



2nd PELVIC FLOOR

—AND— CONTINENCE CARE CONGRESS



27TH & 28TH
NOVEMBER 2026



Millenium Airport Hotel,
Dubai, UAE

Organized By





Chairperson's Welcome Message

Dear Colleagues and Esteemed Guests,

It is my distinct pleasure to welcome you to the second edition of the **2nd Pelvic Floor and Continence Care Congress being held on 27th & 28th November 2026** here in the dynamic city of Dubai.

This groundbreaking Two-day congress brings together leading experts, multidisciplinary specialists, and dedicated healthcare professionals who share a common commitment to improving the quality of life for patients affected by pelvic floor disorders and continence issues. The congress aims to foster collaboration, inspire innovation, and provide evidence-based insights into diagnosis, management, surgical and non-surgical treatment approaches, and patient-centered care.

As the Chairperson, I am proud to support this much-needed platform that highlights the evolving landscape of pelvic floor and continence care. Together, we will explore the latest research, technological advancements, and clinical best practices that are reshaping our approach to these often under-discussed conditions.

I invite you to engage actively in the discussions, learn from esteemed faculty, and build meaningful connections that extend beyond this congress. Your participation not only elevates the scientific discourse but also drives forward our collective mission to deliver compassionate, precise, and comprehensive care to those we serve.

I look forward to a day of insightful learning and impactful dialogue.

Warm regards,

Dr. Talal Jabbar

Chairperson, First Pelvic Floor and
Continence Care Congress

Consultant Urological Surgeon

Dr. Sulaiman Alhabib Hospital, Dubai

MBChB, MRCS, MPhil, FRCS (Urol)





Congress Chairman



Dr. Talal Abdul Jabbar
Consultant Urologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**

Speakers

- Dr. Ahmed AlNaemi**, Consultant Urologist, **Burjeel Hospital, Abu Dhabi, UAE**
Mr. Alaa Al Abaddi, Physiotherapy & Rehabilitation Manager, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Dr. Ali Al Khazaali, Consultant Endocrinologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Prof. Amrith Rao, Consultant Urologist, **Emirates Hospital, Dubai, UAE**
Dr. Andrew Baird, Consultant Urologist, **University Hospital Aintree, Liverpool, UK**
Dr. Anna Sepiolo, Functional & Aesthetic Gynaecologist **EV Clinic, Dubai UAE**
Dr. Asheesh Kaul, Consultant Urologist, **First/Fakih IVF & Jumeirah American Clinic, Dubai, UAE**
Dr. Azar Khunda, Consultant Urogynaecologist, **Guy's and St Thomas' NHS Foundation Trust, Chair BSUG (British Society of Urogynaecology), London, UK**
Dr. Bilal Farhan, MD, FACS, Associate Professor of Urology, Program Director of Functional Urology **CLS Health, Houston, Texas, USA**
Dr. Feruza Gafarova, Endocrinologist, Novomed, **Dubai, UAE**
Dr. Hala Elyes, Consultant Gynaecologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Dr. Labib Edison Riachi, Robotic Gynaecologist & Pelvic Surgeon, **Mediclinic City Hospital, Dubai, UAE**
Dr. Majidah Bukhari, Consultant Gastroenterologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Prof. Mohammed Aljumaily, Consultant Neurosurgeon, American Spine Center
Prof. Omar Raheem, Consultant Urologist, **Cleveland Clinic Abu Dhabi, UAE**
Dr. Omar Shafii, Consultant Family Medicine, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Dr. Rozh Jalil, Consultant Urologist, **American Hospital Dubai, UAE**
Dr. Sadiya Hussain, Consultant Gynaecologist, **Mediclinic City Hospital, Dubai, UAE**
Dr. Salah El Rai, PhD, Senior Consultant Radiologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Dr. Talal Abdul Jabbar, Consultant Urologist, **Dr Sulaiman Al Habib Hospital, Dubai, UAE**
Dr. Tamara AlAdhami, Consultant Gynaecologist, **Mediclinic City Hospital, Dubai, UAE**



Target Audience



Urologists

Specialists focused on functional female urology, and male and female incontinence.



Urogynecologists

Experts in surgical and non-surgical management of pelvic floor disorders in women and complex urological conditions.



Obstetricians and Gynecologists

Physicians dedicated to women's reproductive health, including conditions affecting the pelvic organs.



General Practitioners and Family Medicine Physicians

Primary care doctors who play a key role in the early detection and management of continence and pelvic floor issues.



Researchers and Academicians in Urology and Pelvic Health

Individuals contributing to scientific advancements and education in urinary incontinence.



Medical Students, Interns, and Residents

Emerging healthcare professionals seeking foundational and advanced knowledge in pelvic floor health.



Allied Health Professionals

Pelvic Floor Physiotherapists, Continence Nurses, Nurse Practitioners, Rehabilitation Specialists



Day 1 – Friday, 27 November 2026

From Symptoms to Solutions: Multidisciplinary Pelvic Floor Care

08:00 – 08:45 Registration, Welcome Coffee & Exhibition
08:45 – 09:00 Opening Ceremony
Welcome Address & Opening Remarks
Dr Talal Abdul Jabbar – Congress Chairman

09:00–10:30 | SESSION 1

Seeing the Whole Patient: Recognition, Imaging & Neurological Function

09:00–09:20 **Dr Omar Shafii** 
Pelvic Floor Problems in Primary Care: Recognising the Symptoms Patients Don't Always Talk About

09:20–09:40 **Dr Salah El Rai, PhD** 
Dynamic Pelvic Floor MRI: Seeing What Clinical Examination Can Miss

09:40–10:00 **Prof Mohammed Aljumaily** 
From Spine to Pelvic Floor: Neurological Dysfunction and the Emerging Role of Regenerative Therapies

10:00–10:20 **Mr Alaa Al Abaddi** 
Pelvic Floor Physiotherapy: First-Line Treatment or Adjunct?

10:20–10:30 Panel Discussion & Audience Q&A
Who Really Needs Multidisciplinary Pelvic Floor Assessment?

10:30–11:00 Morning Coffee Break & Exhibition

11:00–12:20 | SESSION 2

Chronic Pelvic Symptoms: Pain, Bowel & Functional Disorders

11:00–11:25 **Dr Hala Elyes** 
Does Chronic Pelvic Pain Always Require Laparoscopy?

11:25–11:50 **Dr Majidah Bukhari** 
Why Are You Still Constipated Even Though You Take Laxatives?

11:50–12:20 Multidisciplinary Panel Discussion
Chronic Pelvic Pain: Gynaecological, Urological, Bowel, Musculoskeletal—
or All of the Above?

12:20–13:20 Lunch Break & Exhibition



| Day 1 – Friday, 27 November 2026

13:20–15:00 | SESSION 3

Pelvic Floor Surgery: Reconstruction, Treatment Sequencing & Controversies

- 13:20–13:40 **Dr Labib Edison Riachi** 
Robotic Pelvic Floor Surgery: From Prolapse to Complex Reconstruction
- 13:40–14:00 **Dr Sadiya Hussain** 
Pelvic Organ Prolapse or Urinary Incontinence First: Which Should We Treat?
- 14:00–14:20 **Dr Talal Abdul Jabbar** 
Mesh or No Mesh? Evidence, Myths, and Patient Outcomes
- 14:20–14:40 **Dr Azar Khunda** 
Training the Urogynaecologist of the Future: The RCOG Pathway, Standards and Lessons from UK Practice
- 14:40–15:00** **Expert Panel & Audience Q&A**
Pelvic Floor Surgery: What to Treat, When to Treat and How?
- 15:00–15:30** Afternoon Coffee Break & Exhibition

15:30–16:30 | SESSION 4

The Future of Multidisciplinary Pelvic Floor Care

- 15:30–16:10 Faculty Roundtable
What Should the Modern Pelvic Floor Centre Look Like?
- A multidisciplinary discussion involving Urology, Urogynaecology, Gynaecology, Radiology, Neurosurgery, Gastroenterology, Primary Care and Pelvic Floor Physiotherapy.
- 16:10–16:30** **Audience Q&A, Key Messages & Day 1 Closing Remarks**



DAY 2 — SATURDAY, 28 NOVEMBER 2026

Hormones, Sexual Function, Male Pelvic Health & Emerging Therapies

08:30 – 09:00 Registration, Morning Coffee & Exhibition

09:00–10:30 | SESSION 5

Hormones, Menopause & the Female Pelvic Floor

- 09:00–09:20 **Dr Tamara AlAdhami** 
Menopause and the Genitourinary Syndrome of Menopause (GSM):
Beyond Vaginal Dryness
- 09:20–09:40 **Dr Feruza Gafarova** 
The Hormone–Pelvic Floor Connection: A Functional Approach to
Women's Health
- 09:40–10:00 **Dr Ali Al Khazaali** 
Obesity, Diabetes and the Pelvic Floor: The Hidden Endocrine Connection
- 10:00–10:20 **Dr Anna Sepiolo** 
Vaginal Rejuvenation or Functional Restoration? Separating Evidence
from Hype
- 10:20–10:30 Panel Discussion & Audience Q&A**
Hormones, Metabolism & Regenerative Treatments: Where Is the Evidence?

10:30–11:00 Morning Coffee Break & Exhibition

11:00–12:30 | SESSION 6

Sexual Function, Male Continence & Pelvic Floor Surgery

- 11:00–11:25 **Prof Omar Raheem** 
The Forgotten Link Between Pelvic Floor Disorders and Sexual Function
- 11:25–11:50 **Dr Andrew Baird** 
Refractory Male Incontinence: Challenges, Choices and New Solutions
- 11:50–12:15 **Dr Bilal Farhan, MD, FACS** 
Urethral Diverticulum: The Great Mimicker
- 12:15 – 12:35 **Prof Amrith Rao** 
Can Robotic Surgery Improve Pelvic Floor Outcomes?
- 12:35–12:40 Expert Panel & Audience Q&A**
Restoring Continence Without Sacrificing Sexual Function

12:40–13:40 Lunch Break & Exhibition



| DAY 2 — SATURDAY, 28 NOVEMBER 2026

13:40–15:00 | SESSION 7

Male Fertility & Andrology: Who Really Needs Intervention?

13:40–14:05

Dr Rozh Jalil 

Does Every Man with a Varicocele Need Surgery?

14:05–14:30

Dr Asheesh Kaul 

Who Needs Hormonal Therapy to Improve Male Infertility?

14:30–15:00

Interactive Andrology Panel
Male Infertility: Surgery, Hormones or IVF—Choosing the Right Pathway

15:00–15:30

Afternoon Coffee Break & Exhibition

15:30–16:30 | SESSION 8

Innovation & the Changing Face of Urological Practice

15:30–15:55

Dr Ahmed AlNaemi 

Aquablation: What Every Urologist Needs to Know

15:55–16:20

Expert Faculty Panel

Innovation in Urology & Pelvic Floor Medicine: New Technology or Better Patient Selection?

16:20–16:20

Congress Closing Ceremony
Closing Remarks & Take-Home Messages
Dr Talal Abdul Jabbar — Congress Chairman

Acknowledgement of Faculty, Partners & Sponsors