

What is the NDIS?

Your Guide to Accessing the NDIS

With Support from Forbes Clinical Services

The National Disability Insurance Scheme (NDIS) provides funding and support for Australians living with a permanent and significant disability. It aims to empower individuals to achieve their goals, increase independence, and participate fully in their communities.



Who is Eligible?

To access the NDIS, you must:

- ✓ Be under 65 years of age
- ✓ Be an Australian citizen, permanent resident, or hold a Protected Special Category Visa
- ✓ Have a permanent and significant disability that affects your everyday life

Steps to Accessing the NDIS:

1. Determine Your Eligibility

Review the eligibility criteria on the NDIS website
<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>

2. Gather Evidence of Your Disability

The NDIS requires clear evidence of your disability and its impact on your daily life. This can include:

- Evidence of your diagnosis
- Evidence that your disability is permanent and life-long
- Treatment history including what hasn't been effective in the past
- Evidence of the functional impact your disability has on your daily life including your support needs to complete daily tasks. This is best demonstrated through an Occupational Therapy Functional Capacity Assessment and Report.
- Any further allied health assessments (e.g., occupational therapy, psychology, speech pathology).

3. Complete the NDIS Access Request

You'll need to submit an Access Request Form to the NDIS, along with your supporting evidence.

How Forbes Clinical Services Can Help:

Our team of experienced clinicians can conduct comprehensive assessments tailored to NDIS requirements. We provide detailed reports that clearly outline your needs, strengths, and the supports required for you to live your best life.

We assist with application writing, ensuring your submission is clear, thorough, and meets NDIS criteria. Our team can guide you through each section, reducing stress and increasing your chances of a successful outcome.

4. Submit Your Application

You can obtain an Access Request Form (application) and supporting information form (supplementary document) from the NDIS website here: <https://www.ndis.gov.au/applying-access-ndis>

Applications can be submitted:

- Visiting an NDIS office. You can find an office near you here: <https://www.ndis.gov.au/contact/locations>
- By mail to PO Box 700, Canberra, ACT, 2601
- By email to NAT@ndis.gov.au

We recommend visiting your local area coordinator or early childhood partner before submitting an application to ensure you understand the evidence required and are completing the correct forms.

Your local office can be found here: <https://www.ndis.gov.au/contact/locations>

5. Await Outcome and Next Steps

The NDIS will review your application and may request further information. If approved, you'll move on to planning your supports.

How Forbes Clinical Services can help:

If you have already submitted a NDIS application Forbes Clinical Services and your application was rejected. We can help review your outcome letter and provide support to address the reasons for rejection.

Ongoing Support:

Forbes Clinical Services can continue to support you with plan implementation, therapy, and regular reviews to ensure your supports remain aligned with your goals.

Why Choose Forbes Clinical Services?

- Expertise in NDIS Assessments: Our clinicians understand what the NDIS is looking for and can provide the right evidence.
- Personalised Support: We tailor our approach to your unique needs, making the process as smooth as possible.
- Comprehensive Reports: Our documentation is clear, detailed, and NDIS-ready.
- Application Guidance: We help you complete your application accurately and efficiently.

If you're interested to know more about applying for the NDIS and how Forbes Clinical Services can assist, please reach by calling us on **1300 380 357** or via email at admin@forbesservices.org.