

Finland

Winter Adventure

SNOW, SKILLS AND
ARCTIC CONFIDENCE



BOLDER 

Adventure

HIGHLIGHTS



ARCTIC WINTER SKILLS

Learn safe movement on snow, snowshoeing, backcountry skiing, navigation, firecraft and shelter-building.



A NIGHT UNDER THE WINTER SKY

Prepare and complete a supported wilderness camp-out - an unforgettable test of organisation, teamwork and resilience.



NORTHERN LIGHTS

Minimal light pollution and long winter nights create the possibility of aurora viewing when weather and solar conditions align.



FINNISH WARMTH

Cabin life, hearty food, sauna and the idea of sisu - quiet determination - give the adventure a strong cultural heartbeat.

Destination

SNAPSHOT



LANDSCAPE

Snow-loaded spruce forest, frozen lakes, rolling fells and quiet ridgelines.



CULTURE

Resourcefulness, simplicity, sauna, reindeer ecology and a close everyday relationship with nature.



CHALLENGE LEVEL

Moderate to challenging. Cold-weather skills are taught progressively and activities are adapted to conditions.



ACCOMMODATION

Warm group cabin in Syöte, with one fully supported expedition night outdoors where conditions allow.



CLIMATE

Cold winter conditions, often between about -5C and -20C, with short daylight and rapid changes in wind and temperature.



TRAVEL

Fly via Oulu or Kuusamo, then transfer to Syöte. Local travel is by vehicle, ski or snowshoe.



ATMOSPHERE

Still, bright, otherworldly and deeply restorative.



BEST FOR

Schools seeking a distinctive winter adventure that develops practical skills, calm decision-making, resilience and strong team connection.



FINLAND
SYÖTE NATIONAL PARK



SYÖTE WINTER WILDERNESS ADVENTURE 7 DAYS

ONE POSSIBLE JOURNEY This sample itinerary shows how we believe you can get the most from your time and create a well-balanced adventure. The exact running order and individual elements may vary according to availability, local conditions and the needs of the group. Most aspects can be tailored to suit your school's aims, preferred duration and priorities, so please get in touch and we can shape the right programme with you.

Day 1

Arrival in Syöte

From the airport, the group travels into the snowy landscape of Syöte National Park and settles into a heated wilderness cabin with a sauna and drying room. The local team introduces the week, fits cold-weather equipment and explains the routines that keep everyone comfortable and safe in winter conditions. A short first session covers movement on snow and controlled fire-making, giving students something practical to do straight away without overloading the arrival day. Dinner and sauna bring the team together, while any Northern Lights watch remains entirely dependent on weather and solar conditions.

Day 2

Snowshoe Trek & Essential Winter Skills

Snowshoes take the group away from the cabin and into deep-snow forest and open fell terrain. Students learn how poles, pace and clothing layers work together, then practise shelter principles, safe stove use and controlled fire techniques in sub-zero conditions. The skills are grounded in the journey rather than taught in isolation: every adjustment makes movement more efficient and helps the group manage cold well. A winter-nature session introduces how animals survive these conditions before everyone returns to the cabin. Warm food, dry kit and sauna make the contrast with the outdoor environment especially clear.

Day 3

Backcountry Skiing, Navigation & Winter Ecology

Today the team changes equipment and learns to travel on backcountry skis. The morning begins with balance, climbing and controlled descending before a short journey puts those techniques into practice on soft snow. Later, guides introduce winter tracking and the signs left by species such as reindeer and Arctic hare; any evidence of less common wildlife is seasonal and cannot be guaranteed. Ice-fishing may also be included if conditions are suitable. By the end of the day, students are reading the winter landscape in a new way - through tracks, snow, terrain and the choices needed to move safely across it.

Day 4

The Winter Expedition

This is the defining challenge of the week. Travelling by snowshoe or ski, depending on conditions, the group leaves the cabin and journeys with its guides to a suitable wilderness camp. Students help pitch winter tents, organise equipment and cook outdoors while managing warmth, light and time carefully. Night-navigation principles and the Arctic sky may form part of the evening before the team settles into winter sleeping systems for a fully supported night outside. The achievement lies in the practical detail: staying organised, looking after one another and making camp work calmly in a genuine cold-weather environment.



Day 5

Return, Recover & Reflect

Morning camp routines matter just as much as the night itself. The group eats, packs down and checks the site before travelling back to the cabin, where equipment can be cleaned and dried. The afternoon deliberately slows the pace. A workshop on Finnish folklore, reindeer traditions and Arctic living places the expedition in a wider cultural setting, while a woodcraft or winter-cooking challenge may provide a more relaxed shared task. Time for structured reflection allows students to recognise what felt difficult and what became manageable. The evening sauna is both recovery and a thoroughly Finnish end to the day.

Day 6

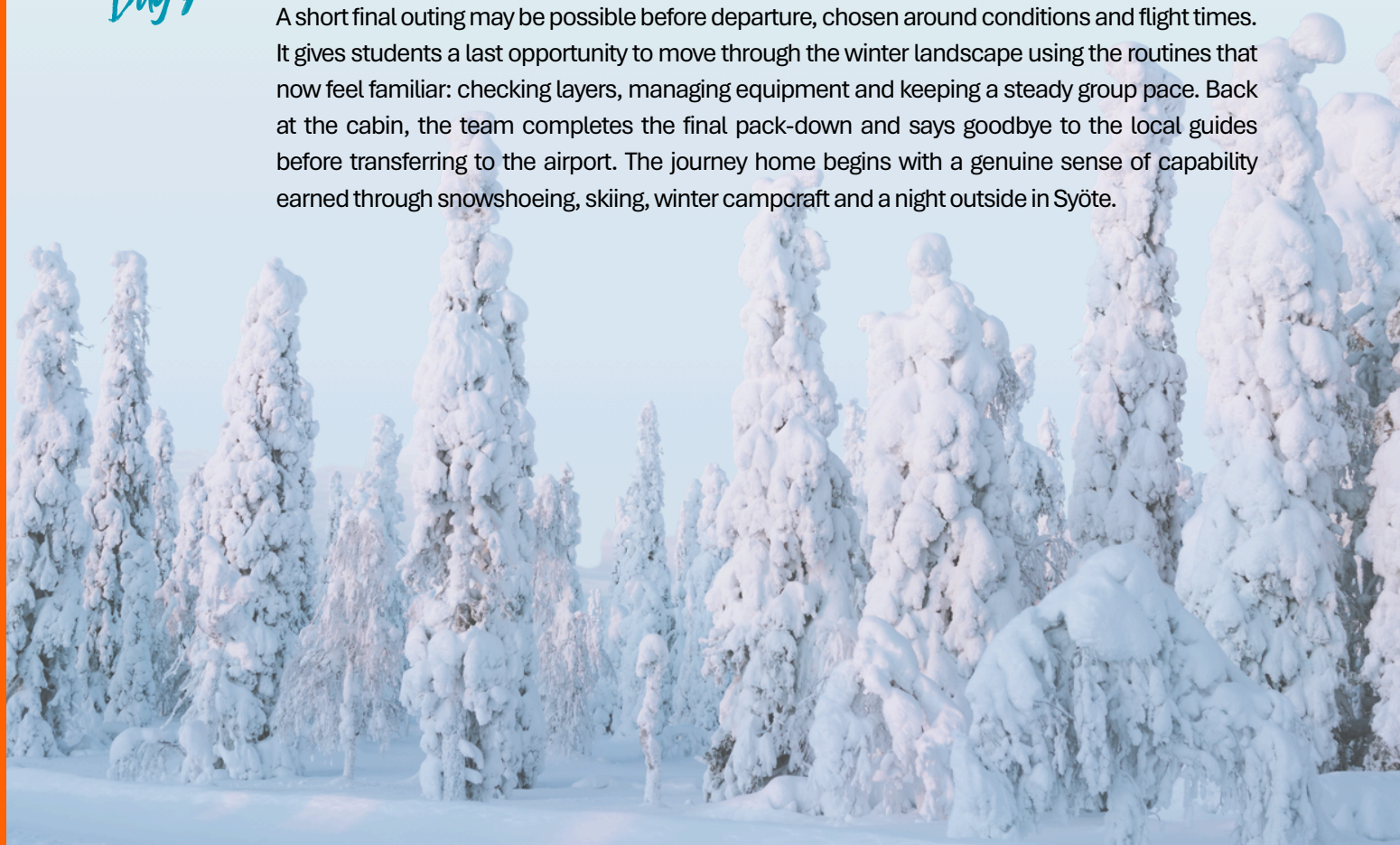
Wildlife, Conservation & a Final Adventure

The final full day remains responsive to weather, guide availability and confirmed local opportunities. A morning session may explore winter forest conservation, wildlife monitoring, reindeer ecology or snowpack and climate, with the precise activity agreed before travel. In the afternoon, the group returns outdoors for a new snowshoe route, a backcountry-ski circuit or a winter-skills challenge. It is a chance to use familiar equipment with greater independence and to see how far the team has progressed since arrival. A closing session, dinner and sauna bring the week together without trying to make every moment equally dramatic.

Day 7

Closing Ridge & Journey Home

A short final outing may be possible before departure, chosen around conditions and flight times. It gives students a last opportunity to move through the winter landscape using the routines that now feel familiar: checking layers, managing equipment and keeping a steady group pace. Back at the cabin, the team completes the final pack-down and says goodbye to the local guides before transferring to the airport. The journey home begins with a genuine sense of capability earned through snowshoeing, skiing, winter campcraft and a night outside in Syöte.







WHAT'S INCLUDED



Free teaching staff places
Bolder Adventure Programme Leader

International flights



All in-country transport
All accommodation, meals and safe drinking water

All required permits/park fees
Guided activities with expert local partners



Group safety, communication & sleep-out equipment
Travel Pack, inc. hoody or tech tee

Comprehensive travel insurance
Safety management & planning
24/7 support during travel



Highly experienced UK account management
Pre-trip briefings & training (*as applicable*)

PLEASE NOTE: Cancellation insurance, visas, vaccinations, personal expenditure, tips for leaders, guides and drivers - and any other services not listed above are not included.

NEXT STEPS

1

Consider your preferred itinerary or direction



2

Book a 20 minute planning call. We'll confirm your aims, shape the itinerary, and prepare what you need for SLT and promotion

3

Receive your customised pack for confirmation and launch

4

Reserve your dates with a small holding deposit



BOLDER 

**SEE THE WORLD
DIFFERENTLY**



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