

Disordered Desire
Gravity: Breaking Free From the Weight of Sin
May 31, 2026

Questions for Personal Reflection and Group Discussion

1. Read Matthew 5:27-28.

How is the original commandment regarding adultery different from what Jesus said about adultery?

Why isn't outward obedience to the rules good enough? What more is Jesus concerned with?

Where in your life are you focused on technical obedience rather than pursuing the freedom Jesus offers you?

2. Read 1 Corinthians 6:18-20.

How does Paul say we should respond to the temptations of sexual sin? What reason does he give for his command?

What is different about sexual sin that Paul would be so emphatic about it?

What does it mean that your body is the temple of the Holy Spirit? What implications does that have for how you use your body?

How are the world's perspectives about sexual behavior different from God's design for sex? Are you more influenced by the cultural messages you hear or by what God's Word has to say in this area? Why?

3. Read Genesis 2:24-25 and 3:7-8.

What is God's original design for intimacy? How is this design more than just physical?

What is the cost to your soul when God's design is ignored?

4. Read Galatians 5:16.

What is Paul's 'prescription' for not giving in to sinful desires?

What deeper desire are you attempting to fill with the substitutes offered by the world? Why will those substitutes never fully satisfy?

What one step could you take to walk more closely with the Holy Spirit this week?