

Finland Summer Adventure

FORESTS, LAKES AND
NORTHERN LIGHT

BOLDER 

Adventure

HIGHLIGHTS



ADVENTURE BY FOOT, PADDLE & BIKE

Trek, canoe and fat-bike through forest and lake country, building a broad set of practical outdoor skills and bushcraft.



WILD CAMP JOURNEY

Carry overnight kit into the national park, cook together and wake among spruce forest and northern light.



BOREAL WILDLIFE & REINDEER COUNTRY

Learn how reindeer, predators, forests, wetlands and people are connected in this northern ecosystem.



CABIN, CAMPFIRE & SAUNA

Return from active days to a simple wilderness base, shared meals, evening fire and a thoroughly Finnish sauna.

Destination

SNAPSHOT



LANDSCAPE

Old-growth spruce, rolling fells, wetlands, clear lakes and soft forest trails.



CULTURE

A close relationship with forest and water, practical outdoor traditions, reindeer livelihoods, sauna and simple shared food.



CHALLENGE LEVEL

Moderate and adaptable. Active days are balanced by a supportive cabin base and skilled instruction.



ACCOMMODATION

A group wilderness cabin in Syöte, with one expedition night under canvas.



CLIMATE

Mild days, cooler nights and a mix of sunshine and showers, with long daylight through the northern summer.



TRAVEL

Fly to Oulu or Kuusamo, then transfer to Syöte. Most programme travel is then on foot, bike or canoe.



ATMOSPHERE

Quiet, spacious, green and unhurried.



BEST FOR

Schools seeking a supported summer adventure that blends varied activity, calm wilderness and practical learning without extreme altitude or technical terrain.



FINLAND
SYÖTE NATIONAL PARK



SYÖTE SUMMER WILDERNESS ADVENTURE 7 DAYS

ONE POSSIBLE JOURNEY This sample itinerary shows how we believe you can get the most from your time and create a well-balanced adventure. The exact running order and individual elements may vary according to availability, local conditions and the needs of the group. Most aspects can be tailored to suit your school's aims, preferred duration and priorities, so please get in touch and we can shape the right programme with you.

Day 1

Arrival & First Steps into the Forest

The journey into Finland continues north to Syöte National Park, where the group meets its guides and settles into the wilderness cabin that will be home for the week. A safety briefing and kit check establish the practical routines of cabin life before a short walk introduces the surrounding forest and its ecosystems. The pace is deliberately gentle after travel: time to stretch, begin noticing the landscape and understand how the week will unfold. Dinner, a campfire and the first sauna bring everyone back together before the adventure properly begins.

Day 2

Into the Wilderness & Wild Camp

This morning the team repacks for a night outdoors and sets off along the trails of Syöte National Park. The route moves through spruce forest, wetlands and more open ground, giving students time to settle into a steady walking rhythm while practising navigation, route choice and group pacing. At the overnight site, everyone contributes to establishing camp and preparing the evening meal. The day marks a clear shift from the security of the cabin to travelling and living together in the forest, with simple routines becoming a shared responsibility.

Day 3

A New Trail Back to Base

After breakfast outdoors, the group breaks camp carefully and continues on a different route through the national park. Skills introduced the previous day now have a purpose: reading the map, keeping the group moving and making sensible decisions when energy levels vary. The return journey gives the expedition a satisfying shape, with changing terrain and new viewpoints rather than simply retracing the same path. By late afternoon, the cabin, showers and sauna provide a welcome contrast to the night outside, while a shared meal offers time to recognise what the team has already achieved.

Day 4

Canoeing the Forest Lakes

The adventure shifts onto the water today. After a full briefing on paddling technique, water safety and communication, students work in pairs to steer and move their canoes efficiently across sheltered forest lakes and channels. Progress depends on rhythm and cooperation: small adjustments from both paddlers make the boat travel smoothly. The guides also introduce the relationship between the lakes and the surrounding forest, bringing freshwater ecology into the journey without interrupting the day's momentum. Returning to the cabin, the group has experienced the same landscape from an entirely different perspective.



Day 5

Fat Bikes & Reindeer Country

Wide-tyred fat bikes bring a faster change of pace. Following a skills session on braking, control, terrain reading and safe group riding, the team heads onto forest trails and boardwalks around Syöte. The afternoon slows down for a guide-led introduction to reindeer ecology, tracking signs and the way wildlife, people and national-park management share this boreal environment. Any visit to a reindeer husbandry area is confirmed with the final programme, so the emphasis remains on what can be understood from the landscape itself. It is a varied day that combines movement, observation and local context.

Day 6

Conservation & the Closing Team Challenge

The final full day brings the week's practical skills together. Subject to current local priorities, the group may support an appropriate conservation activity or learn directly about habitat monitoring, trail care and the effects of climate on boreal forest. Later, a navigation route, fat-bike circuit or guided water session gives students another chance to take responsibility and work through a challenge together. The exact mix remains flexible, but the purpose is clear: connect the week's adventure to the care of the landscape in which it has taken place. A celebration dinner and sauna close the programme at the cabin.

Day 7

Final Walk & Journey Home

If flight timings allow, a short final walk gives the group one last look at the forest or lakeshore before packing down the cabin. The closing session is a chance to recognise the practical progress made across the week - travelling on foot, by canoe and by bike, living outdoors and contributing to the team. After farewells to the guides, the group transfers to the airport and begins the journey home, carrying a much clearer sense of Finland's northern landscape and what it takes to move through it well.







WHAT'S INCLUDED



Free teaching staff places
Bolder Adventure Programme Leader

International flights



All in-country transport
All accommodation, meals and safe drinking water

All required permits/park fees
Guided activities with expert local partners



Group safety, communication & sleep-out equipment
Travel Pack, inc. hoody or tech tee

Comprehensive travel insurance
Safety management & planning
24/7 support during travel



Highly experienced UK account management
Pre-trip briefings & training *(as applicable)*

PLEASE NOTE: Cancellation insurance, visas, vaccinations, personal expenditure, tips for leaders, guides and drivers - and any other services not listed above are not included.

NEXT STEPS

1

Consider your preferred itinerary or direction



2

Book a 20 minute planning call. We'll confirm your aims, shape the itinerary, and prepare what you need for SLT and promotion

3

Receive your customised pack for confirmation and launch

4

Reserve your dates with a small holding deposit



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DIFFERENTLY**



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