



With the Name Allah, The Merciful, Benefactor, The Merciful Redeemer



PROFESSIONAL EXPERIENCE

Mental Health Therapist,
MPB GROUP INC
Adjunct Professor,
Towson University, Psychology Department

KNOWLEDGE / SKILLS / ABILITIES

Active Listening
Group Facilitating

BOARD EXPERIENCE

Muslim Community Cultural Center
of Baltimore Trustee 2021-2026

Tala Drammeh, MA, LGPC, works as a licensed psychotherapist and teaches at Towson University as an adjunct professor in the Psychology Dept. He earned both his Bachelor's Arts in Psychology and Religious Studies and Master's of Arts in Counseling at Towson University. Before becoming a therapist, Tala worked as a mentor for two years at Advanced Behavioral Health in Baltimore City. He worked with black male youth from the ages of five to nineteen. Throughout this experience, Tala helped clients achieve their goals through in-depth coaching, training, educating, and supporting linkages to community resources. As a graduate student, he completed a yearlong internship at Lighthouse Inc. Youth and Family Services. Tala served as intern clinician where he provided mental health counseling to youth and families as he used a family systems approach that recognized the family unit as a complex social system, in which individuals interact to influence each other's behavior. Tala identified each family member's strengths, addressed and identified family member's needs, and utilized community resources. In addition to his therapeutic work, Tala is actively involved in interfaith work. Last year, he participated in an interfaith cohort at the Institute for Islamic, Christian, and Jewish Studies (ICJS) as a representative for the Muslim Community Cultural Center. He worked with other religious communities to promote interreligious understanding, deepen relationships, and cultivate areas of belonging. In the Fall, he will begin his Master's in Islamic Chaplaincy at Hartford International University for Religion and Peace.

In his leadership experience, Tala volunteered as a cluster facilitator in January 2020 at the LeaderShape retreat. At this retreat, Tala supported black college students as they participated in the process of self-discovery and self-reflection. Tala helped students identify the values they hold to help make a difference in their communities. In the process of this self-assessment, Tala helped facilitate small group discussions and team-building challenges as students developed a vision for something they cared about. Additionally, students were able to further discuss who they are and the impact they would like to have on various communities to work towards a just and equitable society. Tala continues to help foster positive interpersonal relationships and create safe and trusting environments for personal growth. Furthermore, Tala aspires to create environments conducive to learning and help enhance the learning of others. He embraces every opportunity presented to help young adolescents and adults strive toward their academic, personal, and/or life goals, while fostering meaningful relationships.