Maureen Ross Gemme
KEYNOTE SPEAKER



Maureen Ross Gemme

MS Ed, CPC · Keynote Speaker · Everything DiSC® Authorized Partner · Author

Turn stress into self-awareness, conflict into connection, and bosses into leaders.

4,000+ professionals trained

170+ organizations

30 years in corporate HR, IT & training

SIGNATURE KEYNOTE

Personality Under Pressure

Understand your personality style, manage stress, and take care of yourself so you can keep showing up for others.

When pressure rises, people become more intense versions of themselves. Maureen teaches the four Everything DiSC® styles, then everyone self-selects their style in a live phone poll and sees the mix of styles in the room. Audiences will:

- Recognize their own DiSC® style and the styles around them
- See how stress, burnout, and compassion fatigue show up differently for each style
- Leave with simple self-care they will actually use

Format: 60-minute keynote or 1 hour 40-minute workshop.

More keynotes

Elevate Your Inner Leader
Quiet the inner critic and lead with confidence.

7 Steps to Transformation in Leadership
Lead yourself through change, no matter what life throws at you.

Build EQ at Work
Grow emotional agility with the Everything DiSC® model of emotional intelligence.

Give, Replenish, Grow
The six human needs behind burnout, and how to keep giving without running on empty.

Training

- **Everything DiSC® workshops** for teams and leaders
- **DiSC® Facilitator Certification** for your internal trainers
- **Leadership development** on trust, communication, conflict, and feedback

What event hosts say

> *"She is a dynamic and engaging speaker whose energy and insight make a long lasting impact... attendees raved about her perspective-shifting messaging and meaningful take-aways."*
>
> **Ashley Tostarelli, MPH, Home Visiting Manager, Connecticut Office of Early Childhood**

> *"As expected, she exceeded our expectations... Her relaxed, engaging style, paired with a wonderful sense of humor, creates an atmosphere that is both uplifting and empowering."*
>
> **Sharon Cammilleri, HR Business Partner, Lectra**

Where she has spoken and trained

CT Office of Early Childhood · UConn · Bryant University Women's Summit · University of Hartford · Lectra · ISACA Greater Hartford · Connecticut Public Learning · CHD · CSAE · ABWA · eWomen Network · Bradley Regional Chamber

Why planners book her

- Interactive from the first few minutes, with live polling
- Warm, funny, and refreshingly real
- Easy to work with, start to finish

Book Maureen
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BOOK A DISCOVERY SESSION