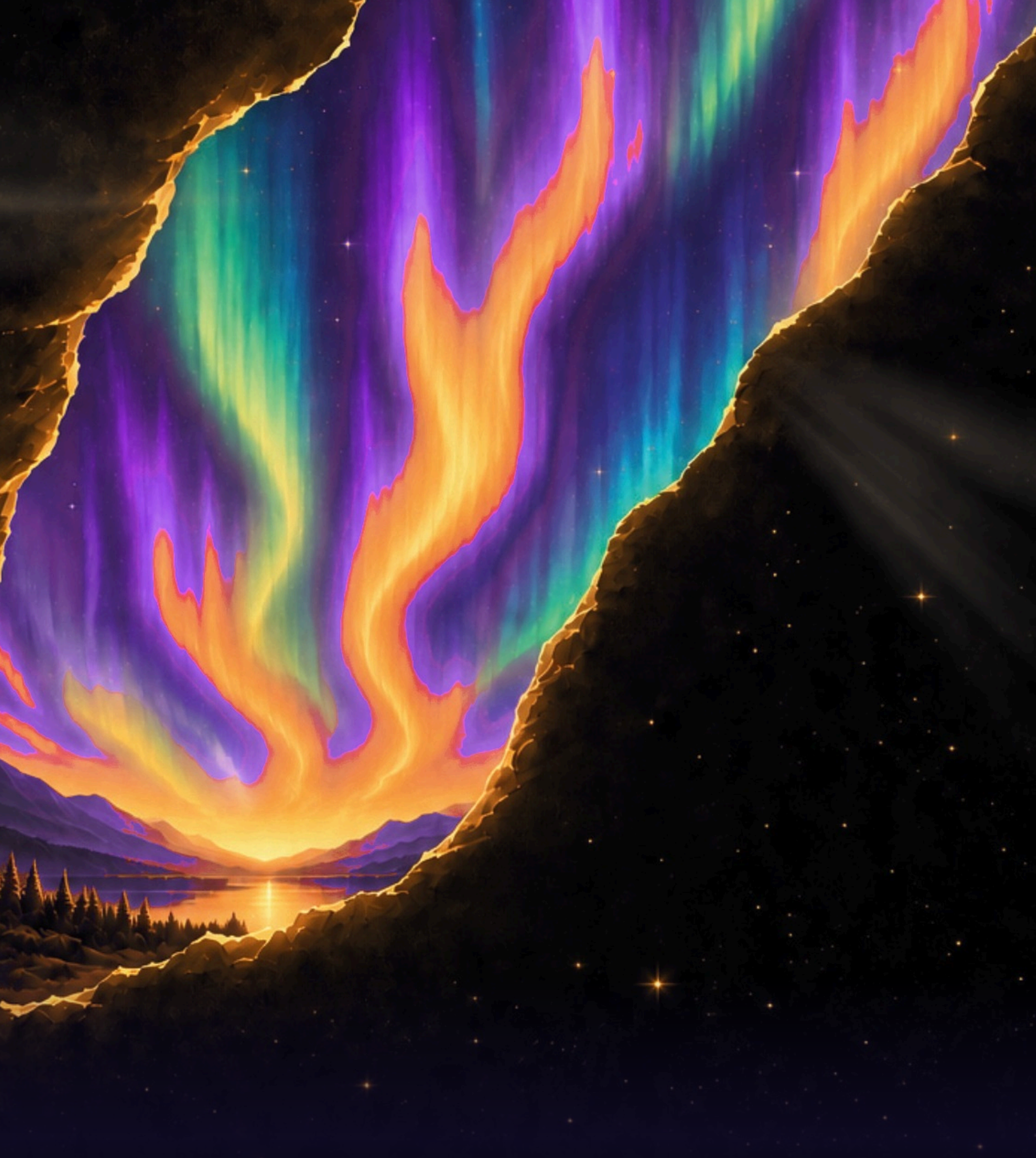




The Exploration *of Wonder*

AN EPISODE GUIDE

Donnielle Carter, NBHWC

The Episode Guide

The conversations behind the book, in the order you'll meet them.

PART 1

Energy, Mindset, and What Becomes Possible

- 1 **Science Proves Magic Is REAL!** is where the book begins: What if science and magic don't cancel each other out but enhance each other? [LISTEN](#)
- 5 **What Is The Energy Of A Word Used?** is about how the words you choose carry an energy, and how small shifts change what is possible. [LISTEN](#)

PART 2

Have You Stopped Asking Questions?

- 2 **Have You Stopped Asking Questions?** looks at when you quietly stopped wondering, and how to start again. [LISTEN](#)
- 7 **Why Do We Wait?** takes the surface answer apart so you can hear what's underneath it. [LISTEN](#)

PART 3

Gratitude, Acknowledgment, and Momentum

- 3 **The Magic Of Gratitude!** treats gratitude as a tool you use, not an idea you leave on a shelf. [LISTEN](#)
- 4 **The Necessity & Power Of Acknowledgment!** is about acknowledging yourself, so other people's approval becomes a bonus instead of a need. [LISTEN](#)

PART 4

Choice: Saying Yes to Possibility

- 6** **The Power Of YES!** covers what opens up when you say yes to possibility. [LISTEN](#)
- 8** **What Is The True Nature Of Choice?** reminds you that you can respond, adjust, and choose again at any point. [LISTEN](#)

PART 5

Asking, Trusting, and Working With the Universe

- 9** **How To Ask Of The Universe** is about asking without sitting on the couch waiting for the doorbell, because you're part of the creation. [LISTEN](#)
- 10** **Maybe You Are The One You've Been Waiting For?** asks what changes when you stop waiting to be rescued. [LISTEN](#)

PART 6

Beyond Hope: Trust, Alignment, and Knowing

- 11** **The Truth And Lies Of Hope** looks at hope as an active energy you can invite in, not a feeling you wait to catch. [LISTEN](#)

PART 7

Getting Out of Your Own Way

- 12** **Are You Getting In Your Own Way?** starts with the question and leaves out the blame. [LISTEN](#)



New episodes are waiting at donnielle.com/podcast.

Be curious. Be wonder.