

# December Monthly Newsletter

Quality of Life Counts

December 2025



SECURE HANDS SOLUTIONS

## Wrapping Up 2025 with Care, Joy, and Gratitude

Dear Friends, Families, Clients, and Partners,

As the holiday season approaches and the year comes to a close, we at Secure Hands Solutions want to take a moment to celebrate YOU—the families, clients, and caregivers who make our work meaningful every day. December is all about warmth, connection, and spreading joy, so grab a cup of cocoa and enjoy our festive newsletter!

Delrose Broderick, CEO

**SECURE HANDS SOLUTIONS**  
Quality of Life Counts

### Dates To Remember This Month

**DECEMBER 1**  
World AIDS Day

**DECEMBER 3**  
International Day of Persons with Disabilities

**DECEMBER 5**  
International Volunteer Day

**DECEMBER 1-7**  
National Hand Washing Awareness Week

**DECEMBER 25**  
CHRISTMAS DAY!



## 🎉 Fun Holiday Trivia 🎉

Did you know? The tradition of putting up a Christmas tree dates back over 500 years! In Germany, people decorated fir trees with apples, nuts, and candles to celebrate the holiday season. 🌟



# Home Care Tips for the Holidays



## Safety First

Keep walkways and doorways clear to prevent slips and falls.



## Healthy Holidays

Offer small, nutritious treats alongside holiday sweets to keep energy balanced.



## Stay Connected

Virtual calls with distant family members can brighten spirits.

# TRIVIA

## TIME

What vegetable is famously carved into a festive decoration in October and sometimes baked into pies in November and December?  
**(Hint: It's technically a fruit!)**

😊 A Little Holiday Humor 😊

## joke of the month

Why did the Christmas tree go to the barber?

**Because it needed a trim-ming!**



# Employee Of The Month

CONGRATULATIONS!



EMPLOYEE OF THE MONTH  
SCARLLYN O.

**SECURE HANDS SOLUTIONS**  
*Quality Of Life Counts*

This December, we're celebrating Scarllyn as our Employee of the Month. She handles every task with care, follows protocol, keeps us informed of any updates, and brings genuine compassion to her work.

**SECURE HANDS SOLUTIONS**  
*Quality Of Life Counts*



# Holiday Activities to Try

These activities encourage mental stimulation, creativity, and connection—perfect for loved ones of all ages!



Decorating gingerbread houses together



Creating memory albums with photos and stories from past holidays



Simple crafts like making paper snowflakes or ornaments

 **FOLLOW US**

 *Stay Connected* 

**CONTACT US**

 Office: 34 Jerome Ave.,  
Suite 214, Bloomfield, CT 06002

 Phone: (860) 370-1322

 Email: [info@securehandssolutions.com](mailto:info@securehandssolutions.com)

*Let's Connect*

 Facebook |  Instagram |  TikTok  
 LinkedIn |  [www.securehandssolutions.com](http://www.securehandssolutions.com)

*Thank  
you!*