## Policies, Terms, and Conditions for

**Policies, Terms, and Conditions for**
***Doom & Bloom: Eco-Spiritual Resilience Method***
**AND *The Eco-Spiritual Solution Mini-Course***
Referred to as, “program” or “programs”

**Refund Policy**
After the purchase of a program is complete, there are no refunds provided. All payments must be made according to the payment schedule.

**Term-limited ongoing access policy:**
You have ongoing access to the program content hub for three months after program completion.

After your program is complete, you will be removed from the program Facebook group and access to individual and group coaching will cease. Any unused 1:1 coaching sessions will no longer be available for use. The program is considered complete when you have reached the scheduled end date as determined by the length of the course.

**Monthly payment plan policy:**
If you are on a monthly payment plan, you are required to complete all of your monthly payments regardless of your activity in the program. Failure to complete your monthly payments may result in denied access to your content hub and coaching sessions.

**Declined payment policy:**
As a client in a program, you are required to complete all of your payments. You have 5 business days from the date of the payment decline to bring your account into good standing. Failure to bring your account into good standing may result in denied access to your content hub and coaching.

**1:1 call cancellation, reschedule and no-show policy:**
If your program offers 1:1 sessions, the program requires notice of 1 business day to cancel or reschedule a 1:1 coaching session. We understand that emergencies occur, and they will be treated on a case-by-case basis. If you have a 1:1 coaching session scheduled and do not show up for your scheduled appointment, you will have 1 opportunity to reschedule during the program timeframe. If you do not show up for that rescheduled session you will forfeit the session and will not be able to rebook it.

**Hours Of Operation:**
Doom Doula, LLC offers the following hours of operation: Monday - Thursday, from 10:00 am ET to 6:00 PM ET. All client communication will be responded to within 2 business days or sooner during regular business hours. This includes responses inside of the Doom & Bloom Facebook group.

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**Confidentiality:**
As your spiritual care practitioner, I am committed to maintaining the highest standards of integrity and trust in our coaching relationship. All information disclosed during our sessions – including personal experiences, spiritual journey, and sensitive disclosures – is considered strictly confidential and will not be shared without your express written permission.

**Exceptions to Confidentiality:**
While your privacy is a priority, I am ethically and legally bound to disclose information in the following specific circumstances:

- Safety Concerns: If there is a clear and immediate danger of harm to yourself or others (including suicidal or homicidal intent).
- Legal Mandates: If disclosure is required by law, such as a court order or subpoena.
- Mandatory Reporting: If I have reason to suspect the abuse or neglect of a child, elderly person, or dependent adult.
- Professional Code of Conduct: In some cases, I may consult with a professional supervisor or mentor to ensure quality of service. Your identity will remain protected and anonymous during these consultations.

**Data Protection & Digital Security**

- **Records**: Any notes taken during our sessions are my business property and are kept in a secure, private location.
- **Technology**: Please be aware that standard digital communication (email, text, video conferencing) carries inherent security risks. While I use reasonable technological safeguards, I cannot guarantee absolute privacy for information transmitted electronically.

**Artificial Intelligence**

- **General Website & Program Content**: Some content is generated with the assistance of AI technology. I may use artificial intelligence tools for general business purposes. While I strive for accuracy, I encourage independent verification.
- **Client Service/Contract**: I may use artificial intelligence tools, including generative AI, to assist with research, drafting, editing, or analysis. All AI outputs are reviewed by human professionals to ensure quality and compliance. I will never willingly or knowingly give your personal, anecdotal, or private information to artificial intelligence sites.

**Privacy Policy:**

**What information do we collect?**
We collect information from you when you register on the site, place an order, enter a contest or sweepstakes, respond to a survey or communication such as e-mail, or participate in another site feature.

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When ordering or registering, we may ask you for your name, e-mail address, mailing address, phone number, credit card information or other information. You may, however, visit our site anonymously.

Like many websites, we use cookies to enhance your experience and gather information about visitors and visits to our websites. Please refer to the 'Do we use cookies?' section below for information about cookies and how we use them.

**How do we use your information?**
We may use the information we collect from you when you register, purchase products, enter a contest or promotion, respond to a survey or marketing communication, surf the website, or use certain other site features in the following ways:

- To personalize your site experience and to allow us to deliver the type of content and product offerings in which you are most interested.
- To allow us to better serve you in responding to your customer service requests. To quickly process your transactions.
- To administer a contest, promotion, survey or other site feature.

If you have opted-in to receive our e-mail newsletter or free ebook reports, we will send you educational and marketing e-mails.

If you would no longer like to receive promotional e-mail from us, please refer to the "How can you opt-out, remove or modify information you have provided to us?" section below.

If you have not opted-in to receive e-mail newsletters, you will not receive these e-mails. Visitors who register or participate in other site features such as marketing programs and 'members-only' content will be given a choice whether they would like to be on our e-mail list and receive e-mail communications from us.

**Do We Use Cookies?**
As you browse a program site, advertising cookies will be placed on your computer so that we can understand what you are interested in.

**How do we protect visitor information?**
We implement a variety of security measures to maintain the safety of your personal information. Your personal information is contained behind secured networks and is only accessible by a limited number of persons who have special access rights to such systems, and are required to keep the information confidential. When you place orders or access your personal information, we offer the use of a secure server. All sensitive/credit information you supply is transmitted via Secure Socket Layer (SSL) technology and then encrypted into our databases to be only accessed as stated above.

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**Do we disclose the information we collect to outside parties?**
We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information unless we provide you with advance notice, except as described below. It does not include website hosting partners and other parties who assist us in operating our website, conducting our business, or servicing you, so long as those parties agree to keep this information confidential. We may also release your information when we believe release is appropriate to comply with the law, enforce our site policies, or protect ours or others' rights, property, or safety.

However, non-personally identifiable visitor information may be provided to other parties for marketing, advertising, or other uses.

How can you opt-out, remove or modify information you have provided to us?

To modify your e-mail subscriptions, you can find an unsubscribe link at the bottom of each email. Please note that due to email production schedules you may receive any emails already in production. Please note that we may maintain information about an individual sales transaction in order to service that transaction and for record keeping.

**Third party links.**
In an attempt to provide you with increased value, we may include third party links on our site. These linked sites have separate and independent privacy policies. We, therefore, have no responsibility or liability for the content and activities of these linked sites. Nonetheless, we seek to protect the integrity of our site and welcome any feedback about these linked sites (including if a specific link does not work).

**Changes to our policy.**
If we decide to change our privacy policy, we will post those changes on this page. Policy changes will apply only to information collected after the date of the change. This policy was last modified on March 1, 2026.

**Questions and Feedback**
We welcome your questions, comments, and concerns about privacy. Please send us any and all feedback pertaining to privacy, or any other issue.

**Online Policy Only**
This online privacy policy applies only to information collected through our website and not to information collected offline.

**TERMS AND CONDITIONS POLICY**
PLEASE READ THE FOLLOWING TERMS AND CONDITIONS OF USE CAREFULLY BEFORE USING ANY WEBSITES ASSOCIATED WITH DOOM DOULA, LLC. All users of these sites agree that access to and use of this site is for personal use and is subject to the following terms and conditions and other applicable law. If you do not agree to these terms and

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provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you read on the Doom Doula, LLC Sites.

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Doom Doula, LLC shall not be liable for any special or consequential damages that result from the use of, or the inability to use, the materials on this Website or the performance of the products, even if Doom Doula, LLC has been advised of the possibility of such damages. Applicable law may not allow the limitation of exclusion of liability or incidental or consequential damages, so the above limitation or exclusion may not apply to you.

**FOR EDUCATIONAL AND INFORMATIONAL PURPOSES ONLY**
The information provided in or through these Websites are for educational and informational purposes only and solely as a self-help tool for your own use.

**PERSONAL RESPONSIBILITY**
You aim to accurately represent the information provided to us on or through our Websites. You acknowledge that you are participating voluntarily in using our Websites and that you are solely and personally responsible for your choices, actions, and results, now and in the future. You accept full responsibility for the consequences of your use, or non-use, of any information provided on or through these Websites, and you agree to use your own judgment and due diligence before implementing any idea, suggestion, or recommendation from our Websites to your life, family, or business.

Furthermore, you understand that I am not a psychologist or a medical doctor. I am not, nor do I claim to be, trained to provide clinical care, and that is not the purpose of this program. You understand the importance of having regular evaluations from licensed medical and psychological care providers. You agree to take responsibility for your overall health by ensuring those professionals oversee your total care plan. You should not do anything in this program – or otherwise – that goes against the advice of your doctors and licensed therapists. This program is supplemental to overall well-being and is not a substitute for clinical or therapeutic treatment, but instead, encourages and invites you into spiritual practices, while respecting that you and your doctors know best which of these you should or should not pursue.

**CODE OF CONDUCT**
You may not use Doom Doula, LLC for any illegal or unauthorized purpose. In addition to the laws of the North Carolina and United States of America, you also agree to comply with all local laws that apply to your use of the Websites. You may not use the Websites in any manner which could disable, overburden, damage, or impair the Websites, or interfere with any other party's use and enjoyment of the Websites. You agree that you are responsible for your own conduct and communications while using the Websites and for any consequences of that use. You agree that when using the Websites, you will not post or upload any inappropriate, promotional, defamatory, destructive, obscene, or unlawful content; defame, abuse, harass, or otherwise violate the legal rights (such as rights of privacy and publicity) of others or upload dangerous or

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harmful files. Doom Doula, LLC reserves the right to remove individuals from our community in instances of misconduct.

**NO GUARANTEES**

Doom Doula, LLC is to support and assist you in reaching your own goals, but your success depends primarily on your own effort, motivation, commitment and follow-through. Doom Doula, LLC cannot predict and does not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on his or her unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive on or through these Websites.

**TESTIMONIAL AND USE OF TESTIMONIAL POLICY**

By submitting the testimonial form you are agreeing to allow Doom Doula, LLC to use your testimonial for marketing purposes on all Doom Doula, LLC websites and social media pages. You agree to allow Doom Doula, LLC to adjust the testimonial in any way they see fit without your written permission or consent.

**PURCHASES AND PAYMENT PLANS**

If you wish to purchase any product or service made available through the Website ("Purchase"), you may be asked to supply certain information relevant to your Purchase including, without limitation, your name, phone number, email address, physical address, credit card information and geographic location. Please view our Privacy Policy for more information on how we use your personal information. Some parts of the Doom Doula, LLC may be billed on a payment plan basis. You will be billed in advance on a recurring basis as per the payment plan agreement.

**DISCOUNT POLICY**

Doom Doula, LLC does not offer discounts unless otherwise advertised during a specific promotional period. If the specific promotional period has ended, no discount will be offered.

**EARNINGS DISCLAIMER**

Any earnings, income statements or examples of success shown through our Websites are only estimates of what might be possible now or in the future. There can be no assurance as to any particular outcome based on the use of our Websites. You agree that Doom Doula, LLC is not responsible for the success or failure of your personal or business decisions, the increase or decrease of your finances or income level, or any other result of any kind that you may have as a result of information presented to you through our Website. You are solely responsible for your results.

**INDEMNIFICATION AND RELEASE OF CLAIMS**

You hereby fully and completely hold harmless, indemnify and release Doom Doula, LLC and any of its agents, consultants, affiliates, team members, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with the business

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from any and all causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to our Websites.

**ERRORS AND OMISSIONS**

Although every effort is made to ensure the accuracy of information shared on or through these Websites, the information may inadvertently contain inaccuracies or typographical errors. You agree that Doom Doula, LLC is not responsible for the views, opinions, or accuracy of facts referenced on or through the Websites, or of those of any other individual or company affiliated with Doom Doula, LLC in any way. Because scientific, technology, and business practices are constantly evolving, you agree that Doom Doula, LLC is not responsible for the accuracy of our Websites, or for any errors or omissions that may occur.

**NO ENDORSEMENT**

References or links in our Websites to the information, opinions, advice, programs, products or services of any other individual, business or entity does not constitute our formal endorsement Doom Doula, LLC and is merely sharing information for your own self-help. Doom Doula, LLC is not responsible for the Website content, blogs, e-mails, videos, social media, programs, products and/or services of any other person, business or entity that may be linked or referenced in our Websites. Conversely, should our Websites link appear in any other individuals, businesses or entities Websites, program, product or services, it does not constitute our formal endorsement of them, their business or their Website either.

**AFFILIATES**

From time to time, we may promote, affiliate with, or partner with other individuals or businesses whose programs, products and services align with mine. There may be instances when we promote, market, share or sell programs, products or services for other partners and in exchange we may receive financial compensation or other rewards. Doom Doula, LLC is highly selective and only promotes the partners whose programs, products and/or services we respect. At the same time, you agree that any such promotion or marketing does not serve as any form of endorsement whatsoever. You are still required to use your own judgment to determine that any such program, product or service is appropriate for you. You are assuming all risks, and you agree that Doom Doula, LLC is not liable in any way for any program, product or service that I may promote, market, share or sell on or through our Website.

**VARIATION**

Doom Doula, LLC shall have the right in its absolute discretion at any time and without notice to amend, remove, or vary the Services and/or any page of this Website.

**COMPLAINTS**

Doom Doula, LLC offers a complaints handling procedure to our clients, which we will use to try to resolve disputes when they first arise, with a solution that is mutually agreeable to both the client andDoom Doula, LLC. Please let us know if you have any complaints or comments at

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info@doomdoula.com.

**SEVERABILITY**
If any provision of these Terms is found to be unenforceable or invalid under any applicable law, such unenforceability or invalidity shall not render these Terms unenforceable or invalid as a whole, and such provisions shall be deleted without affecting the remaining provisions herein.

**ENTIRE AGREEMENT**
These Terms, including any legal notices and disclaimers contained on this Website, constitute the entire agreement between Doom Doula, LLC and you in relation to your use of this Website, and supersede all prior agreements and understandings with respect to the same.

By using our Websites you are agreeing to all parts of the above Disclaimer. If you have any questions about this Disclaimer, please info@doomdoula.com.

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# 1:1 Guidance Session T&Cs

**Policies, Terms, and Conditions for**
***1:1 Guidance Sessions with Ashley Lewis***
Referred to as, “guidance sessions”

**Refund Policy**
After the purchase of the guidance sessions is complete, there are no refunds provided.

**Expiration policy and Redemption Term:**
Guidance sessions will expire according to the following schedule, whether used or unused. The period of time before the session expires is considered the “redemption term.”

- 1 session = 2 months
- 3 sessions = 6 months
- 5 sessions = 10 months

**1:1 call cancellation, reschedule and no-show policy:**
The guidance sessions require notice of 1 business day to cancel or reschedule. We understand that emergencies occur, and they will be treated on a case-by-case basis. If you have a 1:1 guidance session scheduled and do not show up for your scheduled appointment, you will have 1 opportunity to reschedule during the redemption term. If you do not show up for that rescheduled session you will forfeit the session and will not be able to rebook it. Rebooking is subject to provider availability.

**Hours Of Operation:**
Doom Doula, LLC offers the following hours of operation: Monday - Thursday, from 10:00 am ET to 6:00 PM ET.

**Business Contact:**
For assistance, please email info@doomdoula.com. All client communication will be responded to within 2 business days or sooner during regular business hours.

**Confidentiality:**
As your spiritual care practitioner, I am committed to maintaining the highest standards of integrity and trust in our coaching relationship. All information disclosed during our sessions – including personal experiences, spiritual journey, and sensitive disclosures – is considered strictly confidential and will not be shared without your express written permission.

**Exceptions to Confidentiality:**
While your privacy is a priority, I am ethically and legally bound to disclose information in the following specific circumstances:

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- Legal Mandates: If disclosure is required by law, such as a court order or subpoena.

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- **Technology**: Please be aware that standard digital communication (email, text, video conferencing) carries inherent security risks. While I use reasonable technological safeguards, I cannot guarantee absolute privacy for information transmitted electronically.

**Artificial Intelligence (AI)**

- **Guidance Sessions:** As a provider, I do not use AI during guidance sessions for any purpose, including recording or note-taking, and I will not permit clients to use them during guidance sessions. If accessibility is a concern, clients should disclose their needs and the provider will work to find a suitable solution that does not require AI.
- **General Website & Program Content**: Some content is generated with the assistance of AI technology. I may use artificial intelligence tools for general business purposes. While I strive for accuracy, I encourage independent verification.
- **Client Service/Contract**: I may use artificial intelligence tools, including generative AI, to assist with research, drafting, editing, or analysis. All AI outputs are reviewed by human professionals to ensure quality and compliance. I will never willingly or knowingly give your personal, anecdotal, or private information to artificial intelligence sites.

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When ordering or registering, we may ask you for your name, e-mail address, mailing address, phone number, credit card information or other information. You may, however, visit our site anonymously.

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- To personalize your site experience and to allow us to deliver the type of content and product offerings in which you are most interested.
- To allow us to better serve you in responding to your customer service requests. To quickly process your transactions.
- To administer a contest, promotion, survey or other site feature.

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**How do we protect visitor information?**
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**Do we disclose the information we collect to outside parties?**
We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information unless we provide you with advance notice, except as described below. It does not include website hosting partners and other parties who assist us in operating our website, conducting our business, or servicing you, so long as those parties agree to keep this information confidential. We may also release your information when we believe release is appropriate to comply with the law, enforce our site policies, or protect ours or others' rights, property, or safety.

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The Sites Do Not Provide Medical Advice. The contents of the Doom Doula, LLC websites, such as text, graphics, images, programs, information obtained from Doom Doula, LLC, and any other material contained on the Doom Doula, LLC Site (“Content”) are for informational purposes only. The Content is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you read on the Doom Doula, LLC Sites.

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Furthermore, you understand that I am not a psychologist or a medical doctor. I am not, nor do I claim to be, trained to provide clinical care, and that is not the purpose of this program. You understand the importance of having regular evaluations from licensed medical and psychological care providers. You agree to take responsibility for your overall health by ensuring those professionals oversee your total care plan. You should not do anything in this program – or otherwise – that goes against the advice of your doctors and licensed therapists. This program is supplemental to overall well-being and is not a substitute for clinical or therapeutic treatment, but instead, encourages and invites you into spiritual practices, while respecting that you and your doctors know best which of these you should or should not pursue.

**CODE OF CONDUCT**
You may not use Doom Doula, LLC for any illegal or unauthorized purpose. In addition to the laws of the North Carolina and United States of America, you also agree to comply with all local laws that apply to your use of the Websites. You may not use the Websites in any manner which could disable, overburden, damage, or impair the Websites, or interfere with any other party's use and enjoyment of the Websites. You agree that you are responsible for your own conduct and communications while using the Websites and for any consequences of that use. You agree that when using the Websites, you will not post or upload any inappropriate, promotional, defamatory, destructive, obscene, or unlawful content; defame, abuse, harass, or otherwise violate the legal rights (such as rights of privacy and publicity) of others or upload dangerous or harmful files. Doom Doula, LLC reserves the right to remove individuals from our community in instances of misconduct.

**NO GUARANTEES**
Doom Doula, LLC is to support and assist you in reaching your own goals, but your success depends primarily on your own effort, motivation, commitment and follow-through. Doom Doula, LLC cannot predict and does not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on

his or her unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive on or through these Websites.

**TESTIMONIAL AND USE OF TESTIMONIAL POLICY**
By submitting the testimonial form you are agreeing to allow Doom Doula, LLC to use your testimonial for marketing purposes on all Doom Doula, LLC websites and social media pages. You agree to allow Doom Doula, LLC to adjust the testimonial in any way they see fit without your written permission or consent.

**PURCHASES AND PAYMENT PLANS**
If you wish to purchase any product or service made available through the Website ("Purchase"), you may be asked to supply certain information relevant to your Purchase including, without limitation, your name, phone number, email address, physical address, credit card information and geographic location. Please view our Privacy Policy for more information on how we use your personal information. Some parts of the Doom Doula, LLC may be billed on a payment plan basis. You will be billed in advance on a recurring basis as per the payment plan agreement.

**DISCOUNT POLICY**
Doom Doula, LLC does not offer discounts unless otherwise advertised during a specific promotional period. If the specific promotional period has ended, no discount will be offered.

**EARNINGS DISCLAIMER**
Any earnings, income statements or examples of success shown through our Websites are only estimates of what might be possible now or in the future. There can be no assurance as to any particular outcome based on the use of our Websites. You agree that Doom Doula, LLC is not responsible for the success or failure of your personal or business decisions, the increase or decrease of your finances or income level, or any other result of any kind that you may have as a result of information presented to you through our Website. You are solely responsible for your results.

**INDEMNIFICATION AND RELEASE OF CLAIMS**
You hereby fully and completely hold harmless, indemnify and release Doom Doula, LLC and any of its agents, consultants, affiliates, team members, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with the business from any and all causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to our Websites.

**ERRORS AND OMISSIONS**
Although every effort is made to ensure the accuracy of information shared on or through these Websites, the information may inadvertently contain inaccuracies or typographical errors. You agree that Doom Doula, LLC is not responsible for the views, opinions, or accuracy of facts

referenced on or through the Websites, or of those of any other individual or company affiliated with Doom Doula, LLC in any way. Because scientific, technology, and business practices are constantly evolving, you agree that Doom Doula, LLC is not responsible for the accuracy of our Websites, or for any errors or omissions that may occur.

**NO ENDORSEMENT**

References or links in our Websites to the information, opinions, advice, programs, products or services of any other individual, business or entity does not constitute our formal endorsement Doom Doula, LLC and is merely sharing information for your own self-help. Doom Doula, LLC is not responsible for the Website content, blogs, e-mails, videos, social media, programs, products and/or services of any other person, business or entity that may be linked or referenced in our Websites. Conversely, should our Websites link appear in any other individuals, businesses or entities Websites, program, product or services, it does not constitute our formal endorsement of them, their business or their Website either.

**AFFILIATES**

From time to time, we may promote, affiliate with, or partner with other individuals or businesses whose programs, products and services align with mine. There may be instances when we promote, market, share or sell programs, products or services for other partners and in exchange we may receive financial compensation or other rewards. Doom Doula, LLC is highly selective and only promotes the partners whose programs, products and/or services we respect. At the same time, you agree that any such promotion or marketing does not serve as any form of endorsement whatsoever. You are still required to use your own judgment to determine that any such program, product or service is appropriate for you. You are assuming all risks, and you agree that Doom Doula, LLC is not liable in any way for any program, product or service that I may promote, market, share or sell on or through our Website.

**VARIATION**

Doom Doula, LLC shall have the right in its absolute discretion at any time and without notice to amend, remove, or vary the Services and/or any page of this Website.

**COMPLAINTS**

Doom Doula, LLC offers a complaints handling procedure to our clients, which we will use to try to resolve disputes when they first arise, with a solution that is mutually agreeable to both the client andDoom Doula, LLC. Please let us know if you have any complaints or comments at info@doomdoula.com.

**SEVERABILITY**

If any provision of these Terms is found to be unenforceable or invalid under any applicable law, such unenforceability or invalidity shall not render these Terms unenforceable or invalid as a whole, and such provisions shall be deleted without affecting the remaining provisions herein.

**ENTIRE AGREEMENT**

These Terms, including any legal notices and disclaimers contained on this Website, constitute

the entire agreement between Doom Doula, LLC and you in relation to your use of this Website, and supersede all prior agreements and understandings with respect to the same.

By using our Websites you are agreeing to all parts of the above Disclaimer. If you have any questions about this Disclaimer, please info@doomdoula.com.