

# Corporate Hippie Oracle

VOL. 03

MISTIC OUTLANDS  
GREEN EDITION

## Shanin Blake

Spiritual.  
Magnetic.  
Self-Made.

From Van-Life  
to Viral

**EDGE | FREQUENCY | REBELLION**

A collective of conscious authorities shaping what's next.

# VOL. 03

There are moments when alignment moves faster than logic. When what you've been holding in your field arrives not as effort, but as recognition.

This volume carries that kind of spark. Corporate Hippie Oracle was born from Corporate Hippie Connection as a natural next breath. What began as a community became a container. What became a container asked to be witnessed, documented, and shared. This Oracle exists to hold the stories, expressions, and frequencies that don't fit inside traditional structures, yet are shaping culture in real time.

The March cover is deeply personal for me. I believe, without question, that this collaboration was manifested through shared frequency, intention, and truth. Shanin Blake is a mirror of what this Oracle stands for: creative sovereignty, embodied expression, and devotion to doing things the right way, even when it's not the easy way.

Her story is powerful because it is lived. Rooted. Unfiltered. She leads with integrity, artistry, and courage, and her presence on this cover reflects the evolution of what conscious leadership looks like now.

Corporate Hippie Oracle continues to unfold as more than a publication. It is a living transmission. A place where aligned voices gather, where culture meets consciousness, and where resonance matters more than reach.

Each issue affirms what we already know. When intention is clear, the right people arrive. The right stories surface. The right conversations begin.

This Oracle exists for those who trust the unseen work. For those who understand that frequency shapes form, and that authenticity is its own authority.

Thank you for being part of what is unfolding.

With gratitude and reverence,

*Kerry*

**Kerry Romano Zall**  
Founder & Editor in Chief

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March brings us back to where everything began, the earth itself. Its beauty, its rhythm, and the living farm Kerry envisioned from the very start come into full expression. This issue celebrates connection to nature through the free spirit of Shannin Blake, reminding us that creativity and healing are born from the same soil. 🌱

Debra Ebel  
Editor & Creative Director

### Habit Stacking

Nature's Medicine.

### The Altar | Asparagus

The Garden meets Fine Dining.

### Lunar Well | Moon Water

Rituals Under the Blood Moon

### ApotheKerry

The Wisdom of Moss

### The Oracle Speaks

Manifestation as natural as Spring.

### The Look | Tie One On

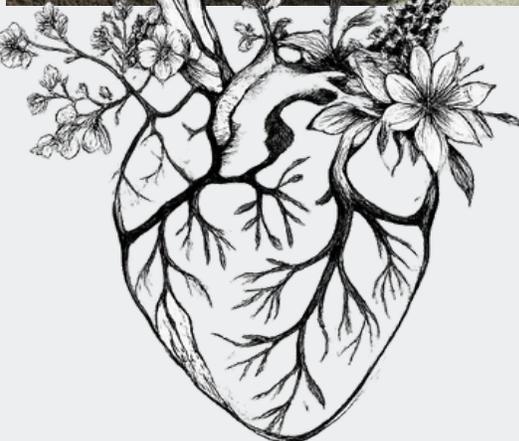
You are the ART.

### CHO Selects

March Faves.

### The Gaze

Aimee O'Brian and the lens in March.



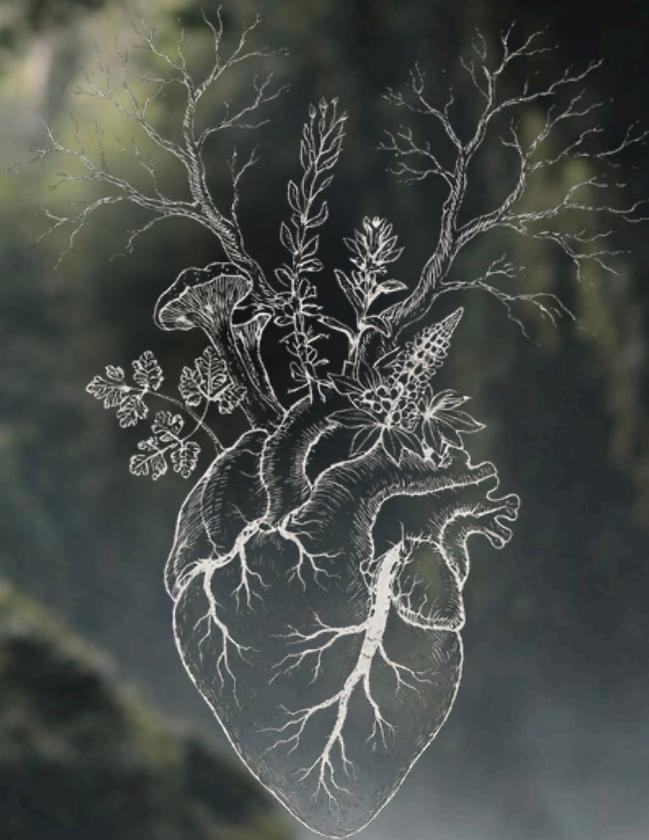
# this Earth

our soul craves

# INEOS



**Grenadier Station Wagon**  
Test drive yours today



# Earthfelt

A Return to Our First Medicine

Debra Ebel  
Health Evangelist

## Our First Medicine

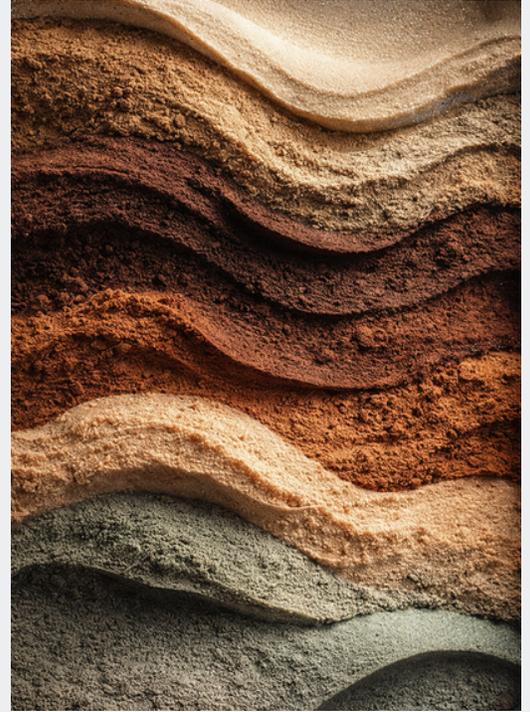
### The Medicine Beneath Us

Long before wellness became an industry, healing was a relationship. We wake with the sun. Worked barefoot without thinking about it. Worked with soil, listened to birds, rested when darkness arrived. The Earth was not something we visited. It was the environment that shaped our nervous systems, our biology, and even our sense of belonging.

Modern life has placed distance between humans and the natural world, yet our bodies have not changed their design. Beneath the noise of schedules, screens and artificial light, we remain deeply responsive to the rhythms of the earth.

The truth is simple and profound. Nature does not merely surround us. It regulates us.

What we call wellness today is often a return to something ancient. A remembering. A reconnect to our first medicine.



### What Earth Offers

*The Earth* provides more than beauty. It offers biological partnership.

Physically, natural environments supply the elements that guide human health: light cycles that regular hormones, microbial exposure that strengthens immunity and electromagnetic balance that stabilizes internal rhythms.

Mentally nature reduces cognitive overload. Attention softens. Stress signals quiet. The brain shifts from vigilance toward restoration.

Spiritually, the earth offers perspective. Standing beneath trees or watching the horizon reminds us that life extends beyond productivity and performance. We belong to something larger. Enduring. We are not separate from nature. We are participants within it.





SEE & EXPLORE

---

THE EARTH IS  
YOUR...  
MEDICINE,  
ENERGY SOURCE  
PLAYGROUND

---

*the perfect time is now*



## The Frequency of the Earth

Science now confirms what ancient traditions instinctively understood: the earth communicates through rhythm.

The planet emits measurable electromagnetic frequencies, often referred to as **Schumann Resonance**, averaging approximately 7.83 Hz. Interestingly, human brainwaves in relaxed and meditative states fall within similar frequency ranges.

When we spend time outdoors, our nervous systems begin to synchronize with these natural patterns. Heart rate steadies. Breathing slows. Mental clarity returns without effort.

Healing is not always something we force. Light, air and living landscapes provide information to the body recognizes immediately, even when the mind has forgotten.

## Soil in the Hands: The Intelligence of the Earth

One of the most overlooked forms of healing is also the simplest: touching soil. Healthy soil contains beneficial microorganisms, including *Mycobacterium Vaccae*, which research suggest may influence serotonin production and support emotional well-being. Gardening and direct contact with the earth have been associated with reduced anxiety and improved mood.

The texture of soil engages the senses. Hands slow. Breath deepens. Attention returns to the present moment. Touch receptors in the skin send calming signals throughout the nervous system. When our hands enter the earth, something ancient awakens. Creativity expands. Restlessness softens. The body recognizes familiarity.



## Grounding: Stability through Contact

*Grounding or earthing*, refers to direct skin contact with natural surfaces such as grass, sand, soil or water.

This contact allows subtle electrical exchange between the body and the earth, a process researchers believe may help neutralize free radicals and reduces stress responses. The effects are often felt quickly.

The mind quiets. Emotional reactivity softens. Sleep improves as *circadian rhythms* realign. Standing barefoot outdoors is less a wellness technique and more a biological reset. The body remembers stability through contact. Stillness begins at the feet.

## Sunlight. The original Regulator

Sunlight is among the most powerful signals the human body receives. Morning light stimulates *serotonin production* improving mood and focus while setting the internal clock that governs sleep, metabolism, and hormone balance. Exposure early in the day helps regulate *melatonin* release later at night, supporting deeper rest. Beyond physiology, sunlight carries emotional meaning. It signals renewal. Continuity. Hope. Even brief moments of natural light remind the body when to awaken, when to energize and when to restore. Light is information written directly to our biology.

## Forest Bathing: Immersion without Effort

The Japanese practice of *Shrinrin-yoku*, or forest bathing, invites us to enter nature without agendas.. There is no performance. Not step count. No destination. Research shows that time spent in forest environments can reduce blood pressure, lower stress hormones, and increase immune defense. Trees release *phytoncides*, aromatic compounds that appear to support human health simply through breathing. Yet deeper effect is experiential. In forests, time expands. The nervous system shifts from urgency to presence. Attention settles naturally, guided by

movement of light, texture and sound. The forest heals by asking nothing of us.

## Nature's Soundscape

Birdsong, wind through leaves, and moving water form a living symphony designed to calm the human brain. Studies show that natural sounds improve mood and cognitive recovery more effectively than silence alone. These soundscapes encourage slower breathing patterns and reduce stress activation. Listening becomes participation. The birds sing whether we notice or not. Healing begins when we do.

## Returning to Earth

Wellness does not always require adding more. Sometimes it asks us to remove distance. To step outside. To feel sunlight. To place our hands in soil. To listen without urgency. To remember that healing has always existed around us, freely offered. The earth has never stopped caring for us. **Earthfelt** is simply the moment we begin to feel it again.



# E a r t h f e l t

Nature Regulates what Effort Cannot

## Habit Stacking

- Step barefoot outside for five minutes
- Receive morning sunlight within 30 minutes of waking
- Touch soil or a living plant
- Take one *device-free* outdoor walk
- Listen intentionally to natural sounds



# Drink *Your Skincare*

**Emerald Ceremony**



**MATCHA MUSTACHE**

Step in to the [CHC Circle](#) and celebrate your love for Emerald Ceremony Matcha. The Matcha Mustache Contest is waiting. Snap your stash, share your magic and become part of our community... 



Three root vegetables, possibly turnips or rutabagas, are arranged in a row. Each root is decorated with intricate patterns and colors. The leftmost root is light-colored with blue and orange floral designs. The middle root is a vibrant purple with white floral patterns. The rightmost root is dark blue with yellow floral designs. All three have green leafy tops. The background is a neutral, textured surface.

# Start Nourishing

mind.  
body.  
soul.



# The altar

## Where Nourishment Becomes Ritual

“ In these pages, nourishment becomes intentional. Seasonal. Alive. Each offering begins with what the earth is giving now, then explores how it supports the body, steadies the nervous system, and feeds the work we’re here to do. You’ll find recipes designed as rituals, notes on medicinal benefits, and reflections from the chef. The why behind the ingredients. The wisdom behind the method. This is food for leaders, creatives, and healers. Food that grounds, restores, and remembers that how we eat shapes how we live.

”



# asparagus

Garden meets fine dining. 🍷🌿

*Not a side dish  
A Centerpiece  
Magazine-Worthy*

Asparagus is one of the first foods to rise from the soil after winter, carrying minerals, brightness, and renewal into the body. Paired with fresh herbs, this dish celebrates awakening. Simple ingredients elevated through intention, reminding us that nourishment can be both healing and beautiful.



## Why Asparagus + Herbs

*Rx* **CHO**  
Wellness  
Note

- Supports natural detox pathways
- Rich in minerals and chlorophyll
- Encourages digesting and cellular renewal
- A seasonal reset for body and mind

# Spring Awakening Asparagus with Herb Silk & Citrus Glow

## Ingredients

### Asparagus

2 bunches fresh asparagus (trimmed)  
2 tbsp extra virgin olive oil  
Sea Salt  
Cracked Pepper  
Zest of 1 lemon

### Herb Silk Sauce

1 cup fresh parsley (packed)  
¼ cup fresh dill  
¼ cup fresh basil or chives  
1 small garlic clove  
2 tbsp lemon juice  
¼ cup olive oil  
2 tbsp Greek yogurt or cashew cream  
Pinch of sea salt  
splash of warm water (to thin)

## Preparation

Preheat oven to 425 degrees F.  
Lay asparagus in a single direction on a sheet pan  
Drizzle with olive oil, salt and pepper  
Roast 10 - 12 minutes until tender without blistering  
Finish immediately with lemon zest.  
Blend parsley, dill, basil, garlic, lemon juice, yogurt and olive oil until smooth.  
Consistency of soft velvet paint



### Chef's Note

Spoon herb sauce onto platter first in a light swoosh  
Lay asparagus in parallel lines or gentle stack

#### Finishing Elements

Shaved Parmesan or pecorino  
Toasted pine nuts or pistachios  
Microgreens or pea shoots  
Edible flowers. Stunning.  
Drizzle golden olive oil.



# Sicilian Spring Spread

## Ingredients

1 bunch fresh asparagus, trimmed  
2 slices rustic sourdough or artisan bread  
2 tbsp extra virgin olive oil (Sicilian olive oil preferred)  
1 tsp garlic salt  
Fresh cracked black pepper, to taste

## Preperations

Toast the bread  
Toast slices until golden and crisp on the outside while still tender inside.  
Prepare the asparagus spread

## Spring Spread

Finely chop fresh asparagus or pulse lightly in a food processor until coarse and spreadable.  
Season with garlic salt and freshly cracked black pepper.

## Plating

Build the toast  
While the bread is still warm, generously spread the seasoned asparagus mixture across each slice.  
Finish with olive oil  
Drizzle with high-quality Sicilian extra virgin olive oil, letting it soak slightly into the toast.  
Serve immediately  
Enjoy warm, allowing the flavors to stay bright, green, and alive.





# Oracle

*Reminder*

the simplest foods often carry  
the deepest medicine. Fresh  
earth, good oil, warm bread.  
Nothing more required.

chc  
Farm

Sourced Fresh from the Farm





THE  
**Lunar**  
WELL

RITUALS OF WATER, INTENTIONS & RETURN

**Moon Water Rituals  
Under the Blood  
Moon**

# Moon Water

## Rituals Under the Blood Moon

Here at the farm, the Moon Water ritual is sacred. We prepare our jars with reverence, turning ordinary liquor decanters into crystal Moon Water vessels. Each crystal is carefully chosen and placed on our outdoor altar.

Intentions are set according to the moon's phase. Affirmations are whispered, written and folded into our energy. During a full moon, this practice is transformative. Drinking the charged water the next morning carries the vibration of an entire night of lunar energy.

Normally, the forest hums with life. Frogs croak, insects sing, yet on full moons, even the wild ones seem to pause. The energy shifts as if the creatures themselves are drawn into a trance of lunar magic.

We begin preparing the full moon altar the day before, layering intention, space, and sacred objects. By nightfall, the altar is complete. It is essential to embody your desire fully. Otherwise, the moon's energy may be one of clearing and release rather than creation.

This March, the full moon is a Blood Moon. It is powerful, rare, and illuminating. A total lunar eclipse coincides with the peak of this moon at **6:33 a.m. ET on Tuesday, March 3**. As Earth's shadow slowly darkens the Moon, it can glow coppery red or orange. This is a reminder of transformation and deep release.



# Rituals Under the Blood Moon

Step outside and witness the Moon's slow metamorphosis. Let her energy remind you of cycles, endings, and rebirths. This is the *Worm Moon*, wriggling its way into the might sky. It invites us to shed what no longer serves us and to step into what we are ready to create.



Moon Water

As part of the ritual, we take a piece of paper and fold it in half. On one side, we ask ourselves where we have been avoiding reality. On the other, where we have been building something real. This practice is about clarity, honesty and alignment.

*March's Blood Moon* calls for presence, courage, and embodiment. It asks us to claim our intentions fully, to step into the life we are ready to create, and to let go of the energies that weight us down. The water we drink carries this power. The moon's signature on our consciousness is a tangible reminder of our connection to the universe.

Moon Water is more than a ritual. It is an invitation to awaken, to reflect, and to consciously participate in the cycles of life. Drink deeply, set clearly and honor the magic within and around you.

Where have I been building something real?

- more open, trusted news.
- community, justice, church gatherings.
- connection, joy, new projects.
- healing writing, sacred music
- open nature, pour into children.
- emboldening hope, freedom.
- creating a safe environment
- adventures & honest energy
- healing silence, true intimacy
- courageous dreams, renewal
- inspire others, make art.
- thriving instead of burnout.

Where have I been avoiding reality?

- mindless scrolls, numb escape
- putting off what we love
- dull routines, negative news
- self-criticism, toxic people
- avoid confession and our feelings
- staying close to the tentative
- too much clutter, over control
- hiding, blaming, whole hurdles.
- Social media, disconnected traps
- people pleasing & "someday I'll"
- other numbing, secret habits.
- avoiding, hiding, comfort-zoning

VAN-LIFE TO

***Viral***



**Manifesting Music on Her Terms**



## Raw authenticity & unwavering self-belief

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**Spiritual.  
Magnetic.  
Self-Made.**



Shanin Blake is a self made, genre bending musician, healer, and visionary artist known for her ethereal vocals, conscious lyricism, and spiritually infused sound that transcends categories. Blending dreamy lo-fi textures with soulful neo R&B, affirmations, and cosmic themes, she creates a musical experience that activates, empowers, and heals.

Raised in Utah, Shanin discovered music at the age of 15, teaching herself guitar, drums, production, and ukulele with no formal training. Raised by a mother who was also a singer songwriter, she developed a deep musical foundation early on. At 18, she became a single mother to her daughter, Juniper Rhythm, a life defining experience that shaped her independence, resilience, emotional depth and relentless drive.

Shanin's journey has been anything but conventional. From living out of a van and trimming on Northern California weed farms so she could survive, to headlining sold out tours across the United States, her rise has been fueled by raw authenticity and unwavering self belief. She records, produces, edits, and releases her music completely DIY, owning every aspect of her artistry.

After relocating to California, her early albums gained local buzz and introduced her dreamy lo fi pop sound, but it was 2023 that marked her true breakout moment. Viral TikTok tracks lit up the internet, leading Rolling Stone to name her a "TikTok Superstar," while Dazed praised her neo soul, Erykah Badu inspired aesthetic and dubbed her style "**hippie Barbie.**"



Now with millions of streams, viral content reaching tens of millions of views, and a rapidly expanding global fanbase, Shanin has sold out her United States national tour, performing in nearly every major city with hundreds of tickets sold per night.

Now with millions of streams, viral content reaching tens of million of views, and a rapidly expanding global fanbase, Shanin has sold out her United States national tour, performing in nearly every major city with hundreds of tickets sold per night. Known for celestial visuals, barefoot performances, and soul activating soundscapes, she channels energy work, healing intentions, and divine feminine power through her art. More than just a musician, Shanin Blake is an experience, a bridge between sound and spirit rooted in truth, independence, and love.

### **In Shanin's words, "What I'm cultivating for 2026"**

What I'm trying to cultivate for 2026 is to have the dopest, best, most authentic album to everything I went through in the last two years. To sum it up, I'm really, really excited about this album. I am up leveling my production. I produce and record everything myself, and everything I've done thus far has been DIY. I feel like a DIY queen, and everything that I do I pour my whole entire soul into.

I started off as a songwriter and it's turned into such a magical journey of learning the art of production, doing things that I would be paying thousands and thousands and thousands of dollars for, and instead right now mastering my craft and becoming the best I possibly can just all on my own. I feel like through that you attract the right energies for you.

What I am creating currently is because I am mastering my craft and getting so good just on my own and so in my power of knowing what sounds good, what works, what doesn't work, that by the time I do decide to sign with, if I do decide to sign with a major label or come out of being independent, I know exactly who I am and what I bring to the table.



I have been an independent artist my whole entire career. I used to record literally in my bedroom with a microphone and a laptop, and now I have a studio in my home that I built. I had a couple offers from labels back when “Energy Vampires” and “Bad Bitch Energy” blew up, but the realization I had was what they were offering didn’t make sense on paper because of what I already bring to the table.

So my plan was to deny those offers and continue growing organically with my fan base and stay true to my art, because a lot of those labels wanted me to change things about me and I just don’t fuck with that energy. I really fuck with authenticity and being my true self through my music, through my craft, through my creation.

Everything I’ve done so far has been working, so I just continue to trust myself and not listen to people who try to put me down or tell me that I’m doing everything wrong, because every time I’ve listened to my gut it ends up returning tenfold with so many blessings.

I’ve learned a lot. This industry is full of snakes. The industry is full of people seeing you as a dollar sign. I’ve become so strong in my discernment as an artist and as a woman in this industry, knowing my worth and knowing what I bring to the table and the skills that I have as a musician. I’ve been making music my whole entire life, and I’ve worked my ass off to be where I’m at. I will not let anybody just come in and try to change that or switch things up.

To me, being a businesswoman is part of what you sign up for when you become a musician, because you have to be so in your sovereignty and in your discernment. That is one of the biggest lessons I got after I blew up on the internet. When you start blowing up, everybody wants a piece of you, but you have to be so selective about who you give pieces of yourself to, because you can very easily, which I have experienced, get fucked over in this industry and a lot of people will take advantage of you.

It’s so important to be tapped in, tuned in, turned on to your inner compass that guides you. I think the number one thing that comes with being a businesswoman is knowing yourself through and through, knowing what you stand for, knowing what you don’t stand for, and just really knowing yourself as a person.

And being kind within that. Not letting your ego take over. Always staying humble, staying in gratitude, giving thanks, celebrating the wins, celebrating the losses, because that’s what gives you the motivation and the fire to fuel your next win. I wouldn’t have won all these times if it wasn’t for the thousands of losses.



Just when you hit rock bottom, that's usually when you blow up and things start working, because all of the resistance went away. Now everything you ever want has space to flow to you, because it's really just being your own biggest obstacle and getting out of your own way.

→ FREEDOM ←

If anything, I hope that's what gets read in this article. If you are a woman pursuing your dreams, don't give up. Don't stand for anything that doesn't vibe with your gut. Trust your intuition. As women we're given a sixth sense. Honestly from back in the caveman days, it's our physiological instinct to know when things aren't right. That's how we survive.

That has been my biggest lesson lately in the world of business and music and with everything. I apply it in my personal life too, just being a mom and raising my daughter on my own without a husband, like a big big thing like that. People are constantly complimenting my relationship with my daughter and complimenting my parenting, and I'm like I didn't read any parenting books, I just trusted my gut with everything I did with her, and it turned out to be so great. We have this incredible relationship because of it.

It was not always easy. I'm not saying it's easy. It's never easy. It's easy once you hack into how to manifest ease, but it is clunky. That's the reason you end up becoming so strong and so alert and so good at this shit, because you had to get through the hard times to get to the easy times. It gives you a backbone, a sense of self, and the ability to empathize with others who are struggling.

That was the biggest thing. All those struggles made me realize how hard it is when you're down in the dumps. It's fucking hard, and life is hard. Just because things got easy doesn't mean they can't get hard again, so it's having gratitude in the pit.

# Have you had your Greens?



Verdant Vitality is a daily greens ritual designed to nourish the body with concentrated plant-based nutrients in one simple scoop. Crafted from a diverse blend of greens, fruits, roots, and adaptogenic botanicals, this formula supports whole-body balance, vitality, and everyday wellness without artificial additives.



I didn't manifest this land by force. The creation was by listening, waiting, and a frequency of knowing.



@The Farm

With

Kerry Romano Zall

**This Land & I**

---

**are one.**



## **I Didn't Manifest this farm. I remembered it .**

I used to say I manifested this farm, but the truth is more honest and more sacred. This land and I were always meant to find each other again.

I've come to realize something sacred. When I leave this land, the world drains me. When I return my nervous system exhales. Everything I need is here. This is where I come back into myself.

This farm and I are deeply connected. I create mastermind ideas here, realities, not just visions. I feel at one with her. She feeds me, and I feed her. This is my euphoric center. People feel it the moment they arrive.

As a little girl, I learned this language on my father's sod farm, naming chickens, greeting them each morning, and listening to the land. That memory never left me. When I was ready to buy property up here, I looked at twenty-seven homes. I was depleted, but I kept the faith. Then this address appeared. The moment my feet touched the ground, and I heard the fountain in the circular driveway, I knew. The land welcomed me back.

For a long time, I said I manifested this place. And in a way, I did. But not through force or hustle or vision boards alone. I manifested it by listening, by waiting, by not settling when twenty seven other homes were wrong. I held the frequency of knowing. When the timing aligned, the address appeared, my body recognized it, and the land responded. This was manifestation through trust, through faith, through remembering who I am and what I am here to tend.

**This land is alive. We harvest with the seasons. Chickens live here with their own names.**



## Corporate Hippy Connection Farm



This place is alive. Birds speak here. Chickens live here with their own names. We harvest with the seasons. We can and preserve. We tend the ApotheKerry. I collect jars, and every one of them gets used, filled with medicine made from this land. We gather for tea ceremonies that honor growth, creativity, and the natural cycles of life.

People arrive here with their own skill sets, and they become part of the fabric, as if they were always meant to be woven in. Everyone says the same thing. They sleep deeply here. There is a juju. A vortex. This land gives you what your soul needs. Sometimes healing. Sometimes clarity. Most often, manifestations.

Cody came to us at exactly the right time. When I needed to focus on my shows and creative work, he attended the land. He listens to her. He brings in rare and special plants, orders unique seeds, and tends the gardens with deep reverence. He takes fallen trees and turns them into raised beds. He often brings me flowers he has picked himself, offerings of beauty and care.



Meet Juniper, our gentle Lavender Orpington queen who believes supervision is a full-time job and personal space is optional. She gifts us about five soft brown eggs a week, each one a little sunrise gathered straight from the farm. Calm, curious, and endlessly loyal, Juniper prefers conversation over chaos and follows us around like she's part chicken, part old soul. 🐔🌿

## We are always creating here . . .

Gardens expand. Beds multiply. Each season brings new ideas and new ways of growing more life. The Villa and the retaining walls are being prepared for fresh color, another layer of care, another expression of love. This place becomes more beautiful every single day.

I go to bed in love with her. I wake up with new ideas and projects to make her even more stunning than she already is. It feels like dress up when you were a child, wearing your mother's clothes, belts, high heels, earrings, and of course, the lipstick.

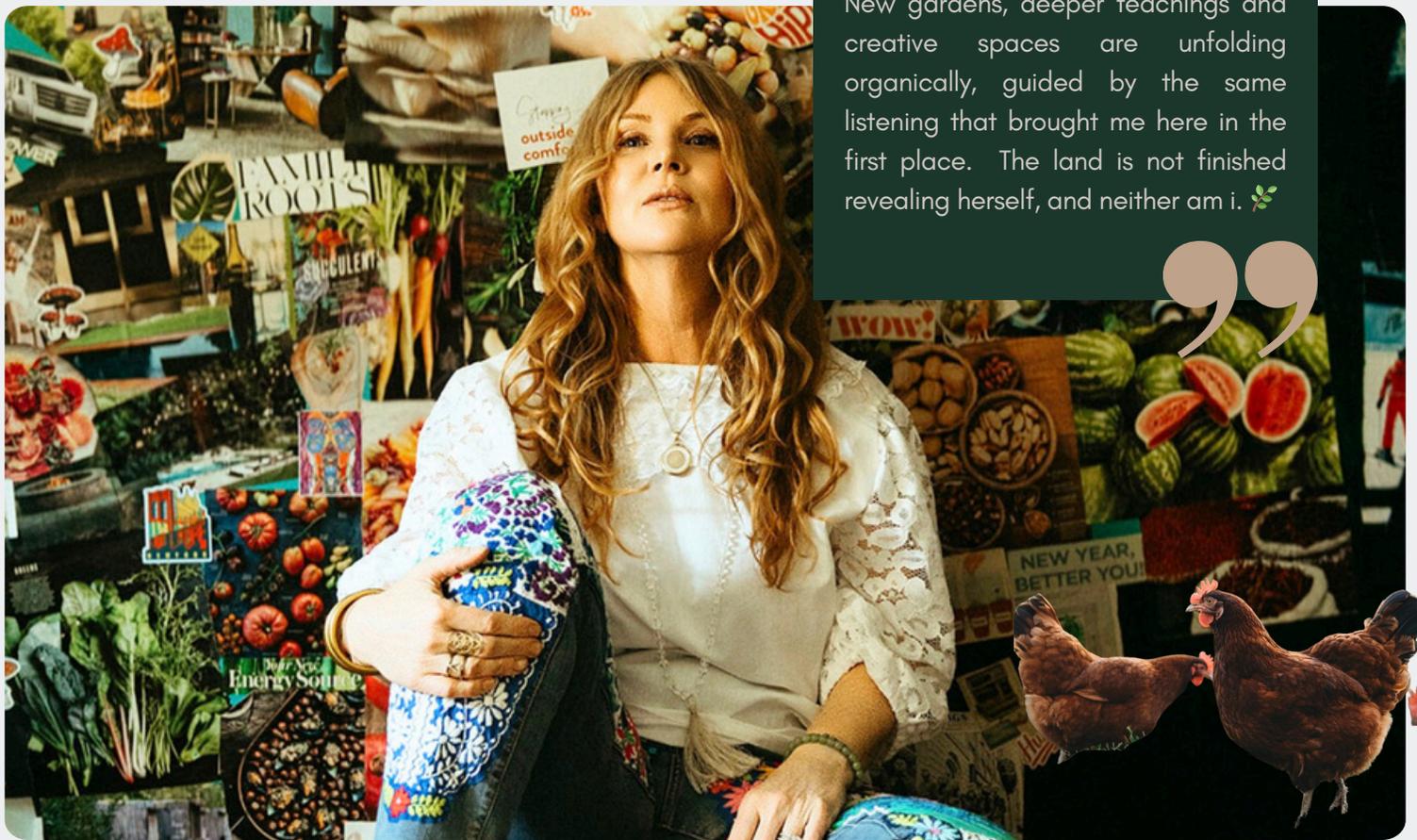
This land invites all of it. Play. Creativity. Devotion.

As long as I live on this earth, I will give to her tenfold. I am forever grateful that we found each other again.



The farm is entering a new season now, and that feels less like building and more like becoming. What began as remembrance is expanding into shared experience, a place where people come to learn, gather, and reconnect with the medicine of the earth.

New gardens, deeper teachings and creative spaces are unfolding organically, guided by the same listening that brought me here in the first place. The land is not finished revealing herself, and neither am I. 🌿





*Unleash the*  
**WILDERNESS**  
**within**

**Stop performing.  
Start belonging to your own life.**

ApotheKerry

Wisdom  
& Moss

---

by Kerry Romano Zall

---



# MOSS

**Episode 7** becomes an education in remembrance. Moss is not introduced as decoration or trend, but as one of Earth's original guardians and a living ally for nervous system regulation, grounding, and spiritual restoration.

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Moss is one of the oldest life forms on the planet, existing for more than 450 million years. She was here before forests, before flowering plants, before humans. That longevity alone tells us she carries deep ecological intelligence. Moss survives without roots, drawing moisture and nutrients directly from the air and the surrounding environment. She adapts instead of forcing, and that is part of her medicine.

When Kerry speaks about moss, she speaks from direct experience. She shares how the moment her bare feet touch living moss, her body responds immediately. Her nervous system cools. Her breath deepens. Her shoulders drop. Moss naturally signals safety to the body. It helps calm the fight or flight response and supports the *parasympathetic nervous system*, the state where healing, digestion, and restoration occur. This is why moss is so effective for grounding and anxiety regulation. It does not stimulate. It stabilizes.

*Physically, moss is cooling and cushioning. It reduces pressure on the feet and joints and holds moisture that creates a calm microclimate around the body. Energetically, moss absorbs excess and brings the system back into balance. It does not pull energy from you. It receives what no longer needs to be carried.*

# MOSS

Kerry recalls a powerful moment when live moss was shipped in from Washington. Every piece was laid out across the harvest tables with care and intention. Moss was placed throughout the fern garden, where it now plays an important ecological role. Moss prevents soil erosion by holding soil in place. It retains moisture, protects plant roots, and creates habitat for beneficial microbes and insects. These tiny ecosystems support biodiversity and help the land regenerate naturally. Moss prepares the environment so other life can thrive.



Some of the moss was saved for gatherings, for moments of community and ceremony. Kerry and Cody used moss to dress charcuterie boards and the tea bar, turning nourishment into ritual and reminding guests that beauty and sustenance can coexist. More recently, the altar above the ApotheKerry set was refreshed with moss and plants from the property, bringing living Earth energy into the space where conversations, healing, and truth unfold.

During the very week *Episode 7* was filmed, Cody, the CHC Farm Flow Facilitator, surprised Kerry with fresh live moss shipped from another farm in Washington. Kerry describes handling it, feeling the life within it, and noticing how her entire system softened. Working with live moss brings her into presence. It quiets the mind and brings the body back into coherence.

Spiritually, moss carries the medicine of patience, soft strength, and quiet resilience. She grows where others cannot, on rocks, fallen trees, and bare ground. Moss teaches that stillness is not stagnation and softness is not weakness. She embodies feminine, receptive energy and reminds us that we do not have to strive to be worthy.

Moss whispers,

"You do not have to harden to endure."

"You do not have to rush to belong."

"You are allowed to be soft and still survive."

Kerry also speaks to the growing interest in sea moss as a wellness trend. Sea moss can be beneficial when consumed, but sourcing matters. It is essential to understand where it comes from, how it is harvested, and whether the ecosystem is respected. Moss in any form asks for a relationship, not extraction.

*Episode 7* invites viewers to slow down, take off their shoes, and remember what the body already knows. Moss does not raise your vibration. She returns you to the frequency of safety, presence, and Earth itself.

This is not just Kerry's story.  
This is an invitation to learn from one of our oldest teachers.

Moss becomes more than a subject. She becomes an oracle.

“



”

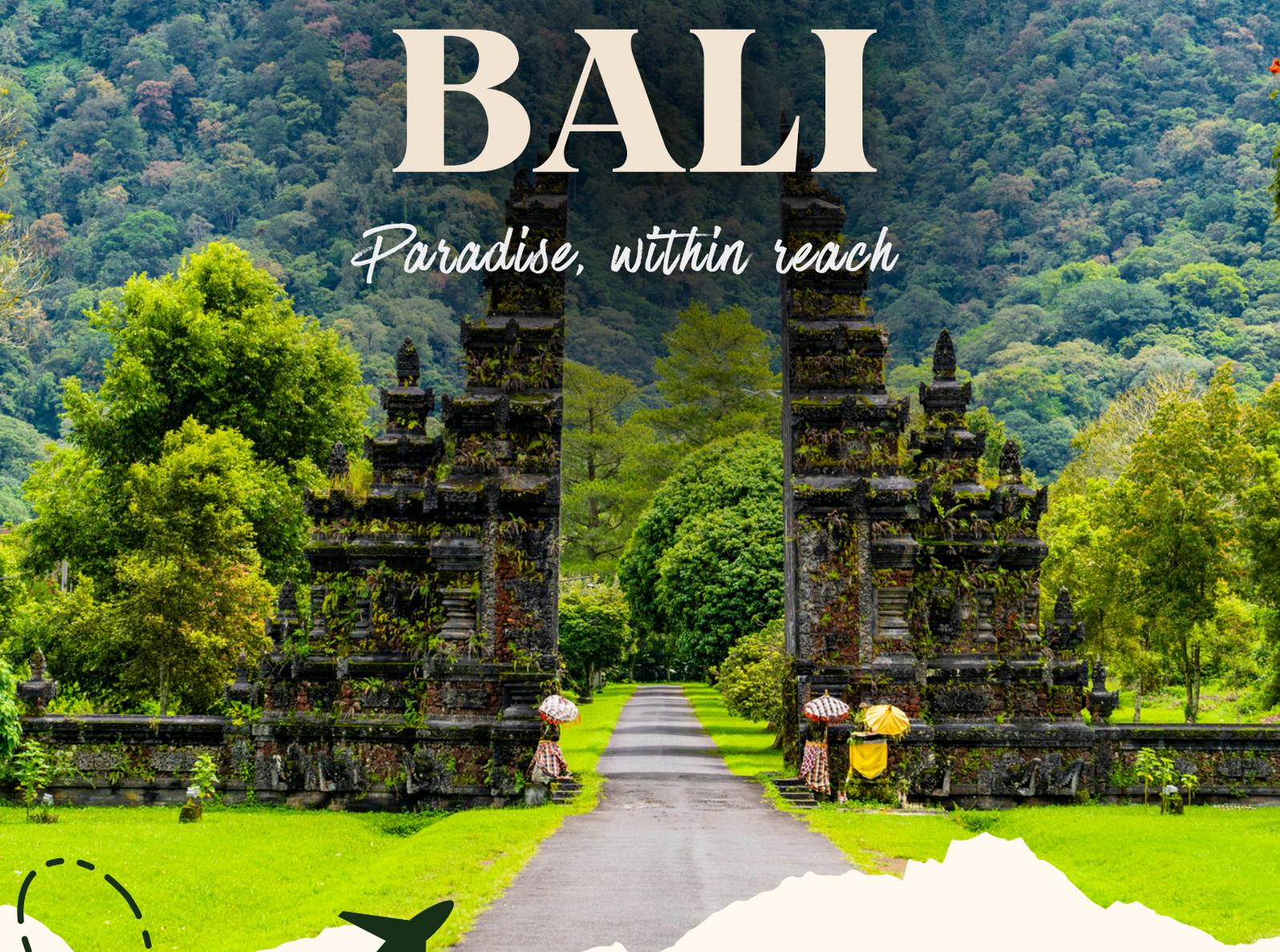




**Moss does not raise your vibration. She returns you to the frequency of safety, presence, and Earth itself.**

# BALI

*Paradise, within reach*



*For those who collect*

# ISLANDS

Not things

Through a private travel membership, you unlock:

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# THE ORACLE SPEAKS



“The Earth does not rush,  
yet everything arrives.  
Root your intention into  
her body, breathe it with  
devotion, and  
manifestation will rise as  
naturally as spring.”

-Kerry Romano Zall



Every  
choice  
shapes  
who  
I  
become

**I move through the world awake, aware,  
and creating myself in real time.  
My steps are guided by intention,  
courage, and clarity.**

# CHO *Selects* March favorites

Woven Stripe Turkish  
Throw

Turkish Handtowel



Cellular Reset - NAD+  
Complex with Quercetin  
+ Resveratrol



Fulvic  
Minerals



Amethyst Mala  
Prayer Necklace



Nootropics + Mushrooms



*You are*  
**ENERGY**

Plant yourself where  
healing can grow



wayfair®

*finds*

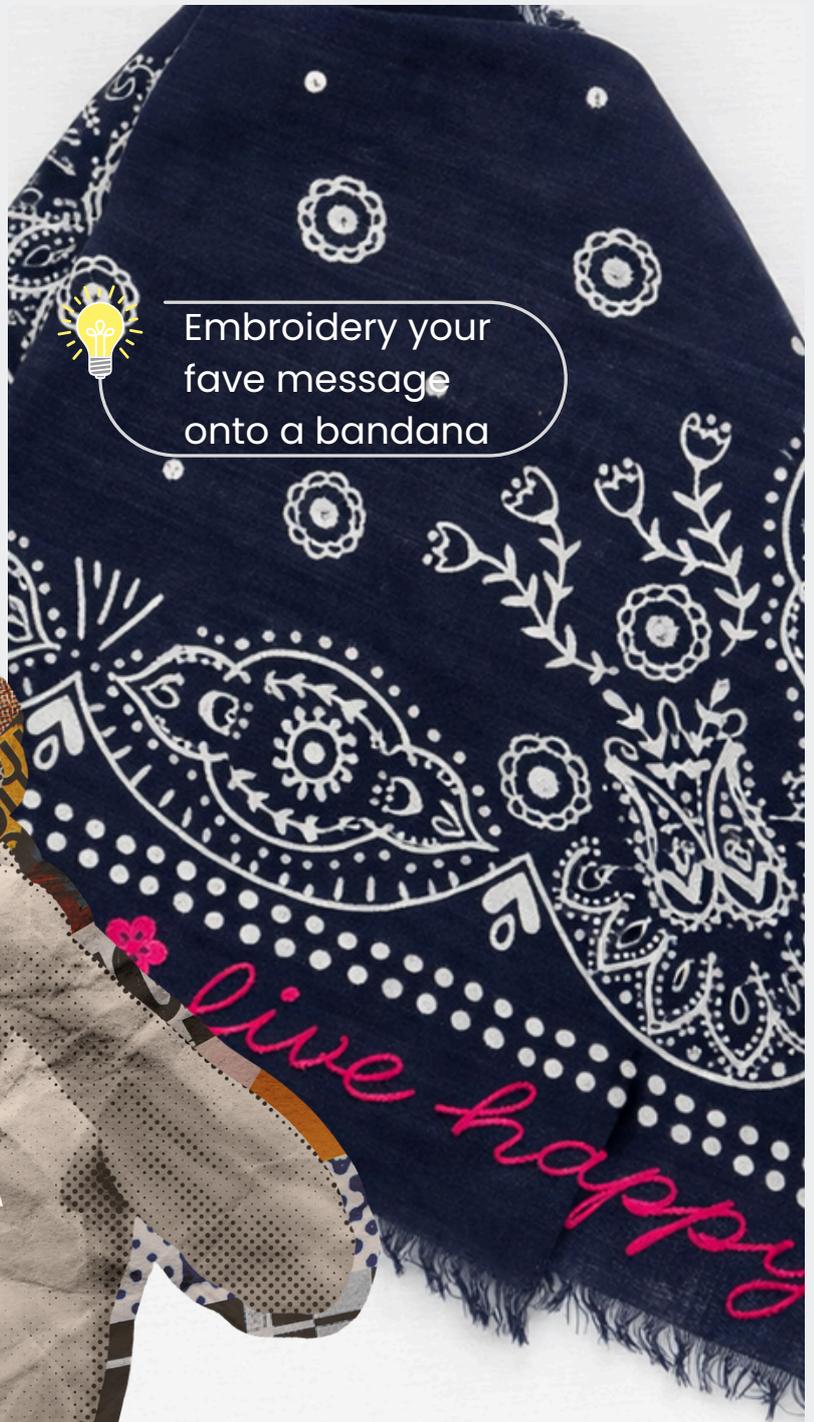


*from:*

**CHO**

*♡x♡x*

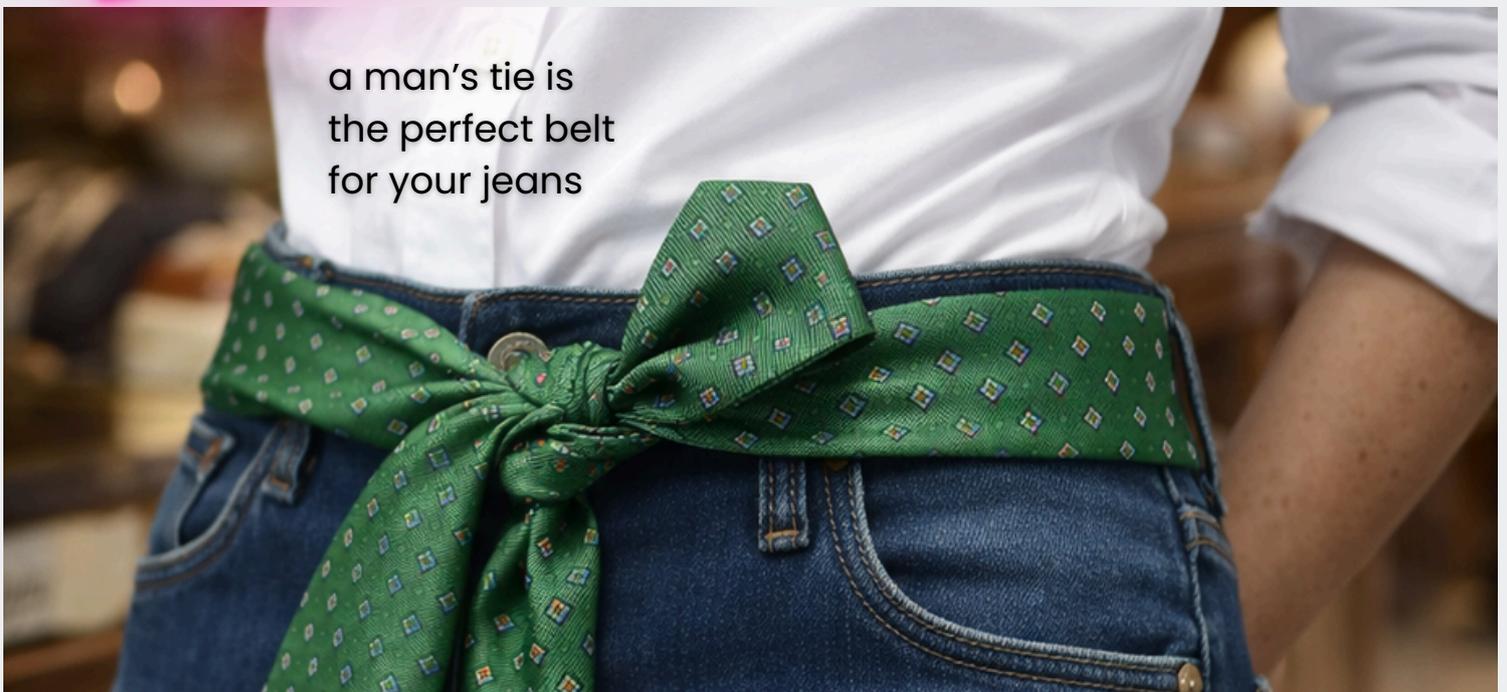




Embroidery your  
fave message  
onto a bandana

I am  
ART

a man's tie is  
the perfect belt  
for your jeans





Tie One On!  
Let the  
World  
witness  
living art



# The Gaze

This month, my lens wandered slowly across the farm, listening as much as seeing. I traced the language of the terrain, the quiet resilience of the crops, and the soft green poetry of moss growing where patience lives. Under moonlight, the land revealed another rhythm altogether, silvered and sacred, as vessels of water rested beneath the sky, gathering the moon's gentle charge. Each image became less a photograph and more a conversation, a reminder that the earth is always creating beauty for those willing to pause and witness its spell. 🌙🌿

**Aimee O'Brien**  
Editorial & Brand Photographer



# ✨ Calling All Spiritual Women, Entrepreneurs & Change Makers ✨

We are seeking spiritual entrepreneurs with a strong, aligned following to become influencers and ambassadors for CHC.

## **This is for Women Who ~**

- build businesses rooted in consciousness
- use their voice to uplift, awaken, and empower
- are ready to collaborate, not compete
- know their work is about impact, not ego

“

If you are a light leader, healer, visionary, wellness founder, or soulful CEO and you feel called to co-create with a collective devoted to conscious living, personal empowerment, and meaningful change, this invitation is for you.

”

[CLICK HERE](#)

**Let's rise.  
Let's lead.  
Let's co-create**



*Kerry*

**Kerry Romano Zall  
Founder  
Corporate Hippy Connection**

# The Corporate Hippie Oracle

The Corporate Hippie Oracle is a living transmission of conscious leadership, plant wisdom, embodiment, frequency, and modern spirituality.

Each issue features highly skilled guides, influential voices, and cultural leaders who truly walk their talk. From respected healers and industry innovators to globally recognized influencers and aligned public figures, the Oracle curates voices devoted to moving humanity forward with integrity, intelligence, and heart.

This is not content for consumption.  
It is wisdom for integration.

Within these pages, you'll find medicine for the body, clarity for the mind, and remembrance for the soul.

## **ENTER THE COMMUNITY**

If you feel the pull to go deeper, you're invited into the Corporate Hippie Connection community - a living room for conscious humans, creators, leaders, and change-makers.

This is where the conversation continues.  
Where tools are shared.

**Where belonging is felt.**

**Join us at:**

**[corporatehippieconnection.com](http://corporatehippieconnection.com)**

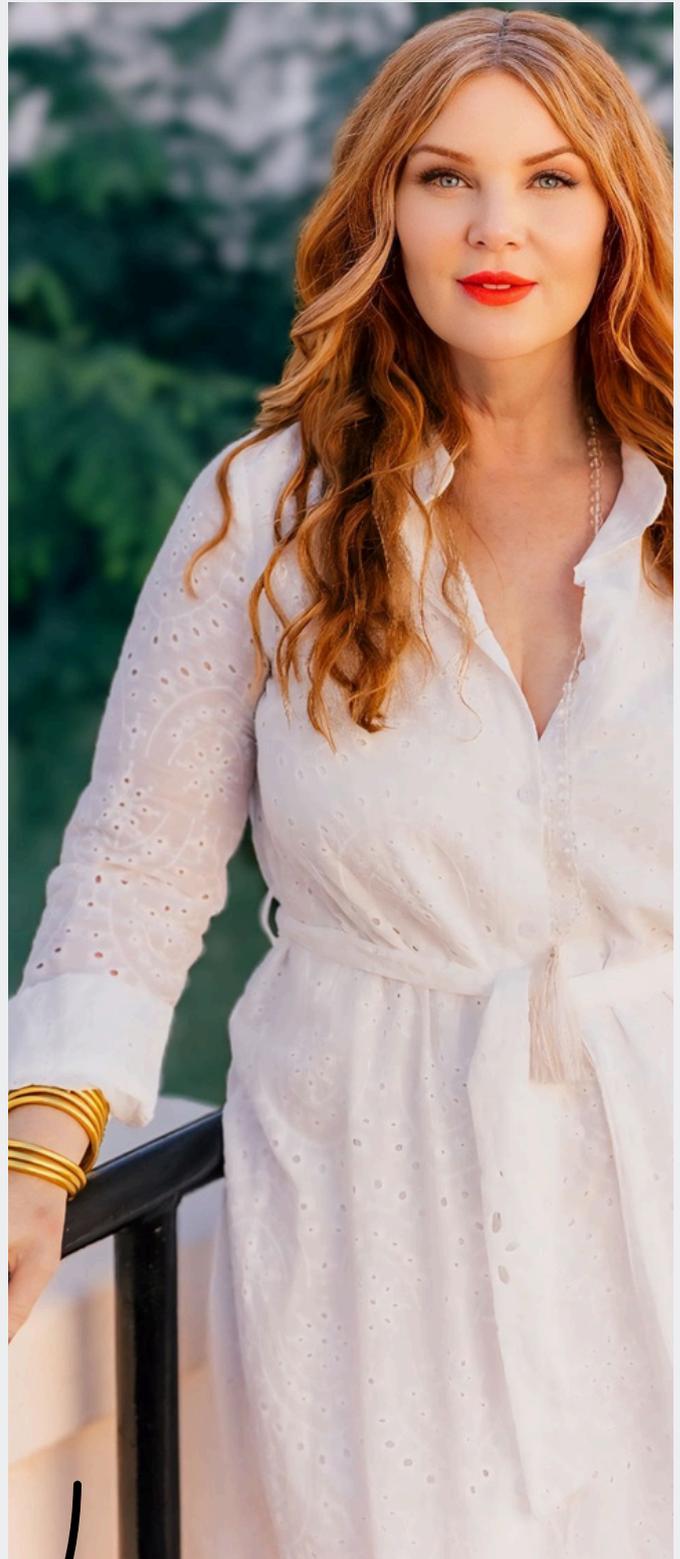
## **GET INVOLVED**

The Corporate Hippie Oracle is a collaborative platform.

If you are a highly skilled practitioner, influential voice, or public figure aligned with conscious living and embodied leadership, opportunities to contribute and be featured are available.

For guest appearances, podcast or event bookings, and media inquiries, please visit **[corporatehippieconnection.com](http://corporatehippieconnection.com)** for contact information and submission details.

With Gratitude,  
Kerry Romano Zall  
Founder  
[Corporate Hippie Connection](http://CorporateHippieConnection.com)



*Kerry*