

# Gracie GAME DAY Manners

Good manners will open doors to unlimited opportunities,  
and manners begin with an awareness of the feelings of others.



Start here!



## Gracie Handshake

When you see someone you know, or meet someone for the first time, use the Gracie Handshake: firm grip, eye contact, sincere greeting.

Each crossed out Gracie Triangle is worth 10 Gracie Game Day Points.



Age 5 = 500 Points



Age 4 = 400 Points



Age 3 = 300 Points



## Table Manners

At the table, chew with your mouth closed, keep those elbows off, and don't talk with food in your mouth. And remember, no food left behind - eat up and enjoy every bite!

Score 'YOUR AGE x 100' Points to qualify for Gracie Game Day.



Age 6 = 600 Points



Age 7 = 700 Points



## Courtesy

When someone's talking to you, look them in the eyes and let them finish before you start talking.

Earn 10 Points (1 triangle crossed out) if someone has to tell you to do it.  
Earn 20 Points (2 triangles crossed out) if you do good without being told!



## Politeness

Say "Yes please" instead of "Yes" and "No thank you" instead of "No."

Age 10 = 1000 Points



Age 9 = 900 Points



Age 8 = 800 Points



Bonus Points = All the points you earn beyond your age requirement.



Age 11 = 1100 Points

## Service

Teach that manners matter. Whether you're grown-up or just growing up, being kind, polite, and thoughtful never goes out of style.



Age 12 = 1200 Points



Request a Bonus Sheet to continue tracking beyond 1200 points!



## HOW IT WORKS

Scan the QR for more information on how the programme works, success tips, bonus point tracking sheets and more!