

Merri Guggisberg

Speaker • Certified Parent Coach • Family Connection Advocate



**LOOKING FOR AN
ENGAGING SPEAKER?**

You've found the answer.

Inspiring, practical, and relatable presentations & workshops, that leave audiences informed and empowered.

BUILD STRONGER CONNECTIONS IN A WORLD FULL OF DISTRACTIONS

SPEAKER TOPICS



♥ **Calming the Chaos**

Creating calmer homes and stronger family relationships.

♥ **10-Minute Connections**

Discover how small moments create lasting relationships.

♥ **Conversations That Connect**

Listen with curiosity.
Strengthen every relationship.



● **Building Belonging**

From fitting in to truly belonging.

● **Strengths in Action**

Recognize strengths.
Strengthen relationships.

● **Prevention Starts with Connection**

Strong relationships help
children and families thrive.



● **Raising Connected Kids in a Digital World**

Build stronger connections while
navigating today's digital world.

● **Screenagers: Elementary Edition**

NEW! **Screenagers: Generation AI**

*Licensed Screenagers
Community Partner.*



Educators



Parent
Groups



Connection
Groups



Employee
Groups



Healthcare
Professionals



Community
Groups

Perfect for



Let's
Connect!




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SCAN TO LEARN MORE



MERRI GUGGISBERG

PARENT COACH • SPEAKER •
COMMUNITY CONNECTOR



Helping parents, educators, and professionals build lasting connections with children through mindfulness, practical tools, and compassionate support.

Merri Guggisberg is a trusted parent coach, speaker, and advocate for creating calm, connected family and community life. She helps adults navigate everyday challenges - like screen time, anxiety, and emotional regulation - through her mindful, strengths-based **PAUSE Process**.

Whether in homes, schools, or community spaces, Merri brings clarity, warmth, and tools that support lasting connection and resilience for children and families.

WAYS MERRI COLLABORATES

Keynotes • Breakout Sessions • Panel Facilitation
Virtual Events • Podcasts & Interviews
Half-Day & Full-Day Trainings
School & Community Workshops

LET'S CONNECT

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Instagram | Facebook | LinkedIn

POPULAR TOPICS



Creating Calm



Mindful Parenting in a Digital World



The Power of the PAUSE



Building Family Strengths



Prevention Starts with Connection



Screenagers: Elementary Edition & Community Panel Discussions

"Merri brought an engaging and insightful approach, offering practical strategies to help parents and students use their strengths to navigate challenges. Her message about the 'power of pause' left a lasting impact. We highly recommend Merri for anyone looking to empower families through positive, strengths-based connection."

Betsy Roesler, Project Director,
Partners for Prevention Coalition

Let's collaborate on how I can support your events
WWW.MKG PARENT COACH.COM

