
Peru
Andes & Amazon
MOUNTAIN CHALLENGE, WILDLIFE
AND CONSERVATION
BOLDER

Adventure
HIGHLIGHTS



ANDEAN TREK
Follow the Salkantay route from high mountains towards cloud forest over four walking days. Camp along the way, share the challenge and discover the Andes at walking pace.



SACRED VALLEY
Ease into the altitude with gentle walks and local experiences in the Sacred Valley. Discover Andean traditions and everyday life before exploring Cusco and preparing for the trek.



MACHU PICCHU
Explore Machu Picchu with a local guide after the mountain journey. Its remarkable terraces and setting bring Inca history to life, adding a memorable highlight to the expedition.



MANU RAINFOREST
Journey into Manu's forest landscapes for wildlife encounters and conservation learning with local hosts. Jungle trails, colourful birds and simple lodge living bring a completely different side of Peru.

Destination SNAPSHOT

LANDSCAPE

High Andean mountains, the Sacred Valley and Machu Picchu give way to Manu's cloud forest and rainforest foothills. Cusco's historic streets and Lima's coast complete a wonderfully varied journey.

CULTURE

Inca heritage and living Andean traditions meet in markets, local workshops and time with community hosts. Discover the people and stories behind the landscapes travelled on foot.

CHALLENGE LEVEL

Challenging. Four consecutive walking days on Salkantay include a demanding high pass. Acclimatisation, fitness preparation and local guiding support a rewarding mountain journey with shared camp routines.

ACCOMMODATION

Shared hotels and guesthouses between stages, three trek camps and a night in Aguas Calientes, followed by three nights in simple forest lodges around Manu's Cultural Zone.

CLIMATE

Cold mountain nights and strong sunshine contrast with the warmth and humidity of the forest. Rain is possible throughout; layers and good preparation help the team enjoy each setting.

TRAVEL

Fly via Lima with return domestic flights to Cusco. Walk through the Andes, return from Machu Picchu by rail and road, then explore Manu on a road-based forest journey.

ATMOSPHERE

Expansive and absorbing: mountain effort, shared camp life and Inca discoveries, followed by birdsong, forest trails and local connections. A varied journey with time to enjoy each other's company.

BEST FOR

Schools seeking a substantial mountain challenge, rainforest discovery and locally led conservation learning. Students develop confidence through shared responsibility, practical involvement and the experience of travelling from the Andes into a different natural world.



ANDES & AMAZON EXPEDITION 21 DAYS

ONE POSSIBLE JOURNEY This sample itinerary shows how we believe you can get the most from your time and create a well-balanced adventure. The exact running order and individual elements may vary according to availability, local conditions and the needs of the group. Most aspects can also be tailored to suit your school's aims, preferred duration and priorities, so please get in touch and we can shape the right programme with you.

Day 1

Depart the UK

Fly overnight to Peru and begin three weeks of adventure together. Ahead lie the Sacred Valley, mountain trails, Machu Picchu and the forests of Manu. The expedition starts as the team leaves familiar routines behind, shares responsibility for the journey and looks forward to experiencing a country through its landscapes, history and people.

Day 2

Arrive in Peru

Land in Lima and transfer to the hotel, with time to recover from the flight and settle into the team. Share a meal, organise belongings and discuss the journey ahead. A gentle introduction to the city gives a first taste of Peru, while an unhurried start leaves everyone ready for the move from the coast into the Andes.

Day 3

Into the Sacred Valley

Fly to Cusco, where the Andes become the backdrop to the expedition, then transfer down to the Sacred Valley. Settle into the guesthouse and take things slowly as the team begins adjusting to the altitude. The mountain views make a striking introduction, with time to rest, eat well and enjoy the change of setting before exploring further.

Day 4

Sacred Valley Life

Explore the Sacred Valley through a gentle walk and a hosted cultural workshop. Meet local people, discover a traditional skill and begin connecting the mountain landscape with everyday life. There is time to ask questions and enjoy the surroundings without rushing. This first full valley day combines cultural discovery with a measured start to the team's acclimatisation.

Day 5

Discovering Cusco

Travel to Cusco and settle into the guesthouse before exploring its streets and plazas. The city brings a new perspective on Andean history, with everyday life unfolding around its old stone buildings. Help find a place for dinner, compare choices and organise the meal within the team budget. These practical decisions are part of learning to travel together.

















Day 6

Markets and Inca Heritage

Spend the day exploring Cusco's heritage and markets, discovering the stories and flavours that give the city its character. Planned cultural visits help connect Inca history with the mountain journey ahead. Between visits, the team takes a greater role in arranging meals and local movements, building confidence while keeping the pace comfortable as acclimatisation continues.

Day 7

Ready for the Andes

Take a practice walk with the leader, then meet the trekking team and complete the final preparations. Check equipment, organise loads and talk through the route and camp routines. The mountains are close now, and anticipation builds as the plan becomes real. A steady day and a good night's rest help everyone approach the first stage ready to begin.

Day 8

Trek Day 1 - Into the Mountains

Travel to the trailhead and begin the Salkantay journey with local guides. Settle into a sustainable walking pace as mountain scenery opens around the team. Today introduces the routines that will carry you through the trek: looking after equipment, managing effort and encouraging one another. Arrive at the first camp and enjoy a shared meal in a remarkable setting.

Day 9

Trek Day 2 - The High Pass

Take on the demanding high-pass stage, with the guides setting a measured pace through the Andean landscape. This is a day for steady effort and encouragement, rewarded by the scale of the mountains around you. Descend towards the next camp as the scenery begins to change, finishing with the satisfaction of a substantial challenge shared by the whole team.





Day 10

Trek Day 3 - Towards the Cloud Forest

Continue downhill as the high mountain landscape gives way to greener slopes and cloud forest. Look out for birds and the changing plant life, with local guides helping interpret what you see. The walking remains a challenge, but familiar camp routines and a growing confidence give the day a different feel. Settle into another night along the trail.

Day 11

Trek Day 4 - Complete the Journey

Complete the fourth walking stage through the valley landscape before continuing to Aguas Calientes for the night. Four days of shared effort now form a complete mountain journey, with changing views and plenty of stories along the way. Settle into the hostel, enjoy a meal and rest tired legs, ready for tomorrow's visit to Machu Picchu.

Day 12

Explore Machu Picchu

Visit Machu Picchu with a local guide, exploring its stone terraces and learning about the Inca world in an extraordinary mountain setting. After travelling through the Andes on foot, this remarkable place becomes part of a much bigger personal journey. Take time to look closely and ask questions before returning by train and road to Cusco for the night.

Day 13

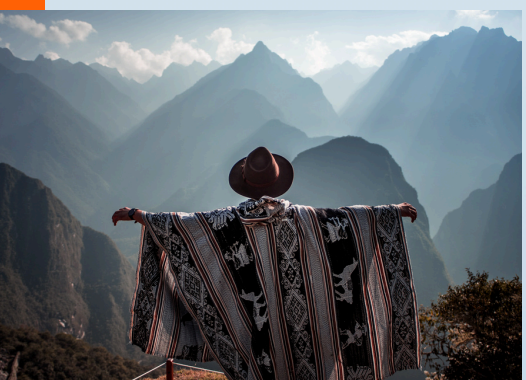
Rest and Enjoy Cusco

Enjoy a gentler day in Cusco after the trek and Machu Picchu. There is time to rest, catch up on laundry and revisit a favourite corner of the city. Share stories from the trail and help organise a relaxed meal together. This breathing space lets the achievement settle in before the expedition moves towards the forests on the eastern slopes of the Andes.

Day 14

Into Manu's Forests

Leave Cusco early for the journey towards Manu, crossing the Andes before descending into a world of cloud forest, ferns and birdsong. The changing landscape is part of the adventure, with stops to explore along the way. Meet the local guides and settle into a simple forest lodge, ready for a very different chapter of Peru.











Day 15

Rainforest Discovery

Explore Manu's Cultural Zone with local guides, following forest trails and looking for monkeys, colourful birds and the smaller creatures easily missed among the leaves. Learn how to observe quietly and recognise signs of wildlife. As the team gets to know the forest, conversations with your hosts introduce the connections between conservation, local livelihoods and this remarkable landscape.

Day 16

Hands-on Conservation

Spend the day learning alongside local hosts, combining forest exploration with practical conservation activities. These could include recording birds or butterflies, or helping care for native plants in a nursery. Your hosts shape the programme around their current work, sharing skills and knowledge that bring the forest to life. Enjoy a final evening surrounded by the sounds of the jungle.

Day 17

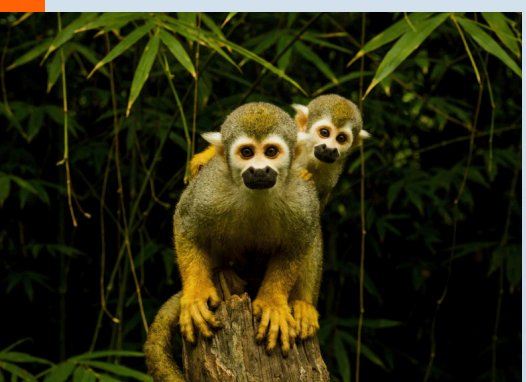
From Forest to Mountains

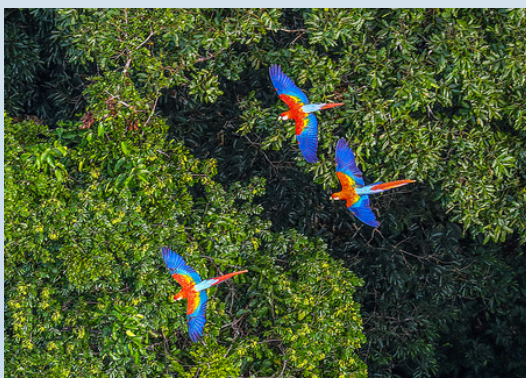
Say goodbye to the forest hosts and begin the journey back to Cusco. Allow the day for travel as the road climbs from green foothills through cloud forest towards the Andes. Changing views offer a final reminder of the landscapes explored together. Arrive back in the city, settle into the guesthouse and enjoy a well-earned evening meal.

Day 18

A Final Day in Cusco

Enjoy a relaxed final day in Cusco after the forest journey. Explore at an easy pace, browse the markets or revisit places that caught the team's interest earlier in the expedition. Help choose and arrange a celebration meal within the budget. After mountain camps and jungle discoveries, this is a chance to enjoy the city and the team's achievements together.





Day 19

Back to the Pacific Coast

Fly from Cusco to Lima, exchanging mountain views for the Pacific coast. If flight timings allow, enjoy a walk through a coastal neighbourhood and take in the different atmosphere of the capital. Spend the final night in Peru together, reflecting on the journey and checking arrangements for tomorrow. Staying overnight leaves breathing room before the international flight home.

Day 20

Depart Peru

Transfer to Lima airport and begin the journey home. The trek, Machu Picchu and forest discoveries now form a shared collection of experiences, from big achievements to the small moments of travelling together. Organise belongings, look after the practical details and enjoy time with the team as the expedition returns from Peru to familiar surroundings.

Day 21

Arrive Home

Arrive back in the UK after three weeks in Peru. Return with memories of mountain camps, Inca heritage and rainforest wildlife, alongside the confidence gained through shared effort and responsibility. The expedition ends at the airport, but the experience of tackling a substantial challenge and travelling as a team will give everyone plenty to talk about long afterwards.



WHAT'S INCLUDED

Free teaching staff places
Bolder Adventure Programme Leader

International flights

All in-country transport
All accommodation, meals and safe drinking water

All required permits/park fees
Guided activities with expert local partners

Group safety, communication & sleep-out equipment
Travel Pack, inc. hoody or tech tee

Comprehensive travel insurance
Safety management & planning
24/7 support during travel

Highly experienced UK account management
Pre-trip briefings & training *(as applicable)*

PLEASE NOTE: *Cancellation insurance, visas, vaccinations, personal expenditure, tips for leaders, guides and drivers - and any other services not listed above are not included.*

NEXT STEPS

1. Consider your preferred itinerary or direction

2. Book a 20 minute planning call. We'll confirm your aims, shape the itinerary, and prepare what you need for SLT and promotion

3. Receive your customised pack for confirmation and launch

4. Reserve your dates with a small holding deposit



BOLDER

SEE THE WORLD DIFFERENTLY

hello@wearebolder.co.uk

+44 (0)1244 794601