

## **Putnam County Aging Program, Inc. Services at a Glance**

### **FAIR (Family Alzheimer's In-Home Respite)**

A program designed to provide care and activities for individuals with Alzheimer's disease or a related dementia and give unpaid caregivers a needed break. A trained worker can go into the home to provide a regular break for caregivers and activities and companionship for the person with dementia. FAIR services range from 1-16 hours per week.

#### **Eligibility Requirements:**

The person receiving care must have a written diagnosis of Alzheimer's disease or a related dementia and reside in Putnam or Fayette County. There must also be an unpaid caregiver to give respite to (could be a family member, neighbor, friend).

#### **Is there a charge for FAIR services?**

Yes. The cost for FAIR services is based upon the care receiver's income (and spouse) on a sliding fee scale, starting at \$1.50/hour (state cost share schedule).

### **Title III In-Home Respite**

In-home respite is support delivered in the home setting to provide a brief period of relief for unpaid caregivers. It also provides activities, socialization and companionship for the care receiver. IIIE Respite services range from 1-16 hours per week.

**Eligibility Requirements:** There must be an unpaid caregiver (who is the service recipient) of an at-risk, frail individual at least sixty (60) years old or an individual of any age with a written diagnosis of Alzheimer's disease or a related dementia. The at-risk, frail individual must reside in Putnam or Fayette County.

#### **Is there a charge for Respite services?**

There is a suggested donation amount for Respite services, based on a sliding fee scale (federal cost share schedule). However, services cannot be denied or discontinued for failure to pay the suggested amount.

### **IIIB Homemaker**

Homemaker services are direct and practical assistance with household tasks and related activities. Homemaker services assist individuals who have lost the ability to perform instrumental activities of daily living that allow them to live in a clean, safe, and healthy home environment. The service is available when the individual is unable to meet daily needs and there is no informal caregiver who could meet those needs. Activities can include dusting, vacuuming, mopping, doing dishes, laundry, making beds, disposing of trash, or grocery shopping. Recipients typically receive 2-8 hours per month.

**Eligibility Requirements:** Age 60+, reside in Putnam or Fayette County. Must need "Much Assistance" or be unable to perform shopping and/or light housekeeping tasks to qualify for services.

**Is there a charge for Homemaker services?**

There is a suggested donation amount for Homemaker services, based on a sliding fee scale (federal cost share schedule). However, services cannot be denied or discontinued for failure to pay the suggested amount.

**Title III-Home-Delivered Meals**

The Home-Delivered Meals Program is designed to provide meal service for those who are homebound and unable to cook. Meals are typically delivered 5 days a week. Frozen and shelf stable meals are provided for days delivery isn't possible such as snow days or Holidays. Weekend meals are not provided.

**Eligibility Requirements:** Age 60+, reside in Putnam or Fayette County, AND is 1) Homebound - The person has difficulty leaving his/her house under normal circumstances (and is therefore unable to participate in the Title III congregate meals program) due to illness, including a terminal illness, incapacitating disability, isolation, lack of transportation, etc. OR 2) is physically or mentally unable to obtain food and prepare meals, and there is no one else available, willing or capable to obtain food and prepare meals.

Other individuals eligible to receive home-delivered meals include:

- The spouse of a homebound eligible individual, regardless of age, if the provision of the meal supports maintaining the person at home;
- Individuals with disabilities, regardless of age, who reside at home with eligible individuals and are dependent on them for care; and
- Individuals at nutritional risk who have physical, emotional, or behavioral conditions that would make their service at a congregate nutrition site inappropriate; and persons at nutritional risk who are socially or otherwise isolated and unable to attend a congregate nutrition site.

**Is there a charge for Home-Delivered Meals?**

There is no charge for Home-Delivered Meals, however, service recipients are given the opportunity to voluntarily and confidentially contribute to the cost of their meals based upon a suggested donation amount. Services cannot be denied or discontinued to failure to pay the suggested amount.

**Transportation**

We provide transportation to and from medical appointments including routine checkups, therapy, and lab work. Some vans for doctor appointments are wheelchair accessible. We request 2 weeks' notice, when possible, for scheduling transportation to medical appointments.

We also provide transportation to and from many of our senior centers two to five days per week for lunch and activities. These vans are typically not wheelchair accessible. Hands on assistance with transportation is also available. This means the driver will physically assist passengers to get on and off the vehicle. This is a curb-to-curb service. We cannot accompany you to your medical appointments.

**Eligibility Requirements:** 60+ or a volunteer to receive transportation to and from the center. 60+ or physically disabled for medical appointments. The trip must start or end in Putnam or Fayette County.

### **Is there a charge for Transportation Services?**

There is no charge for transportation services; however, service recipients are given an opportunity to voluntarily and confidentially contribute to the cost of their transportation. Services cannot be denied or discontinued for failure to make a donation.

### **Lighthouse Program**

The Lighthouse Program provides individuals with assistance in four areas: Personal Care - Grooming, Bathing, Dressing, and Toileting; Mobility - Transferring In/Out of bed and Walking; Nutrition - Meal Preparation, Eating, and Grocery/Pharmacy Shopping; and Environment - Light Housecleaning, Making/Changing Bed, and Laundry. Participants receive between 1-12 hours of service per week. Hours are based on need and availability of caregivers.

### **Eligibility Requirements:**

Reside in Putnam or Fayette County, Age 60+, Needs “much assistance” or greater with at least two activities of daily living and is not eligible for Medicaid funded in-home care programs.

### **Is there a fee for Lighthouse services?**

Yes. The fee for services depends upon the eligible individual's income (and spouse) and is determined by a sliding fee schedule (state cost share fee), starting at \$1.50/hour.

### **Medicaid Aged and Disabled Waiver Program (ADW)**

The Aged and Disabled Waiver (ADW) program is an in-home care program for individuals who meet the nursing home eligibility level of care, but want to stay in their own home. Personal Attendant staff comes to your home to assist with your personal care needs.

### **Eligibility Requirements:**

You must be at least 18 years of age in order to apply for the ADW program and be a West Virginia resident. In order to be eligible, an individual must have needs in at least five areas of activities of daily living. Activities of daily living include the following: • Eating • Bathing • Dressing • Grooming • Mobility • Toileting • other areas of need. To receive ADW services, you must first meet the criteria for both financial and medical eligibility.

Financial Eligibility: Conducted through local DHHR, but member cannot make more than \$2,982/month (300% of the SSI level) and cannot have more than \$2,000 in assets (one vehicle

and the home they reside in does not count; countable assets include additional property, stocks, cds, bonds, savings accounts, life insurance policies with a cash value, etc).

**Is there a fee for ADW services?**

No. Once financially eligible, Medicaid will cover all costs of program.

**Medicaid Personal Care Program**

In home service program that provides assistance with personal needs such as bathing, dressing, grooming, mobility, toileting, meal preparation and environmental tasks.

**Eligibility Requirements:**

You must be at least 3 years old and have a West Virginia State Medicaid card. An individual must have needs in at least three areas of activities of daily living. You must be 18 years of age or older to receive this service through our Organization.

**Is there a fee for Personal Care services?**

No. Once financially eligible, Medicaid will cover all costs of program.

**Congregate Meals**

Meals meeting 1/3 the daily recommended intake for older adults are served daily, M-F at all of our centers, excluding holidays. Times vary per center but meals are typically served between 11am and 12pm. An evening meal is served at the Winfield Community Center on the second and fourth Thursdays of each month at 4pm.

**Eligibility Requirements:** Age 60+, spouses of service recipients regardless of age; individuals with a disability under the age of sixty (60) but who resides at the home of an eligible service recipient and to individuals under the age of sixty (60) providing volunteer services during the meal hours if they volunteer at least 24 hours in a quarter.

**Is there a fee for Congregate Meals?**

There is no charge for Congregate Meals, however, service recipients are given the opportunity to voluntarily and confidentially contribute to the cost of their meal based upon a suggested donation amount. Services cannot be denied or discontinued to failure to pay the suggested amount.

**Commodity Supplemental Food Program (CSFP) (Putnam Only)**

This program works to improve the health of low-income elderly persons at least 60 years of age by supplementing their diets with nutritious USDA foods. Participants will receive a monthly box of food containing cereal, juice, meat, dry milk, beans, vegetables, pasta, fruit and cheese.

**Eligibility Requirements:** Age 60+; Monthly income at or below 130% of the federal poverty guideline. For 2025, that's up to \$23,475 per year for a household size of one.

**Is there a fee for the CSFP?**

No, the Commodity Supplemental Food Program is free to all participants.

### **Senior Farmer's Market Voucher Program**

The West Virginia Department of Agriculture administers this federally funded grant program to provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs. Eligible seniors will receive a book of vouchers to purchase fresh, local products at participating locations across the state. Voucher booklets are worth \$30. Distribution begins June 1 and runs until all vouchers have been distributed. Vouchers can be redeemed at participating Farmer's Markets July 1-September 30 of each year.

**Eligibility Requirements:** Age 60+; Monthly income \$2,461 or below for a household size of one.

#### **Is there a fee for the Farmer's Market Voucher Program?**

No, the Senior Farmer's Market Voucher Program is free to all participants.

### **Wellness Activities**

We offer a variety of Evidence-Based Wellness activities throughout the year.

Tai Chi workshops are offered once per week in 6-week intervals, rotating among centers.

Drums Alive classes are offered twice per week in 4-week intervals, rotating among centers.

**Eligibility Requirements:** Age 60+

#### **Is there a fee for Wellness Activities?**

No, the various wellness activities provided by Putnam Aging are free to all participants.

### **Donated Medical Equipment and Supplies**

We accept donations of new and gently used medical equipment such as canes, walkers, wheelchairs, shower chairs and bedside commodes. We also accept donations of unused medical supplies such as diapers, pull ups, chuxs, tube feeding supplements, bandages, etc.

These items are then donated to people in need.

**Eligibility Requirements:** Age 60+

#### **Is there a fee for Donated Medical Equipment and Supplies?**

No, all donated items are provided to those in need for no charge.

*See attached for a complete list of our center locations.*

**PUTNAM**



**AGING**

**Central Office**

Putnamaging.com  
(304) 755 2385  
2558 Winfield Rd.  
Saint Albans, WV 25177

**Buffalo Senior Center**

Facebook.com/Bufalowvseniorcenter  
(304) 937 3352  
48 Wrights Lane  
Buffalo, WV 25033

**Hometown Senior Center**

Facebook.com/Hometownseniorcenter  
(304) 586 2745  
40 First Ave North  
Hometown, WV 25109

**John Henson Senior Center**

Facebook.com/Johnhensonseniorcenter  
(304) 562 9451  
2800 Putnam Ave  
Hurricane, WV 25526

**Winfield Senior Nutrition Site**

Facebook.com/Winfieldseniornutritionsite  
178 Second St  
Winfield, WV 25213

**Fayette Office**

Fayetteseniorprograms.com  
(304) 465-8484  
108 Lewis St  
Oak Hill, WV 25901

**Meadow Bridge Senior Center**

Facebook.com/Meadowbridgenutritioncenter  
(304) 484 6199  
8910 Sewell Ck. Rd.  
Meadow Bridge, WV 25976

**Oak Hill Senior Center**

Facebook.com/fayettecountyseniorprograms  
(304) 465 8484  
108 Lewis St  
Oak Hill, WV 25901

**Smithers Nutrition Center**

Facebook.com/Smithersseniorcenter  
(304) 663 7641  
2 Greyhound Lane Suite B  
Smithers, WV 25186