



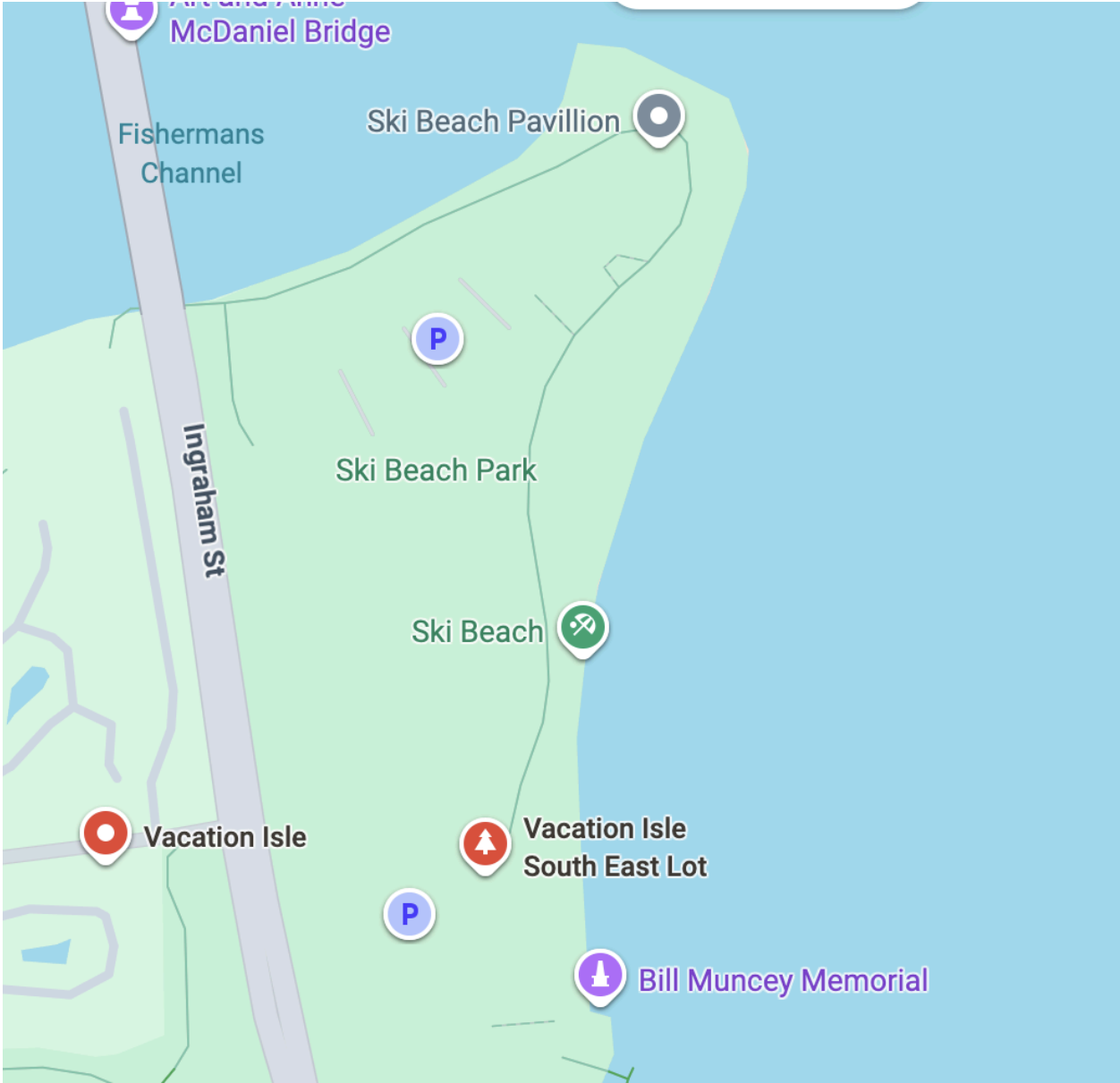
STORMLIGHT DREAM FOUNDATION

presents

IgNight Flow Day 2026

Getting There

Ski Beach Pavillion, 7603803800, 1600 Vacation Rd,
San Diego, CA 92109



What To Bring

Prepare for a Day of Flow

Tools

We will have workshops and flow jams, bring the tools you rock and the ones you want to improve on. ALSO - we will have the Flow Dojo's Try-Brary up and active, so if no tools, or not the one you want to learn, no problem!



BYO-Everything



No Vending allowed at this event, which also means bring all the food and beverages NO GLASS, NO ALCOHOL that you will need for the day. We will have water available so DO BRING your reusable vessels.

Sun Effects

Be smart, take care of yourself. For you, does this mean a big hat? Sunblock, extra electrolytes? Also, it will be dark when we leave, likely you have a flashlight on your phone, but headlamps are also our friends for when the sun effects go away. As we know, temperatures alternate, even quicker next to the water. Bringing layers suggested.

Schedule & Events



	Dojo 1	Dojo 2	Dojo 3
2:00	HOOP GIVE AWAY		
2:30	Nicopedia	Scott	Workshop 1
3:30	Michelle Star	Workshop 2	Workshop 2
4:30	Ravenwood	Workshop 3	Workshop 3
5:30	Day Party	Flow Jam	
7:06	Sunset/Light	the Fire	
	Closing	Circle	

8:00

Official End

HOOP GIVEAWAY'S



First 30 people to arrive receive a New Hoop & tape to customize it.

All you have to do is show up!?! Cool!

StormLight Dream Foundation

DONATE - <https://stormlightdreamfoundation.org/donate-now/>

VOLUNTEER - Help at our next activation

JAM SESSIONS - Find Flow Jams Here

LEARN MORE - stormlightdreamfoundation.org/

BE ECO AWARE - Hints, Tips, Tricks

Leave No Trace

Leave it Better Than You Found It - As Flow Artists, Let's Flow With Our Planet. See something, like trash on the ground, pick up.

MOOP = Matter Out Of Place – Does it Belong?



PARK RULES

There are restrooms on site. Shared with other public park goers

Follow all posted regulations

This is a permitted event please respect the rules

28. The following prohibitions are in place at all City parks and/or facilities:

- Smoking [SDMC §43.1003]
- Open fires [SDMC§630.102(c)(11)]
- Glass beverage containers [SDMC§63.0102(c)(7)]
- Picking flowers and/or damaging shrubs, plants, and trees [SDMC §62.0604]
- Animals (other than service animals) inside buildings or off leash at any park facility (unless designated as an off leash site) [SDMC §63.0102(c)(2)]
- Soliciting funds [SDMC §63.0102(c)(14)]
- Sale of merchandise [SDMC§63.0102(c)(13)]
- Balloons (all types) at all outdoor areas
- Advertising on City park property; flyers, pamphlets, or handouts are not to be left on cars or passed out in parks [SDMC §63.0102(c)(1)]
- Remote controlled soaring and/or gliding crafts [SDMC §63.0201]