

# August Monthly Newsletter

*Quality of Life Counts*



August 2025



## Dear Clients, Families, & Care Team,

As we welcome August, I want to take a moment to thank each of you for your continued trust and commitment to Secure Hands Solutions.

Our mission has always been to provide compassionate, dependable, and personalized care and thanks to our dedicated caregivers and staff, we continue to deliver on that promise every day.

Non-medical home care plays a vital role in helping individuals maintain their independence and quality of life. Whether it's assistance with daily living, companionship, or respite for family caregivers, our team is proud to serve with integrity and heart.

*Delrose Broderick, CEO*

### Dates To Remember This Month

**AUGUST 3-9**  
National Health  
Center Week

**AUGUST 30**  
National Grief  
Awareness Day

**ALL MONTH**  
National Eye Exam  
Month

**ALL MONTH**  
National  
Breastfeeding Month

**ALL MONTH**  
National  
Immunization  
Awareness Month

# Here are 5 important healthcare awareness events in August (with dates) that are especially relevant to non-medical home care agencies in Connecticut or across the U.S.:

## 1. National Immunization Awareness Month

 August 1–31, 2025

Relevance: Promotes the importance of vaccines across all life stages. While non-medical agencies don't administer shots, caregivers can encourage clients and families—especially seniors—to stay up to date on vaccinations (flu, pneumonia, shingles, etc.).

Key Focus: Client education, fall-prevention tie-ins, seasonal flu prep

## 2. National Breastfeeding Month

 August 1–31, 2025

Relevance: Some home care agencies assist postpartum mothers or offer respite for new families. Highlighting maternal support services and caregivers trained in infant care can build community trust.

Key Focus: Postpartum support, newborn care, family education

## 3. National Eye Exam Month

 August 1–31, 2025

Relevance: Many older adults experience age-related vision decline. Promoting regular eye exams helps prevent falls, enhances independence, and supports safe aging at home.

Key Focus: Vision safety, fall prevention, home hazard assessment

**Here are 5 important healthcare awareness events in August (with dates) that are especially relevant to non-medical home care agencies in Connecticut or across the U.S.:**

 **4. National Health Center Week**

 **August 3–9, 2025**

Relevance: Celebrates community health centers and their impact on underserved populations. A great opportunity to build partnerships for cross-referrals and coordinated care.  
Key Focus: Networking with local clinics, promoting continuity of care, highlighting post-discharge support

 **5. National Grief Awareness Day**

 **August 30, 2025**

Relevance: Many clients and caregivers cope with grief due to loss, chronic illness, or life transitions. This is a chance to highlight the emotional support side of home care.  
Key Focus: Companionship, bereavement resources, caregiver emotional health



**Did You Know?**



**Non-medical home care is one of the fastest growing segments in the healthcare industry.**

It enables seniors and individuals with disabilities or chronic conditions to remain at home, avoid unnecessary hospital stays, and maintain autonomy with dignity and safety. Whether you or a loved one need a few hours a week or full-time support, we're here to help with personalized care plans designed around your needs.

# Welcome To **The Team**



💡 July Care Tips: Staying Safe in the Summer 💡

## **Scarllyn O.**

**Lead Caregiver**

## 🎓 Training & Certification Highlight: Continuing Education Through CareAcademy 🎓

At Secure Hands Solutions, we believe that exceptional care starts with ongoing learning. That's why all of our caregivers are enrolled in CareAcademy, a leading online training platform designed specifically for home care professionals.

Each month, our caregivers complete specialized courses that cover essential topics such as:

- Dementia and Alzheimer's Care
- Safe Mobility and Transfer Techniques
- Infection Control and Hygiene Practices
- Effective Communication with Clients and Families
- Fall Prevention and Home Safety

These trainings ensure that our team stays up to date with the latest best practices, safety standards, and person-centered care approaches. By investing in professional development, we equip our caregivers to provide the highest quality care with confidence and compassion.

### 💡 Did You Know? 💡

Our caregivers are required to complete ongoing education throughout the year to maintain their certification and stay current in their caregiving skills. We're proud of our team's dedication to learning and growth because our clients deserve nothing less than the best.

# Employee Of The Month

## EMPLOYEE OF THE MONTH

**JEANIE JAVINEZ**  
**OFFICE ASSISTANT**



We are proud to recognize Jeanie as our Employee of the Month!

Jeanie's dedication, professionalism, and positive attitude make her an invaluable part of our team. She goes above and beyond every day to ensure the office runs smoothly, always offering a helping hand wherever needed.

**SECURE HANDS SOLUTIONS**



Her attention to detail, organizational skills, and willingness to step in and support both staff and clients truly embody the values of Secure Hands Solutions. Jeanie's kindness and teamwork spirit create a welcoming and efficient work environment, and we are incredibly grateful to have her on our team.

Congratulations, Jeanie! Your hard work and commitment do not go unnoticed



*Inspirational Quote of the Month*

Home care is not just about helping someone live longer; it's about helping them live better.

— Unknown



# ♥ Client Spotlight ♥





## Need Help or Have Questions?

We're just a call away. If you'd like to schedule a free care consultation or learn more about our services,

### Contact us at:

 Office: 34 Jerome Ave.,  
Suite 214, Bloomfield, CT 06002

 Phone: (860) 370-1322

 Email: [info@securehandssolutions.com](mailto:info@securehandssolutions.com)

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