



Better Parent, Better Future

Unlock Stress-Free Parenting: Your Guide to Confidence, Joy, and a Brighter Future for Your Family.

5 Mindset Shifts Every First-Time Parent Needs Before the Baby Arrives

Don't just prepare the nursery—prepare your mind for parenting success!

1. Shift from reacting to reflecting—how to pause before responding.
2. Understand how your childhood triggers your parenting choices.
3. Learn why “being different from your parents” isn’t always a solid strategy.
4. Reframe parenting as a relationship, not a set of rules.
5. Discover the mindset secret to handling advice overload with confidence.



With over 40 years experience as a parent, educator and nanny, my mission is to positively impact the world and our future by giving first-time parents the support, insights, and creative, but practical tools they need to raise the next generation of leaders, creative thinkers, and problem-solvers. Published author of '3 Common Speech Errors American Children Make: Correction and Confidence', I share practical tools for parents and family to help their children correct some common speech errors and build confidence for public speaking, reading aloud, and performing in plays. Currently, I'm working on my upcoming book 'Diapers to Decisions: Raising Kids Who Lead and Solve', which will serve as an empowerment tool to set up first-time parents for success on their wild parenting journey. More info on '3 Common Speech Errors American Children Make' can be found at www.camillewho.com/books.