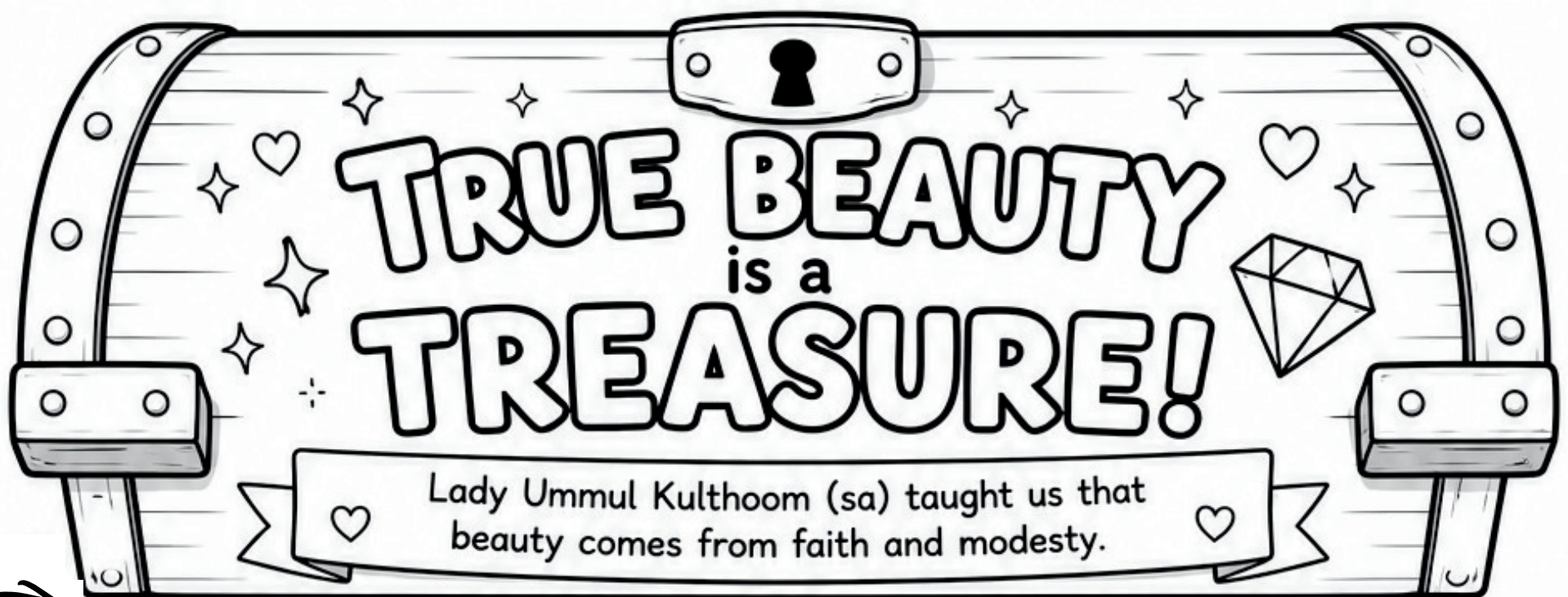




Fold here

1

MODEST WORDS

- I speak kindly.
- I do not gossip.
- I use good manners.

2

MODEST DRESS

- I dress respectfully.
- I remember Allah sees me.
- My value is more than my appearance.

3

MODEST ACTIONS

- I help others.
- I am respectful.
- I do good even when nobody is watching.

4

MODEST EYES

- I lower my gaze.
- I do not stare.
- I look for the good in others.

5

MODEST HEART

- I love God
- I love the Ahlulbayt (a).
- I stay humble.

THE GREATEST TREASURE

True beauty is in modesty and faith.

One way I will be modest this week: _____

Fold here

My Treasure. My Choice. My Promise.

- ♥ I choose modesty.
- ♥ I choose kindness.
- ♥ I choose to please Allah.

I CAN BE A LIGHT!

