

A Better Story
Earth 1.0: In the Beginning... the World We Lost
July 12, 2026

Questions for Personal Reflection and Group Discussion

1. Read Ezekiel 20:7-8 and Joshua 24:14.

There were things about the culture they grew up in that the Israelites struggled to let go of. What effect did those things have on their relationship with God?

What aspects of the culture that you live in might God be asking you to let go of? How are those things impacting your relationship with God? What keeps you from serving and worshipping Him wholeheartedly?

2. Read Genesis 1:1, Psalm 90:2 and Acts 17:24-25.

What do you learn about God from these verses? What kind of God is He?

3. Read Exodus 34:6 and Deuteronomy 4:7.

What do these verses tell you about God? What is His heart toward His people?

4. Read Genesis 1:26-27 and Genesis 2:7.

Why and how did God create humans?

What is significant about God breathing life into the human He had formed? What happened when He did that?

5. Read Genesis 1:28, 31, Genesis 2:2-3 and Psalm 8:4-6.

What do these verses tell you about how God felt about humanity and the world He created? What did He do when He was finished?

Why do you think God chose rest as the way to celebrate all He had done? Why is the rhythm of rest of such importance?

What does this tell you about the value that God places on human life and flourishing?

6. Read Matthew 11:28-30.

What promises does Jesus make in these verses? Do you take Him at His word?

What keeps you from receiving and enjoying the blessings He says He wants to give you? How might you choose to rest in His presence and enjoy Him this week?