONCE-WEEKLY
2.5 hours weekly

ENGLISH & MATH CLINIC

VIRTUAL, ONCE-WEEKLY
2.5 hours weekly

APPLICATION GUIDANCE

IN-PERSON/VIRTUAL
Counseling meetings provided on demand

Students are exposed to a rigorous test prep environment from **Day One**.

During this time, students are placed in the course levels that best cater to their current performance level and test prep needs. Periodically, throughout the program, students are reevaluated based on their class performance and placed into different levels as needed.

This system provides students short term milestones to aim for and to use as their stepping stones to success on their Entrance Exams.

STARTING DATE: SEPTEMBER 5TH, 2026

TUITION: \$6,633

ENDING DATE: NOVEMBER 19TH, 2026

BEFORE DISCOUNTS

Make initial payment of half (50%) of tuition at registration to secure your spot AND the current discount rate. Complete your payment by September 1st to complete your registration.

Put down a \$300 non-refundable deposit today to secure your spot and current discount rate, if you complete your payment within two (2) weeks of putting down your deposit.

Schedule and more information on next page.

27th ANNUAL BCA/BT PREP PROGRAM

SCHEDULE

Plan for your students to be in class for three days weekly!
Choose the combination of class schedules that best works for your student.

MATH LECTURE

IN-PERSON, ONCE-WEEKLY
3 hours weekly

CLOSTER

Saturday | 9:30 AM to 12:30 PM
Saturday | 3:30 PM to 6:30 PM
Tuesday | 5:30 PM to 8:30 PM
Wednesday | 5:30 PM to 8:30 PM

Students take a mock Math test at the beginning of every lecture time.

ENGLISH LECTURE

IN-PERSON, ONCE-WEEKLY
2.5 hours weekly

CLOSTER

Saturday | 1:00 PM to 3:30 PM
Saturday | 3:30 PM to 6:00 PM
Tuesday | 6:00 PM to 8:30 PM
Wednesday | 6:00 PM to 8:30 PM

Students take a mock English test at the beginning of every lecture time.

WEEKLY CLINIC

VIRTUAL, ONCE-WEEKLY
2.5 hours weekly

VIRTUAL ONLY

Thursday | 6:00 PM to 8:30 PM

Included within Clinic time:
Application Essay Workshop
Supplemental Math Drills & Exercises
Supplemental English Drills & Exercises

THE HIGH SCHOOL ADMISSIONS PACKAGE

MEK Review is here to guide you through the ENTIRE high school admissions journey.
INCLUDED in your BCA/BT Prep Program are the following:

BCA/BT INTERVIEW PRACTICE

In mid-February, selected BCA/BT applicants will receive an interview notification, indicating that they have passed the first step of admissions. MEK will host an interview practice workshop at that time for these students.

4 SSAT, ISEE, & HSPT PRACTICE TESTS

Most BCA/BT Prep students also plan to prepare for other high school admissions tests: namely the SSAT, ISEE, and HSPT. MEK provides all students 4 practice tests of each test, upon request.

ACADEMIES @ENGLEWOOD ADMISSIONS PREP

Most BCA/BT Prep students also opt to apply to the Academies @Englewood, whose entrance exam and application due date are generally in early- to mid-November. MEK provides all students practice for the exam, as well as interview practice, upon request.

27th ANNUAL BCA/BT PREP PROGRAM

THE FULL PROCESS

STEP ONE. EVALUATION TEST

Students take BCA/BT mock evaluation tests in April and in August. These evaluation tests are meant to be used both for evaluation purposes and for student/parent reference. Using the results of the evaluation tests, the MEK Counseling Team will guide you through the next steps.

STEP TWO. PROGRAM ENTRY INTERVIEW

The parent, student, and counselor will review **the evaluation score report** and **school transcript** at this time. The program entry interview is meant to assess the degree of student willingness to fully commit to the BCA/BT Prep Program. This full commitment is essential to student success.

STEP THREE. (DURING THE PROGRAM) PROGRESS CHECK-IN

During the program, the MEK Counseling and Teaching Teams are constantly assessing student progress and identifying potential student challenges. Using their findings, counselors and program directors will conduct progress check-in meetings to address student difficulties and answer questions as needed.

STEP FOUR. (DURING THE PROGRAM) APPLICATION STRATEGY MEETING

The MEK Counseling Team will conduct application strategy meetings to help students and parents navigate the high school admissions process. These strategy meetings may include choosing academies/programs, designating back-up schools, and planning for upcoming milestones.

STEP FIVE. (DURING THE PROGRAM) APPLICATION ESSAY WORKSHOP

During the program, the MEK English Teaching Team hosts an application essay workshop to teach students how to write effective application essays. After the workshop, students submit drafts of their application essays for review and feedback. Together with their teachers, students reach a polished final draft of their application essays, ready for submission.

STEP SIX. CULMINATION MEETING: FINAL PERFORMANCE ASSESSMENT

Immediately after the official test, students convene back at MEK Review to regroup about the test and their readiness for it. This feedback provides the MEK Team with insight into individual students' admissions chances and allows the counseling team to provide perspective for the next step.

STEP SEVEN. INTERVIEW PRACTICE

For all students who are invited to the interview, the MEK Counseling Team conducts interview practices to ensure that students are ready for their in-person or virtual interviews.

Throughout the entire program, parents are able to keep track of student progress via the parent account on Canvas.



27th ANNUAL BCA/BT PREP PROGRAM

OUR RESULTS

IN 2026,

40+

MEK students accepted to
Bergen County Academies

22+

MEK students accepted to
**Bergen County Technical
High School - Teterboro**

1^{OUT}
OF 7

current freshmen at
Bergen County Academies
is an MEK student!

IN 2025 & 2026, OUR STUDENTS HAVE ALSO BEEN ACCEPTED TO...

Phillips Academy Andover
Phillips Exeter Academy
Choate Rosemary Hall
Lawrenceville School
Deerfield Academy
Horace Mann School

Dwight-Englewood School
Hackley School
Emma Willard School
Delbarton School
Regis High School
St. Peter's Preparatory High School

Academy of the Holy Angels
Immaculate Heart Academy
Bergen Catholic High School
Don Bosco Preparatory High School
Paramus Catholic High School
St. Joseph Regional High School

IN 2026, OUR STUDENTS RECEIVED

\$948,000+

IN SCHOLARSHIPS TO PAROCHIAL SCHOOLS.

WHAT OUR STUDENTS SAY ABOUT US

"Lots of practice and review, great how they have the actual previous tests and statistics."

"The immense amount of problems that is solved (around 1000-1500) trains the student properly, and the rigorous curriculum makes it easier and less stressful on the actual test date because you know what to expect."

"I was satisfied by the simulation tests in both math and reading because they helped me understand where my level was and if I improved or not."

"I enjoyed how all of my teachers were willing to help as long as I reached out."

"I really enjoyed the community aspect and all the extra help opportunities that are constantly provided."

"I enjoyed the aspect of the feeling of community in these classes."

FAST TRACK 8:

CENTRAL JERSEY MAGNET SCHOOL ADMISSION PREP

For high school admissions test prep in a **fully virtual setting**

For students who want to prepare for admissions to Monmouth County Vocational Schools (MCVSD), Union County Vocational Schools (UCVTS), Middlesex County Woodbridge Academy (MCMS Woodbridge Academy), and Middlesex County Edison Academy (MCMS Edison Academy).

PROGRAM ELEMENTS

Weekly virtually proctored 110-minute simulation exam, taken before each lecture

Weekly 60-minute lecture per subject, focused on test review

Expert admissions guidance, tailored for MCVSD, UCVTS, and MCMS admissions

Fully digital experience

Additional academic and admissions support available upon request

SCHEDULE

Plan for your student to be in class for three (3) days weekly.
Choose the combination of class schedules that works best for your student.

MATH LECTURE

VIRTUAL LECTURE	
DAY	TIME
Saturday	11:30 AM - 12:30 PM
Saturday	12:30 PM - 1:30 PM
Tuesday	7:00 PM - 8:00 PM
Friday	7:00 PM - 8:00 PM

ENGLISH LECTURE

VIRTUAL LECTURE	
DAY	TIME
Saturday	11:30 AM - 12:30 PM
Saturday	12:30 PM - 1:30 PM
Wednesday	7:00 PM - 8:00 PM
Friday	7:00 PM - 8:00 PM

WEEKLY MATH CLINIC

VIRTUAL LECTURE	
DAY	TIME
Thursday	5:30 PM - 6:30 PM

SIMULATION TESTING

VIRTUALLY PROCTORED	
DAY	TIME
Saturday	9:00 AM - 11:00 AM
Thursday	6:30 PM - 8:30 PM
Tuesday	6:00 PM - 7:00 PM*
Wednesday	6:00 PM - 7:00 PM*
Friday	6:00 PM - 7:00 PM*

*These testing schedule options accommodate one subject (Math or English). Because these schedule options are directly before a lecture time, they are designed to correspond to the lecture that follows the test.

PROGRAM CONFIGURATIONS

To match students' various needs, we offer different tiers of the Fast Track 8 program:

PROGRAM TIER	PACKAGE COMPONENTS				
	MATH & ENGLISH LECTURE	SIMULATION TESTING	WEEKLY MATH CLINIC & DAILY MATH EXERCISES	5-DAY INTENSIVE BOOT CAMP	ADDITIONAL TUTORING SESSIONS
TIER 1 Fast Track 8: Foundations	○	○	x	x	x
TIER 2 Fast Track 8: Intensive	○	○	○	○ Hosted virtually during the week before the official exam	x
TIER 3 Fast Track 8: Mastery	○	○	○	○ Hosted virtually during the week before the official exam	x
TIER 4 Fast Track 8: Premier	○	○	○	○ Hosted virtually during the week before the official exam	○ 5 tutoring sessions included in package

NUMBER OF SESSIONS

MIDDLESEX COUNTY MAGNET SCHOOLS EDISON ACADEMY

MATH & ENGLISH LECTURE

14 sessions: Sept. 5th - Dec. 11th

WEEKLY MATH CLINIC

14 sessions: Sept. 10th - Dec. 10th

MIDDLESEX COUNTY MAGNET SCHOOLS WOODBIDGE ACADEMY

MATH & ENGLISH LECTURE

15 sessions: Sept. 5th - Dec. 18th

WEEKLY MATH CLINIC

15 sessions: Sept. 10th - Dec. 17th

BOOT CAMP

6 sessions: Jan. 2nd - Jan. 8th

Between December 19th and January 2nd, students enrolled in the boot camp will receive self-guided practice questions to allow them to maintain their test training throughout the end-of-year holidays.

UNION COUNTY VOCATIONAL SCHOOLS (UCVTS)

MATH & ENGLISH LECTURE

15 sessions: Sept. 5th - Dec. 18th

WEEKLY MATH CLINIC

15 sessions: Sept. 10th - Dec. 17th

BOOT CAMP

6 sessions: Jan. 9th - Jan. 15th

Between December 19th and January 9th, students enrolled in the boot camp will receive self-guided practice questions to allow them to maintain their test training throughout the end-of-year holidays.

MONMOUTH COUNTY VOCATIONAL SCHOOLS (MCVSD)

MATH & ENGLISH LECTURE

15 sessions: Sept. 5th - Dec. 18th

WEEKLY MATH CLINIC

15 sessions: Sept. 10th - Dec. 17th

BOOT CAMP

6 sessions: Jan. 16th - Jan. 22nd

Between December 19th and January 16th, students enrolled in the boot camp will receive self-guided practice questions to allow them to maintain their test training throughout the end-of-year holidays.

FALL 2026 SSAT, ISEE, & HSPT PREP

SSAT/ISEE PREP

There are so many possibilities for High School Admissions. Students can choose to apply to BCA or BT, but they can also explore private boarding and day schools! In order to apply to private boarding and day schools, as well as some parochial schools, students need to take the SSAT or ISEE.

MEK has the resources for all students to reach their high school admissions goals! Below is more information on our SSAT/ISEE Prep course this Fall 2026.

SCHEDULE

TERM: SEPTEMBER 11TH TO DECEMBER 18TH *Tailor your starting and ending dates to your target test date.*

IN-PERSON LECTURE ENGLEWOOD CLIFFS ACC

15 sessions Fridays, 5:30 PM to 8:30 PM

VIRTUAL LECTURE

15 sessions Fridays, 5:30 PM to 8:30 PM

WEEKLY TESTING

Thursdays, *time by appointment*

TUITION

15 sessions: \$3,690

10 sessions: \$2,460

5 sessions: \$1,476

HSPT PREP

The HSPT is specifically for parochial schools. This test is taken during the second week of November, and is usually hosted by the schools that require them for admissions.

SCHEDULE

TERM: SEPTEMBER 11TH TO NOVEMBER 6TH

IN-PERSON LECTURE ENGLEWOOD CLIFFS ACC

9 sessions Fridays, 5:30 PM to 8:30 PM

VIRTUAL LECTURE

9 sessions Fridays, 5:30 PM to 8:30 PM

WEEKLY TESTING

*In-person by appointment OR
self-administered*

TUITION

9 sessions: \$2,214





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Englewood Cliffs, NJ 07632

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